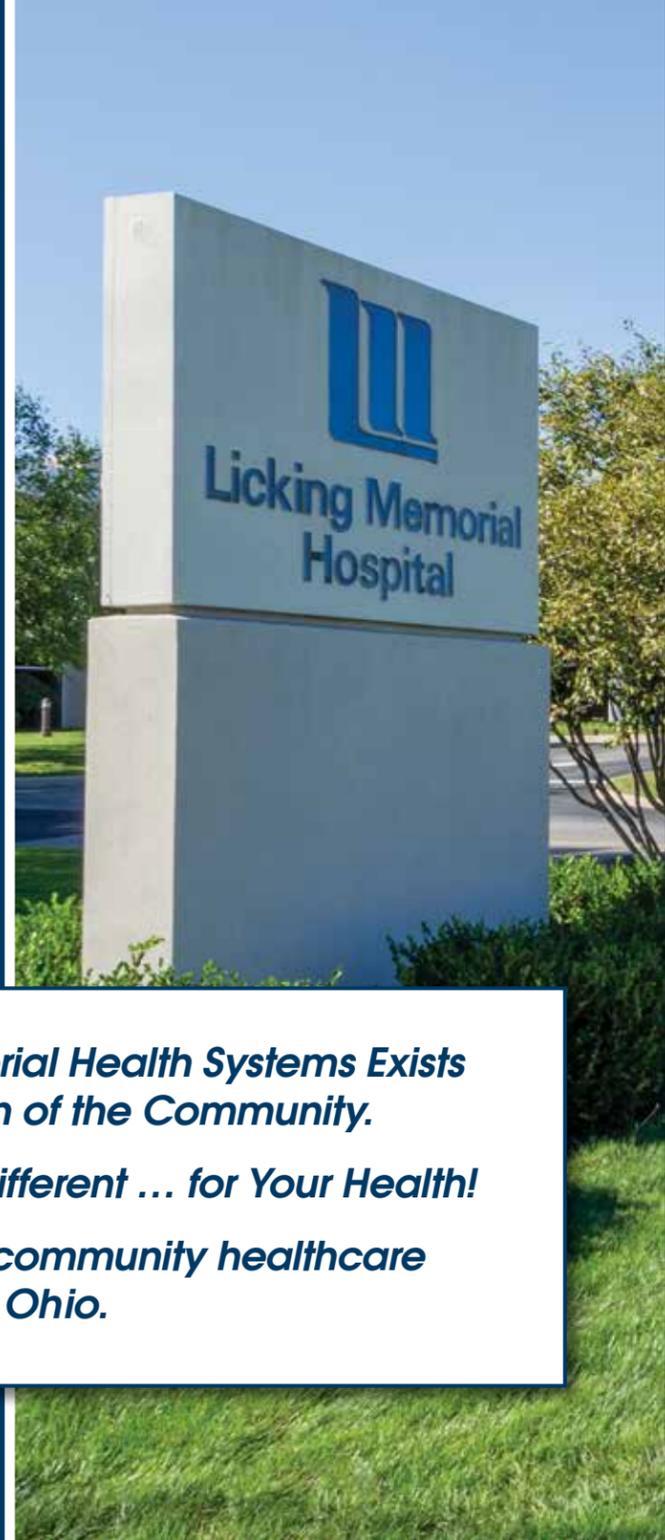




Looking
to the **Future**

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Mission: ***Licking Memorial Health Systems Exists to Improve the Health of the Community.***

Slogan: ***Measurably Different ... for Your Health!***

Vision: ***To be the best community healthcare facility in the State of Ohio.***

A Message from the President

After facing a global pandemic, Licking Memorial Health Systems (LMHS) employees are more passionate than ever about fulfilling our mission to improve the health of the community and have earned state and national recognition for their efforts. LMHS is ready to move forward and prepare for the future. Licking County has been experiencing significant economic growth and development, and is now being considered as a future global center for high-tech innovation. The world's largest semiconductor chip manufacturer, Intel, began work on a \$20 billion project to build two leading-edge processor factories in western Licking County. These new facilities mean new jobs for the area, and new individuals and families who will need quality care.

There are numerous opportunities ahead for Licking County, and LMHS has been proactive in maintaining quality care throughout the year. Thanks to our partnerships with Central Ohio Technical College, The Ohio State University – Newark, and C-TEC, we have been able to continue to add highly trained staff members to our workforce. We also earned state and national recognition for our efforts to protect patients from undue harm. For over six years, LMHS has earned an “A” rating from the Leapfrog Group Hospital Safety Grade, an independent nonprofit organization that compares hospitals’ safety performance. The Safety Grade reflects performance on more than 30 evidence-based measures that protect patients from errors, injuries, accidents, and infections. In 2022, Money, an online publication, and the Leapfrog Group compiled their inaugural list of Best Hospitals in America to highlight facilities that consistently deliver safe, high-value care, and an excellent hospital experience to patients. Of the more than 2,200 hospitals throughout the U.S. that participated in the survey, Licking Memorial Hospital (LMH) was one of only 148 to receive the prestigious distinction.

For a second time, LMHS received “A” grades from the Lown Hospitals Index, a groundbreaking ranking program that is the first to measure hospital social responsibility by examining performance across health outcomes, value, and equity. Licking Memorial Hospital was ranked 15th out of 130 hospitals rated in the state, and received an “A” for social responsibility, value of care, clinical outcomes, and cost efficiency. LMHS was also awarded the Ohio Patient Safety Institute (OPSI) Ambulatory Best Practice Award in 2022 for offering hereditary cancer risk assessment and genetic counseling to the community. The award recognizes the program that has best incorporated regional and national patient safety benchmarks, demonstrated a clear focus on improving patient safety in a healthcare setting, and is innovative and unique to the Ohio healthcare market. LMHS earned the award for designing and implementing the most innovative, evidence-based patient safety practice in the state.

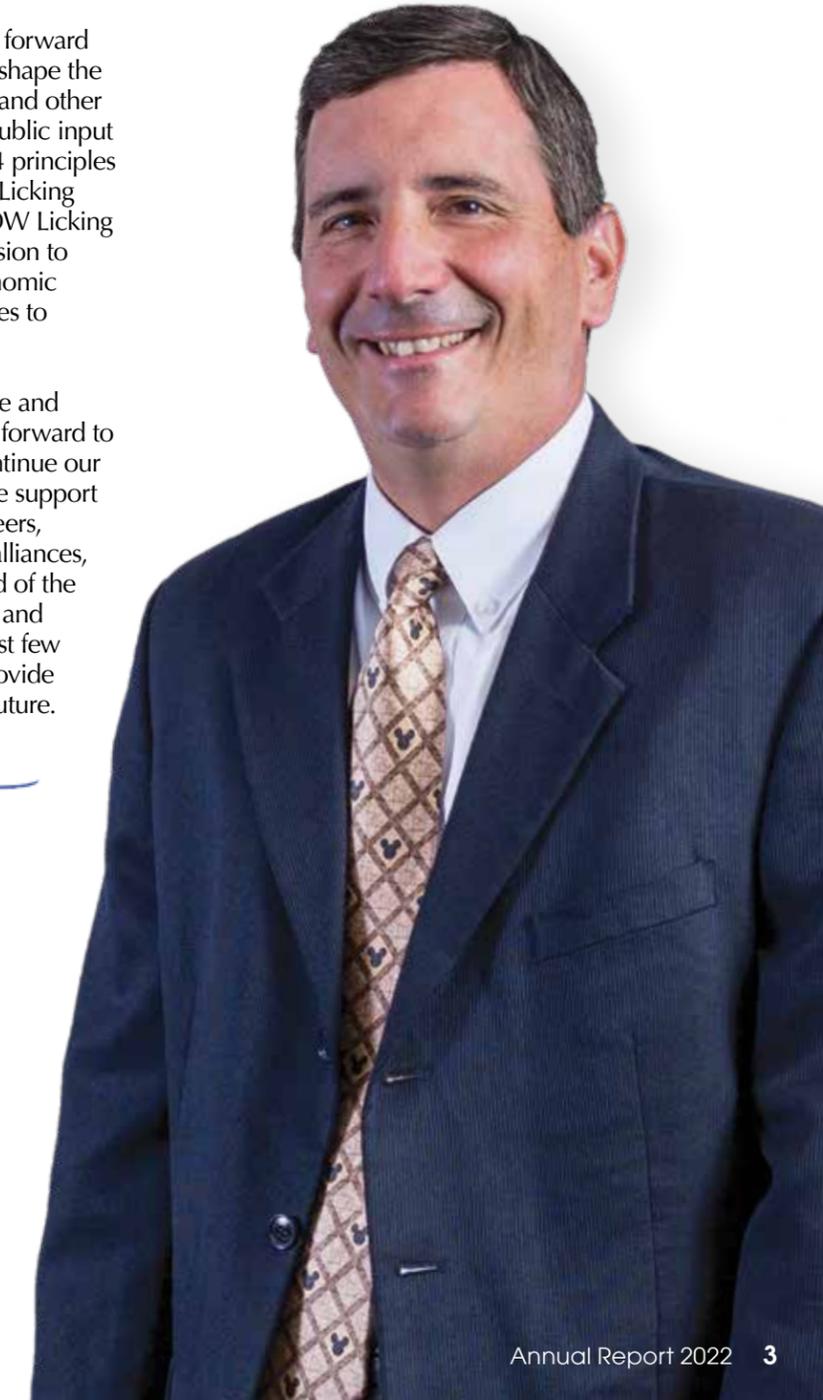
In anticipation of future healthcare needs associated with the forthcoming growth in Licking County, especially the northwest corridor, LMHS has been actively evaluating future possibilities. Additional services, locations, and healthcare availability are all being considered as we thoughtfully and responsibly assess the most appropriate plan to meet the growing needs of our community. While a great deal of uncertainty remains with the specifics of the transformational growth, I am confident that LMHS will meet the challenge of expansion, successfully address the demands for healthcare services, and continue to provide access to high quality care for the residents of Licking County.

LMHS is supporting the efforts of other area organizations to assist in creating plans that align with the desires of the community. The Thomas J. Evans Foundation is leading the FRAMEWORK project, a private-public partnership

with townships, cities, and villages to move forward in a collaborative way to secure funding to shape the future for the infrastructure, transportation, and other public concerns. Framework is gathering public input through the latter end of 2023 to identify 14 principles that will form a foundation for planning for Licking County. LMHS is also participating in GROW Licking County to assist with the organization’s mission to provide responsive and individualized economic development support that enables businesses to expand or locate in Licking County.

LMHS plans to continue placing quality care and patient safety as top priorities, and we look forward to the expansion and growth necessary to continue our mission. We could not succeed without the support of our employees, Board Members, Volunteers, Development Council members, business alliances, families, neighbors, and friends. I am proud of the strength and courage displayed by our staff and leadership through the challenges of the past few years, and look forward to continuing to provide high quality care to the community in the future.

Robert A. Montagnese
President & CEO



Boards of Directors

Licking Memorial Health Systems Board of Directors

The Licking Memorial Health Systems (LMHS) Board of Directors oversees all aspects of LMHS' three corporations: Licking Memorial Hospital, Licking Memorial Professional Corporation, and Licking Memorial Health Foundation. As volunteer community leaders, the Board Members serve to ensure LMHS provides the best care and services available.



Patrick D. Guanciale
Chair



Nancy G. Neely
Vice Chair



Judge Craig R. Baldwin, J.D.
Secretary/Treasurer



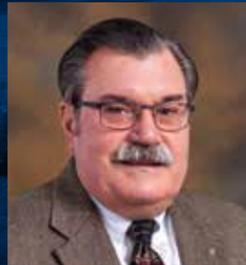
Eschol Curl, Jr.



David E. Doney



Joyce L. Malainy, Ed.D.



Michael J. Massaro



Brian J. Mortellaro



Jacqueline H. Parrill, Ed.D.
Licking Memorial Hospital
Board Chair



Robert A. Montagnese
Ex Officio
Licking Memorial Health Systems
President & CEO



Jacqueline H. Parrill, Ed.D.
Chair



James R. Cooper, Esq.
Vice Chair



Sharad Thakkar, Ph.D.
Secretary



Paul M. Thompson
Treasurer



Marcia W. Downes



C. Daniel Hayes, Esq.



Scott Hayes



Alexander R. Miller, Ed.D.



Mark A. Mitchell, M.D.



Charles S. Moore



André M. Sarap



Jack A. Treinish, Jr.



Philip H. Wagner, Ph.D.



Jay Young



Andrew C. Seipel, M.D.
Ex Officio
Licking Memorial Hospital
Chief of Staff



Robert A. Montagnese
Ex Officio
Licking Memorial Health Systems
President & CEO

Licking Memorial Hospital Board of Directors

In 1898, a small group of dedicated women opened a nine-bed Hospital with donated furnishings in a converted house at 154 North Third Street in Newark to meet the needs of the community. After many evolutions throughout the past century, Licking Memorial Hospital now stands on West Main Street with state-of-the-art technology ready to serve the community. Today, like their predecessors, our Board of Directors is comprised of dedicated individuals who volunteer their time to guide the operations and policies of the Hospital.

Hospital-wide Directives

- Promote patient safety
- Incorporate innovation and technology
- Maintain financial strength
- Meet community needs
- Maintain independence
- Deliver quality care
- Adhere to corporate integrity
- Attain service excellence
- Cultivate relationships with patients, customers, and employees

Licking Memorial Health Systems Senior Management

The 16 members of the Licking Memorial Health Systems (LMHS) Senior Management have extensive experience that provides strong leadership. With their collective background and vision, LMHS is able to proactively meet the community's needs.



Robert A. Montagnese, C.P.A., M.H.A., B.A.
President & CEO
Making a difference since 1993.



Benjamin J. Broyles, OTR/L
Vice President
Community Health & Wellness
Making a difference since 2014.



Heather M. Burkhardt, M.H.A., B.S.N., R.N.
Vice President Acute Care Services
Making a difference since 2000.



Craig B. Cairns, M.D., M.P.H.
Vice President
Medical Affairs
Making a difference since 1999.



Diana L. Ermlich, RHIA
Vice President
Information Systems
Making a difference since 2004.



Veronica K. Patton, B.B.A.
Vice President
Development & Public Relations
Making a difference since 1984.



Holly D. Slaughter, M.B.A.
Vice President
Human Resources
& Support Services
Making a difference since 2007.



Gregory A. Wallis, M.H.A., B.S.N., R.N.
Vice President
Physician Practices
Making a difference since 1997.



Cynthia L. Webster, B.B.A.
Vice President
Financial Services
Making a difference since 1991.

Licking Memorial Hospital Medical Staff Executive Committee

The Licking Memorial Hospital (LMH) Medical Staff Executive Committee is comprised of the Medical Staff officers and the chiefs of each Medical Staff department. Committee members set policies, review new physicians' credentials, analyze cases, and help to educate staff members on medical advances.



Andrew C. Seipel, M.D.
Chief of Staff



Gary D. Sutliff, M.D.
Vice Chief of Staff



Elizabeth A. Yoder, D.O.
Department Chief of
Behavioral Health
Secretary/Treasurer



Richard A. Baltisberger, M.D.
Department Chief of Pediatrics



Lori J. Elwood, M.D.
Department Chief of Pathology



Joseph E. Fondriest, M.D.
Department Chief of Radiology



Kevin T. Graham, M.D.
Department Chief of
Family Practice



Scott D. Jolly, D.O.
Department Chief of
Emergency Medicine



Bassam Kret, M.D.
Department Chief of
Medicine



Bradley R. Lewis, M.D.
Department Chief of
Anesthesiology &
Pain Management



Brent M. Savage, M.D.
Department Chief of Surgery
Immediate Past Chief of Staff

Licking Memorial Hospital Medical Staff Appointments

Highly qualified and skilled professionals who joined the LMH Active and Consulting Medical Staffs from March 2022 to February 2023 include:

Eric R. Aaserude, M.D.
Ejaz Ahmad, M.D.
Noman M. Ahmed, M.D.
John S. DeLong, D.O.
Gloria M. Galloway, M.D.

Dwight J. Goddard, M.D.
Thomas M. Grogan, M.D.
Eric J. Hoff, D.O.
Tanner M. Hurley, M.D.
Zuhair M. Irfan, D.P.M.

Mohammad K. Islam, M.D.
Eesha Maiodna, M.D.
Megan E. Miller, D.O.
Michelle A. Monroe, D.O.
Kevin A. Oshiokephai, D.P.M.

Claire E. Towning, D.D.S.
Henry L. Wehrum, D.O.
Valentina Zahran, D.D.S., M.D.

Changes, Enhancements, Technology

Licking Memorial Health Systems (LMHS) implements the best modern medical advances to improve healthcare experiences and outcomes for patients. Changes may be subtle and take place without public awareness. Enhancements and modifications at LMHS over the past year include:

The Kvamme Family Surgery Center

LMH dedicated the Kvamme Family Surgery Center in the John & Mary Alford Pavilion in honor of area residents, Megan & Mark Kvamme. Recognizing the importance of having excellent community healthcare, the Kvammes made a generous lead gift toward the acquisition of the robotic-assisted surgical technology which enhances the capabilities of surgeons' eyes and hands to provide minimally invasive procedures. Mark assisted in the unveiling of a new information wall and interactive kiosk that features technology available at LMH, including the da Vinci Surgical System. The Artis Interventional Angiography System, EarlySense, state-of-the-art laboratory equipment, MRI Fusion Biopsy, Epic, and Imprivata ID Scanners are also highlighted on the kiosk.

Since the addition of the Pavilion in 2007, thousands of community members have benefitted from the continually increasing number of surgical services offered at LMH. Common procedures include cardiovascular, orthopedic, obstetrical, gynecological, vascular, reconstructive, and general surgery.

Hillrom Centrella Smart Beds

The Centrella Smart Bed provides a continuous and contact-free monitoring system that assists clinicians in the early detection of patient deterioration, as well as identifying and preventing potential adverse events, including Code Blue emergencies, preventable ICU transfers, and patient falls. Utilizing a patented sensor and advanced algorithms, this technology detects movement in the bed and alerts staff when a high fall-risk patient is attempting to get out of bed, delivers vital signs, and analyzes trends that alert clinical staff of possible patient deterioration so that they can intervene in a timely manner.

Viz.ai Intelligent Care Coordination

LMH implemented a new device in the ED that facilitates efficient communication and care coordination to improve outcomes for stroke patients. The Viz.ai Intelligent Care Coordination is a synchronized workflow that enables care teams to expedite care for patients who present stroke-like symptoms and reduce the amount of wait time from arrival to diagnosis and treatment. The Viz.ai system begins working upon arrival to the Hospital and as soon as symptoms suspicious for stroke are recognized. The software securely connects to the Hospital's existing computed tomography (CT) scanning technology. The app is installed on the smart devices of clinical team members, allowing them to receive automated alerts and patient updates in real time from one another while immediately beginning communication via a HIPAA-compliant mobile interface to coordinate care for the patient.

Nurse Residency Program

The Nurse Residency Program (NRP) at LMHS provides new graduate nurses with a transition from a student role to a registered nurse (R.N.) during their first year of practice. The program is intended to fully prepare new inpatient R.N.s to provide safe and effective medical services in the acute care environment. The program is designed to bridge the preparation-to-practice gap that improves overall care that new graduates deliver to patients. All inpatient R.N.s hired with less than one year of experience will attend the NRP, and commit to attending six educational sessions.

Rover App

The implementation of Epic, LMH's electronic health record system, has provided numerous new tools, such as the Rover app, for the clinical staff that offers quick access to needed documentation and other information for enhanced patient care. Staff members are equipped with an iPhone loaded only with the

Rover app, which receives information about the patient's needs when a staff member scans a bar code on the patient's wristband.

For the phlebotomists working with the LMH Laboratory, using Rover with portable printers offers quicker response times for blood draws and decreased mislabeling opportunities. When a provider orders laboratory testing, the information is sent to Rover. The app prioritizes the orders allowing phlebotomists to quickly respond to the most urgent needs. They scan patient information from the bar code, obtain positive patient identification, and the labels for the needed samples are sent to the portable printer.

Nurses and patient care assistants can quickly obtain information including vital signs, intravenous (IV) treatment maintenance, medication needs, and test results using the Rover app. The app also provides numerous alerts that can be activated for better communication among the Hospital staff.

Lund University Cardiopulmonary Assist System (LUCAS®)

To increase survival rates of cardiac arrest patients, LMHS acquired the LUCAS – a mechanical chest compression-decompression system. The machine provides automated, continuous chest compressions as a form of cardiopulmonary resuscitation (CPR). The emergency procedure, combined with artificial ventilation, is used to restore spontaneous blood circulation and breathing for a person who is in cardiac arrest in an effort to preserve intact brain function until further measures are taken.

Using the LUCAS device offers a safe and more efficient method of providing CPR with consistent, precise compressions, allowing the procedure to continue until the patient is revived or further measures are enacted to restore blood circulation.

The patient can be moved from one location to another while the device is in place, and, unlike performing manual CPR, it does not need to be removed when using a defibrillator.

The LUCAS device was purchased for the Licking Memorial Hospital (LMH) Emergency Department (ED), and it quickly became part of the Code Blue response at LMH. Staff members from the ED take the device into all areas of the Hospital as needed. The LUCAS device has proven to be an exceptional life-saving tool, and a second unit was purchased to be kept in the Intensive Care Unit.

Increased Access to Breast Cancer Services

Following the detection or a diagnosis of breast cancer, the surgeon is a key member of the cancer treatment team. In combination with other treatments, such as chemotherapy, radiation therapy, or hormone therapy, the goal of breast cancer surgery is to remove the cancer and stage the disease. LMHS hired Christopher S. Meyer, M.D., to expand access to breast cancer surgeries in Licking County. Dr. Meyer is a general surgeon with a focused interest in the surgical management of breast cancer and benign breast disease. He joined Licking Memorial Surgical Services and Board-certified general surgeons, Victor F. Ferrini, M.D., John M. Mitchell, M.D., and Brent M. Savage, M.D., who also have surgical experience managing breast cancer.

To provide treatment options close to home for patients who receive positive results from a mammogram, LMHS also hired a breast cancer navigator who offers support and guidance to patients from screening and diagnosis through treatment and survivorship. The breast cancer navigator helps patients effectively communicate with their cancer care team and specialists involved in their care, as well as assists with scheduling and coordinating appointments with various healthcare specialists.



Increased Access to Breast Cancer Services



The Kvamme Family Surgery Center



Hillrom Centrella Smart Beds



Viz.ai Intelligent Care Coordination



LUCAS



Rover App



Nurse Residency Program

Looking to the Future

With Licking County facing unprecedented growth and economic development, Licking Memorial Health Systems (LMHS) is preparing for the future by supporting local efforts to provide policy proposals for district planning, and seeking new opportunities to improve the health of the community. Intel, the world's largest semiconductor chip manufacturer, broke ground on a \$20 billion computer chip manufacturing site in Western Licking County last year. The project promises to create thousands of jobs, first for the Ohio-based companies that will build two initial factories, and then tens of thousands of long-term jobs at Intel suppliers and partners. LMHS has proudly joined the efforts to assist local governments and organizations plan for the coming growth.

LMHS is one of six private organizations that support FRAMEWORK, an initiative to define a collaborative vision that supports specific community planning in Licking County created by the Thomas J. Evans Foundation and area business leaders. The creation of FRAMEWORK is being funded by the six organizations and public sector funding. LMHS President & CEO Rob Montagnese was pleased to be asked to be part of the new initiative to help organize and decide how Licking County will evolve with the new economic development.

Members involved in the effort will address the economics, land use, character of place, transportation, and other topics associated with the growth expected when Intel begins construction in Western Licking County. FRAMEWORK is focusing on Granville Township, Harrison Township, Jersey Township, Liberty Township, Monroe Township, Saint Albans Township, Union Township, Village of Alexandria, Village of Granville, Village of Hebron, City of Heath, City of Johnstown, City of Newark, City of Pataskala, and Licking County Government, which currently contain roughly 75 percent of the population, housing, and jobs in Licking County.

Sarah R. Wallace, Board Chair of The Thomas J. Evans Foundation, has been sharing the message throughout Licking County and says that many people are eager to learn how they can be involved in planning the future of Licking County. Because no one knows the community like those who live or work here, an authentic voice is essential to this process. The team feels a sense of urgency and is focused on achieving the best outcomes for the community. FRAMEWORK hopes the alignment of the community will garner the most support from the state, county, federal government, and other potential sources. The goal is to create a rational, yet aspirational, picture for how growth should occur to ensure sustainability for our lifetimes and future generations.

Those involved in FRAMEWORK plan to take a year to collect data and review plans for county-wide initiatives focused on transportation, utilities, comprehensive community plans, housing, school district growth, and more, to determine the best strategy to define healthy communities in the future. Sarah has been adamant that this is a unique time period in Licking County, and that spectating is not an option. FRAMEWORK offers an opportunity for community members to answer the question of how to shape the future.

FRAMEWORK team members hosted a number of information sessions for LMHS employees and numerous other local businesses. Electronic surveys and a comprehensive website, frameworklc.org, are also being used to gather and share information. Public input is vital to the formation of the future initiatives. FRAMEWORK will create a foundation to make recommendations for future growth that is congruent with what is important to residents by utilizing the concerns and comments of those who live and work in the communities.

LMHS is also participating in GROW Licking County to assist with the organization's mission to provide responsive and individualized economic development

support that enables businesses to expand or locate in Licking County. The organization serves as the community's lead economic development partner, welcoming development, connecting resources, and increasing opportunities. Through the use of public-private partnerships, GROW Licking County facilitates relationships throughout the county to encourage emerging and existing growth opportunities across the diverse industry sectors. So far, the group boasts success with the growth of 6,000 new jobs, retention of 2,100 existing jobs, and facilitation of over \$3.06 billion in direct investment throughout Licking County.

As Licking County continues to grow and develop, LMHS plans to do the same. The organization has purchased land near the new Intel facility. While no set plans have been established, the desire is to build another health campus to serve the needs of those living and working in the area surrounding the new manufacturing facilities. While much change is expected for the county, throughout the process and into the future, LMHS plans to remain steadfast to the mission of improving the health of the community.



2022 Awards and Recognitions

Licking Memorial Health Systems (LMHS) and its dedicated employees, Medical Staff, volunteers, and community members work diligently every day to ensure that the community has access to excellent healthcare. Over the past year, LMHS received the following awards and recognitions:

- Modern Healthcare Best Places to Work in Healthcare
- “A” Rating by The Leapfrog Group – Spring and Fall (13th consecutive)
- Money-Leapfrog Group Best Hospital Award
- Money-Leapfrog Group Best Hospital for Maternity Care
- 2022 Lown Hospitals Index – Outstanding Performance for National Social Responsibility, Value of Care, Clinical Outcomes, Cost Efficiency
- U.S. News & World Report High Performance rating in Heart Attack, Heart Failure, and Chronic Obstructive Pulmonary Disease
- American Heart Association Mission: Lifeline STEMI Receiving Center Gold Level Recognition Award
- American Heart Association Mission: Lifeline NSTEMI Receiving Center Gold Level Recognition Award
- Chime 2022 Digital Health Most Wired – Certified Acute Level 7
- Ohio Patient Safety Institute Ambulatory Best Practice Award – Genetics program
- The Food Pantry Network of Licking County Operation Feed Campaign – Grand Gourmet Award (2nd overall campaign contributor)
- Lifeline of Ohio Hospital Champion Award and Platinum Award for Workplace Partnership for Life Hospital Organ Donation Campaign
- Health Resources & Services Administration (HRSA) Platinum Recognition for the National Hospital Organ Donation Campaign
- American College of Surgeons Commission on Cancer Accreditation for our Community Cancer Program
- Accreditation Council for Continuing Medical Education – accreditation with commendation
- Intersocietal Accreditation Commission (IAC) – accreditation in vascular testing
- Newark Advocate – Best of the Best in Licking County Best Hospital Best Physical Therapy Clinic Best Place to Work
- Columbus Business First Corporate Citizenship list – Top 30 Organizations in Central Ohio Top Companies in Central Ohio for Volunteer Hours Top Companies in Central Ohio for In-kind Contributions
- Orbie Award – CIO of the Year – Sallie Arnett
- Becker’s Hospital Review – Community Hospital CIOs to Know – Sallie Arnett



2022 Employee Recognition



Patient Testimonials



Earl Crosswhite, Jr. – Patient Safety

“As a co-owner of a fitness center, staying healthy is a top priority for me. When I began feeling lethargic around Thanksgiving 2020, I did not think it was anything serious; however, I soon began experiencing migraines, loss of appetite, and breathing issues. I was nervous about visiting a medical facility due to the ongoing COVID-19 pandemic, but when my oxygen levels dropped, my fiancée convinced me to go to Licking Memorial Hospital Emergency Department. I tested positive for COVID-19 and was admitted to the Hospital. I was treated for respiratory failure, pneumonia, and myocardial infarction. It was a very frightening time for me. I was alone with no loved ones to turn to for support, but the LMH staff did an amazing job making me feel comfortable and caring for me. Everyone was very supportive and worked to educate me about how the treatments I received were affecting my body. I even had the opportunity to discuss healthy protein intake for bodybuilding with the Hospitalist in charge of my care.”



Mary Bernowski – Respiratory Care

“Several years ago, I was diagnosed with chronic obstructive pulmonary disease (COPD) and began seeing Emilia N.U. Anigbo, M.D., of Licking Memorial Pulmonology to control my symptoms. I also suffer from emphysema and chronic bronchitis, which requires the use of several different inhalers and full-time oxygen. I am so grateful for Dr. Anigbo. The tools she has given me allow me to manage my condition, and I am able to quickly pull through a breathing episode. While Dr. Anigbo’s specialty is focused on the lungs, she does more than treat lung disease. She sees me as a whole person and treats me. She is careful to consider the other medications and treatments I am undergoing to ensure the best overall results. Her empathy and knowledge assists in making me comfortable and at ease. After a car accident, Dr. Anigbo worked with me to rehabilitate my lungs and get me back on course. It has not been easy, but she is so kind and pleasant to me. I cannot say enough about the good work she does.”

Lisa Hardy – Cancer Care

“I discovered a lump in my breast in May 2021, and made an appointment to visit my obstetrician and gynecologist, Janae M. Davis, M.D., of Licking Memorial Women’s Health – Downtown Newark. A mammogram and ultrasound determined the lump was a tumor, and my biopsy revealed that I had triple negative breast cancer. I met with D’Anna Mullins, M.D., of Licking Memorial Hematology/Oncology and instantly felt comfortable and confident that she was the right provider for my cancer care. The chemotherapy I received was very aggressive, but I experienced only mild side effects. The staff at the Oncology Clinic was absolutely wonderful. They were kind and supportive, and would get excited with me when the results from my blood tests confirmed my white blood cell count was adequate enough to receive treatment. After the chemotherapy treatments, I underwent a lumpectomy to remove the cancer from my breast. I received another round of oral chemotherapy followed by radiation therapy. I feel strong and confident and look forward to being a part of my grandchildren’s lives for many more years.”



Richard Amore – Emergency Care

“Upon arrival at the ED, nursing staff implemented protocols to determine if I was experiencing a heart attack and performed an electrocardiogram. As I was waiting for more test results, the monitors detected a cardiac event. I felt no pain in my chest, just some numbness in my jaw, but the staff issued an emergency code for a STEMI. An ST-elevation myocardial infarction (STEMI) describes a heart attack in which the artery that carries blood from the heart to the rest of the body is blocked. I was so thankful that Dr. Rajjoub was there with me. He saved my life that day. I had no idea how dangerous a STEMI can be. It is often called a widow-maker. I told my son, ‘I have heard great things about Dr. Rajjoub and his expertise in heart care. I trust him to make good decisions about the next steps in my recovery.’”



Kelsey Weisent – Maternity Care

“My first daughter, Emery, was delivered by cesarean section due to concerning vital signs. The entire experience was overwhelming and left me feeling out of control. I was terrified and felt like I had missed out on having a natural birth, which was something I had envisioned and dreamed of for years. When preparing for the birth of my second daughter, Riley, I discussed the possibility of a vaginal birth with my healthcare providers and discovered that trial of labor after cesarean (TOLAC) is a safe option for delivery under careful assessment and advanced medical care. The staff at Licking Memorial Women’s Health and Maternal Services encouraged me to take an active role in creating a birth plan. They discussed my preferences and were considerate of the vision I had for the experience. The nurses were the real champions for me. They gave valuable coaching advice, explained the details of the next steps, were supportive, and cheered for me as I progressed toward delivery. Every aspect of the experience was my choice. I felt empowered, capable, and excited to achieve the birthing experience I had imagined.”



Aimee Parsley-White – Surgical Care

“When I discovered a mass on my neck in 2021, I knew I would likely need surgery. I visited an endocrinologist in Columbus but became frustrated when appointments spanned two months to determine the underlying cause of my condition, and I still had not had a biopsy. My physical health was declining quickly. I lost 30 pounds in a month’s time, experienced significant loss of energy, heart palpitations, and swallowing food had become uncomfortable. I shared my concerns with my neighbor, and he suggested I make an appointment with Bradley R. Lawson, M.D., of Licking Memorial Otolaryngology (ENT). Dr. Lawson was delightful and had a very good bedside manner. He explained my condition and the process completely, and assured me that my surgery would be scheduled as soon as possible. I felt so relieved. When I arrived for my surgery, I was kept informed about each step of the process. For a surgical procedure, it felt very relaxed. The nurses and technicians answered my questions and were willing to explain the expectations for my release.”

Community Events

Throughout 2022, Licking Memorial Health Systems (LMHS) employees and local residents were invited to events that celebrated LMHS' achievements and areas of growth. These events informed the community about the healthcare environment, communicated our appreciation to community members, and highlighted services. The events in 2022 included:

Corporate Breakfast Events

The Licking Memorial Hospital (LMH) Development Council hosted two Corporate Breakfast events in 2022 to inform community leaders about LMHS' services and medical advances. The topics included a recap of 2021, urology updates, and an introduction to the da Vinci Surgical Robot.

The Heart Truth: A Red Dress Event

LMHS celebrated women's heart health with The Heart Truth: A Virtual Red Dress Event on February 10. The event, designed to encourage women to make heart-healthy lifestyle choices, was streamed live in accordance with COVID-19 guidelines. Featured speaker Leslie Solomon, APRN-CNP, of Licking Memorial Cardiac Services, discussed the link between brain health and heart disease. Residents of Licking County were invited to view this annual event in collaboration with the American Heart Association's "Go Red for Women Day," which was celebrated nationally on February 4. The red dress has become a national symbol to increase awareness of women's heart health.

Active Programs

In 2022, LMHS hosted three events as part of the Active•Fit Youth Wellness Program – Bowling, Field Day, and a Health & Fitness Fest. During the Bowling event, participants bowled for two hours alongside participants of the Active•Senior Wellness Program. A variety of activities, such as soccer, flag football, kickball, and freeze tag, were available at the Field Day event. The Active•Senior Wellness Program also featured a number of events, including Bingo, Brunch Walk, Dance, Celebration, Yoga, and Gourmet Gardener.

LMHS Summer Camps

LMHS staff devoted their time over the summer to educate local youth, ages 7 to 12, about various health topics in fun, outdoor day camp settings. On June 10, Camp Feelin' Fine participants gathered to learn more about asthma, manage their symptoms, and interact with others who also have the condition. On July 29, LMHS hosted Camp A1C, which is for youth who have diabetes. Also in July, high school seniors interested in pursuing a career in healthcare were invited to participate in Camp Med. The two-day event consisted of interactive demonstrations and discussions on a variety of healthcare topics.

"For Your Health" 5K Run/Walk & 1-mile Fun Walk

The 2022 "For Your Health" 5K Run/Walk and 1-mile Fun Walk was held on July 23. More than 1,200 residents from Licking County and Central Ohio registered for the 14th annual event. Honorary Chairs were Brian, Janine, Emma, Abby, and Sarah Mortellaro.



Active•Fit Field Day

Volunteer and TWIGS Recognitions

LMH hosted the annual Volunteer Recognition Dinner on April 12 and the TWIGS Recognition Dinner on May 3 to show gratitude to the individuals who regularly dedicate their time to benefit the Hospital. Ten volunteers were honored with Service Awards, including Ralph Ottensmeier for 20 years of service. Additionally, the 2022 Donald Day Volunteer of the Year Award was presented to Patricia Law. Service awards were presented to 19 TWIGS members celebrating milestone achievements, including Diana Myers for 45 years and Ralph Ottensmeier for 20 years of service. In 2022, more than 150 volunteers devoted more than 16,000 hours serving the Hospital. The volunteers delivered approximately 33,000 newspapers, 450 cards and flowers, and completed over 900 messenger runs among other activities. The TWIGS organizations provided more than \$90,000 in donations.



Cancer Survivors Picnic

Cancer Survivors Picnic

Approximately 150 Licking County residents gathered on the grounds of the Licking Memorial Medical Campus on June 2 for the 11th annual Cancer Survivors Picnic. The event celebrated and honored cancer survivors for serving as an inspiration to individuals currently receiving cancer treatment. Guest speakers included D'Anna Mullins, M.D., Ph.D., Licking Memorial Hematology/Oncology, Brittany Ward, R.D.N., L.D., Licking Memorial Hematology/Oncology, and Erika Wills, P.T.A., Licking Memorial Hospital Rehabilitation Services. LMHS President & CEO Rob Montagnese recognized the attending cancer survivors and thanked family and friends for the continued support that they provide to loved ones during their cancer journey.

Walk with a Doc

LMHS Active Medical Staff physicians were joined by community members as they enjoyed a walk at various locations in Licking County, including The Dawes Arboretum and the Buckeye Lake Bike Path. During the walk events, the physicians led discussions on various topics, such as hernias, chronic sinusitis, and hypertension.



Walk with a Doc



Family Movie Night

Family Movie Night

LMHS hosted two free, Family Movie Nights in 2022. In June, more than 200 community members attended a drive-in Movie Night event at the Pataskala Health Campus to watch the Disney/Pixar film, *Luca*, on a 30 foot-high inflatable screen. In September, participants viewed the Disney film, *Encanto*, on the Denison University campus in Granville. Families also were provided healthy snacks and beverages at no cost to enjoy as they watched the movies.

Be Wise...Immunize

In October, LMHS offered free influenza vaccines to Licking County infants and children. More than 250 youth, up to the age of 18, attended the "Be Wise ... Immunize" Youth Vaccination Clinic at Licking Memorial Women's Health – Downtown Newark and Licking Memorial Pediatrics – Pataskala. Staff members from Licking Memorial Pediatrics administered the vaccines after consulting with the children's parents.



Be Wise...Immunize

Lifetime Achievement Reception

Each year, the LMH Development Council hosts the Lifetime Achievement Reception to recognize those individuals whose actions provide a better quality of life for citizens of Licking County. On November 4, the 2022 Lifetime Achievement Award recipients, Mary Beth Hall, M.D., and Thomas Hall, M.D., were recognized for their devoted leadership and involvement within the Licking County Community. Created in 1989, the Lifetime Achievement Award is the highest honor that LMHS bestows each year. The 2022 Mary Jane McDonald Building a Healthier Community Award was presented to the Boys & Girls Club of Newark. The organization was honored for the after school and summer programs that provide a safe location for students to learn and play.



"For Your Health" 5K Run/Walk & 1-mile Fun Walk

Community Outreach

Licking Memorial Health Systems (LMHS) is committed to our mission to improve the health of the community. The best way to protect community health is to prevent injury and disease; therefore, LMHS devotes many resources to educating the public about healthier lifestyles and proper medical care. In addition, LMHS is committed to giving back to the community through support of local groups and events.

The public is informed of all LMHS programs and health trends through press releases, local media, social media, the seasonal *Community Connection* magazine, monthly *Quality Report Cards*, and an extensive website.

LMHS partnered with many local organizations, such as the American Red Cross and Career and Technology Education Centers of Licking County (C-TEC), throughout 2022 for various events, including blood drives and Active•Fit and Active•Senior events. Most of LMHS' programs and screenings are offered free of charge. Others are provided at a nominal cost.

2022 events, programs, and sponsorships included:

January Events

Corporate Breakfast Program Virtual – Urology Update & Introduction to the da Vinci Surgical Robot
Licking Memorial Hospital's 124th Birthday Celebration – Winter Essentials and Monetary Donations by LMHS Employees Provided to The Center for New Beginnings and The Salvation Army of Licking County
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program

Newark-Heath Rotary, Friend of the Rotary Donation
North Newark Little League, Homerun Sponsorship
Par Excellence Academy, A Noble Cause Breakfast Sponsorship
PBJ Connections, Teen Therapy Horse Sessions Silver Sponsorship
St. Francis de Sales, Ladies Night Out Purse Bingo Sponsorship
Zonta Club of Newark, Champagne Luncheon for Boys & Girls Club of Newark

Heath Sertoma Youth Athletic Association, Banner Renewal and Team Sponsorship
Kiwanis Club of Newark, Annual Pancake Breakfast Donation
Lakewood Athletic Boosters, Fall Sports and Baseball Renewal Banners
Liberty Christian Academy, 10th Annual Eagle Golf Classic Sponsorship
The Main Place, Glenn Hopkins 5K Race Sponsorship
Newark Catholic High School, Touch of Class Fundraiser Donation
Northridge PTO, Walk-a-Thon Silver Sponsorship
Utica High School, Softball Banner Sponsorship
Welsh Hills School, Glimpse of Spring Auction Donation
The Woodlands, The Center for New Beginnings Purse with a Purpose Sponsorship

Community Support

Buckeye Valley Family YMCA, West Licking County Capital Campaign Sponsorship
Center for Disability Services, Capital Campaign Sponsorship
Food Pantry Network of Licking County, Supermarket Sweep Sponsorship
Heath Softball Boosters, Flag Donation and Sponsorship
Hebron Youth Softball, Banner Renewal and Team Sponsorships
Licking County Chamber of Commerce, Groundhog Breakfast Sponsorship
Licking County Community Center for 60+ Adults, Sponsorship
Licking Valley Heritage Society, Sponsorship and Business Membership
Licking Valley Youth Sports Association, Varsity Team Homerun Sponsorship
Midland Theatre, Capital Campaign Sponsorship
Neighborhood War on Drugs, Sponsorship
Newark Catholic Athletic Association, Baseball Sign Advertisement

February Events

Active•Senior Yoga
The Heart Truth – A Virtual Red Dress Event
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program

Community Support

Big Brothers Big Sisters of Licking & Perry Counties, Bowl for Kids' Sake Sponsorship
Boys & Girls Club of Newark, Wish List Donation
Buckeye Valley Family YMCA, Friends of the Y Annual Campaign Sponsorship
COTC, Blue Line Twilight Run Sponsorship
Granville High School, Pennies for Patients Pickleball Tournament Sponsorship
Granville Recreation District, Team Sponsorship and Banner Renewal
GROW Licking County Community Improvement Corporation, Funding Commitment
Habitat for Humanity, The Playhouse Project Build Blitz Sponsorship

March Events

Active•Senior Yoga
American Red Cross Blood Drive at LMH
Colon Cancer Awareness Month Virtual Fitness classes
Community Education – Dining with Diabetes
Community Education – Healthier for Life
Community Leader Roundtable with 2021 *Advocate* 20 Under 40
Corporate Breakfast Program – 2021...The Year in Review and a Look Ahead to 2022
National Doctors' Day
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
Walk with a Doc Program

Community Support

Excellence in Learning Community Co-op, Education Co-op Business Level Sponsorship
Granville Christian Academy, An Evening at the 5th Street Gym Sponsorship
Kiwanis Club of Newark, Platinum Sponsorship
Knights of Columbus Council 10876, Monsignor Paul Enke's 50th Anniversary Donation
LCL-MVL All Star Game, 40th Annual Licking County All Star Football Game Sponsorship
Licking County Chamber of Commerce, Elected Officials Roundtable Event Sponsorship
Licking County Coalition of Care, Business Level Sponsorship
Licking County Homeschoolers, Field Day Sponsorship
Licking Valley Athletic Boosters, All Sports Auction Fundraiser
Midland Theatre, The United States Navy Performance Sponsorship
Mound City Little League, Team Sponsorship
Newark Catholic High School, Touch of Class Fundraiser Donation
Newark Citizen Police Academy, Battle of the Badges Softball Event Donation
Newark Youth Softball, Team Sponsorship
Northridge Youth Athletic Association, Baseball and Softball Fields Sponsorship
Ohio Public Health Partnership, SASS for Breast Cancer Golf Fundraiser
Pataskala Area Chamber of Commerce, 50th Anniversary Celebration Event Sponsorship
Robbins Hunter Museum, Celebrating Daffodils Fundraiser
Ronald McDonald House of Charities of Central Ohio, Campaign Pledge
Rotary Club of Granville, Taste of Granville Auction Donation
Simon Kenton Boy Scouts of America, Operating Support Sponsorship
Southwest Licking Youth Baseball, Grand Slam Sponsorship
Summit Station Lions Club, Pataskala Fireworks Sponsorship
Utica Athletic Department, Football Scoreboard Sponsorship

April Events

Active•Fit Health & Fitness Fest
Active•Senior Bingo
Active•Senior Game Show
Active•Senior Yoga

Community Education – COPD
Community Leader Roundtable with Youth Program Leaders
Habitat for Humanity
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
Volunteer Recognition Dinner
Walk with a Doc Program

Community Support

20th Century Club, Golf Outing Sponsorship and Camp O'Bannon Silver Sponsorship
Canal Market District and Enterprise Hub, Sponsorship
Central Ohio Youth Ballet, Spring Advertisement Level Sponsorship
Christian Life Center, Good Friday Community Center for Heartbeats Sponsorship
City of Pataskala, Pace with a Passion Corporate Level Sponsorship
Food Pantry Network of Licking County, Operation Feed Campaign Sponsorship
Licking Valley Bands, Fall/Winter Sports Program Advertisement
Licking Valley Renaissance Florida, Student Conference Sponsorship
Pataskala Area Chamber of Commerce, Annual Golf Outing Sponsorship
The Works – Ohio Center for History, Art & Technology, Summer Party Fundraiser

May Events

Active•Senior Yoga
American Red Cross Blood Drive at LMH
Defeating Cancer Program – HPV Vaccination
Downtown Newark Association – Art on the Square
Habitat for Humanity
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
Project SEARCH Graduation
TWIGS Recognition Dinner
Walk with a Doc Program
Young Life Licking County, Trivia Night Sponsorship

Community Support

American Childhood Cancer Organization, Karis' Cause Virtual 5K Sponsorship
American Heart Association, Field Day Sponsorship

Buckeye Valley Family YMCA, Chipping for a Cause 21st Annual Golf Outing Sponsorship
C-TEC, Outstanding Clinical Care Student of the Year Sponsorship
C-TEC, Outstanding Medical Assisting Student of the Year Sponsorship
Granville Athletic Boosters, Granville Athletic Complex Fund
Learning 4 Life Farm, Summer Open House Sponsorship
Licking County Jail Ministries, Vertical 196 Donation/5K Sponsorship
Licking Valley Gridiron Association, Golf Outing Hole Sponsorship
Mental Health America of Licking County, 9th Annual Lou Mitchell Memorial Golf Outing
Newark Catholic Athletic Association, Golf Team Fundraiser
Newark Ohio Pride Coalition, Pride Festival Green Sponsor
OhioCAN Change Addiction Now, Steps of Change Sponsor
Ohio Community Theatre Association, Junior Festival Sponsor
Ohio's Hospice of Central Ohio, 40th Anniversary Sponsorship Founder Level
RacePenguin, Granville Road Race Title Sponsor
United Way of Licking County, Red, White & United 5K Sponsor

June Events

Active•Fit & Active•Senior Bowling
Active•Senior Celebration
Active•Senior Yoga
American Heart Association Field Day
Camp Feelin' Fine
Cancer Survivors Picnic
Community Education – Living Well with Hearing Loss
Defeating Cancer – Oral Cancer Screening
Habitat for Humanity
LMHS Family Drive-In Movie Night – Pataskala Health Campus
Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
Walk with a Doc Program

Community Support

Boys & Girls Club of Newark, Operating Support Pledge
The Energy Cooperative, Bruce Sumner Memorial Eagle Sponsorship
Fostering Further, Contest Sponsor for Golf Outing

The Freedom School of Licking County, Operating Contribution
 Heath Band Boosters, Banner Renewal
 Lakewood Athletic Boosters, Youth Soccer Camp Sponsorship
 Licking Land Trust, Farm to Fork Sponsorship
 Newark Athletic Booster Club, Newark High School Three Seasons Sponsorship
 Newark Campus Development Fund, John and Mary Alford Center for Science and Technology Pledge
 Newark Catholic Athletic Association, Team Meal for High School Baseball State Tournament
 Newark-Granville Symphony Orchestra, Sponsorship
 Ronald McDonald House Charities, Volleyball Court and Team Sponsorship
 St. Vincent Haven, Charity Golf Outing Sponsorship
 Watkins Memorial Athletic Association, Football Golf Outing Sponsorship

Midland Theatre, Summerfest to Honor Hometown Heroes Sponsorship
 Newark Development Partners, Newark Historic Arcade Pledge

August Events

Active•Fit Field Day
 Active•Senior Brunch Walk
 Active•Senior Yoga
 Community Education – Healthier for Life
 Community Leader Roundtable with Athletic Directors
 Downtown Newark Association – STEM on the Square
 Habitat for Humanity
 Habitat for Humanity – Playhouse Blitz
 Hartford Fair – Purchased steer for donation to The Salvation Army
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
 Pataskala Street Fair and Parade
 Pelotonia
 Preparing for Baby – A Resource Fair

Community Support

20th Century Club, Concert for Camp O’Bannon Fundraiser
 The Hartford Fair, Purchase of Grand Champion Market Steer
 Heath Community Arts Council, Davis Shai House “Fall in Love with the Arts” Sponsorship
 Licking County Chamber of Commerce, Golf Outing Sponsorship
 Licking Valley Dirt Bags, 9U Team Sponsorship
 Licking Valley Dirt Bags, 10U Team Sponsorship
 Look Up Center, Dental Clinic Equipment Donation
 Michael Dean Gibbs Foundation, Fundraiser Sponsorship
 Midland Theatre, 7th Annual Applause Event Sponsorship
 Newark City Schools, Cops and Kids Sponsorship
 Newark-Granville Symphony Orchestra, Business Partner Sponsorship
 Newark Organization for the Creative Arts, Hot Licks Blues Fest and Education Sponsorships
 St. Luke’s Episcopal Church, Turkey Trot Sponsorship
 SWL Rugby Association, Inc., Middle School Boys, Girls, and Co-ed Youth Sponsorships
 United Way of Licking County, Week of Caring Sponsorship
 West Licking Historical Society, Annual Golf Tournament Silver Sponsorship

July Events

Active•Senior Yoga
 American Red Cross Blood Drive at LMH
 Camp A1C
 Camp Med – A Two-day Camp for High School Seniors Interested in Pursuing a Career in the Healthcare Field
 Downtown Newark Association – History on the Square
 “For Your Health” 5K Run/Walk & 1-mile Fun Walk
 Habitat for Humanity – Build
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
 Pre-participation Sports Screenings for Licking County Student Athletes
 Walk with a Doc Program

Community Support

Christian Life Center, School Supplies Sponsor
 Granville Area Chamber of Commerce, Annual Golf Outing Eagle Sponsor
 Granville Athletic Boosters, The Granville Cup Golf Outing Hole-in-One and Foursome Sponsorship
 Heath Cross Country, Don Hardin Cross Country Invitational Sponsorship
 Licking County Chamber of Commerce, Annual Gala Sponsorship
 Licking County Chamber of Commerce, Washington Night Table Sponsorship
 Lifeline of Ohio, Champions of Hope Gala Table Sponsorship

September Events

Active•Senior Yoga
 American Red Cross Blood Drive at LMH
 Habitat for Humanity
 Kvamme Family Surgical Center Dedication
 LMH Golf Gala
 LMHS Family Movie Night – Denison University Campus
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program

Community Support

Central Ohio Mountain Biking Organization, Forry Preserve
 EMS Access Road Donation
 Granville Area Chamber of Commerce, Christmas Candlelight Walking Tour Platinum Sponsorship
 Habitat for Humanity MidOhio, Licking County Habitat Initiative
 Johnstown-Monroe School District, Ticket, Commercial and Scoreboards Advertisements
 Kingdom Pillars Strong Tower, 3rd Annual Walk a Mile in Her Shoes Gold Level Sponsorship
 Licking County Coalition of Care, Quarters for Christmas Sponsorship
 The Licking County Courthouse Lighting, Contribution
 Newark Catholic High School, Inspire Campaign Contribution
 Newark City Schools, Citizen of the Month Luncheon Sponsorship
 Newark High School, Yearbook Program Donation
 Oiler’s Meat Processing & Market, Processing Fee for The Salvation Army Donation
 St. Vincent Haven, Building Hope Comprehensive Campaign Sponsorship
 Together We Grow Gardens, Friends of Together We Grow Program Donor

October Events

Active•Senior Gourmet Gardener
 Active•Senior Yoga
 Be Wise...Immunize Flu Vaccine Clinic
 Community Education – Dining with Diabetes
 Community Leader Roundtable with Police and Fire Chiefs
 Former Board Member Dinner
 Newark Pride Festival
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
 Pink Strides 5K

Safe Trick or Treat on the Square
 Walk with a Doc Program

Community Support

Buckeye Valley Family YMCA, Run Run Reindeer 5K and 1 Mile Fun Walk Sponsorship
 Central Ohio Youth Ballet, Nutcracker Program
 Advertisement Sponsorship
 Granville Recreation District, Kindergarten and 1st Grade Co-ed Basketball Sponsorship
 Heartbeats, Stewardship Banquet Sponsorship
 Heath Athletic Boosters, Heath High School Softball Sponsorship
 The Learning Spectrum, Alpaca Trot Sponsorship
 Licking County Chamber of Commerce, FRAMEWORK Breakfast Sponsorship
 Licking County Chamber of Commerce, Local Leaders Breakfast Sponsorship
 Licking County Community Center for 60+ Adults, Black Friday Fundraiser Grand Prize Raffle Sponsorship
 Licking Valley Athletic Boosters, 2nd Annual Panther Prowl 5K Sponsorship
 Licking Valley Middle School, Licking Valley Robotics Team Silver Level Sponsorship
 Master Gardener Volunteers - Licking County, Sponsorship
 Mental Health America of Licking County, Paddy Kutz Community Health Annual Dinner Sponsorship
 National Heisey Glass Museum, Percy and Vivian Moore Fundraiser Weekend Sponsorship
 Newark-Heath Rotary, Bourbon and Wine Night Fundraiser Sponsorship
 Pataskala Lions Club Charitable Foundation, Main Street Christmas Cookie Walk Mistletoe Level Sponsorship
 The Salvation Army, Red Kettle Campaign Sponsorship
 Weathervane Playhouse, Presenting Sponsorship
 Young Life Licking County, Fundraising Silver Sponsorship

November Events

Active•Senior Dance
 Active•Senior Yoga
 American Red Cross Blood Drive at LMH
 Lifetime Achievement Reception
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
 Walk with a Doc Program

Community Support

Association of Fundraising Professionals, National Philanthropy Day Sponsorship

Blessed Sacrament School, Bringing Our Community Together through Art Bronze Sponsorship
 A Call to College, Newark City Schools Sponsorship
 Central Ohio Technical College, Stronger Organizations, Stronger Communities Platinum Sponsorship
 Habitat for Humanity MidOhio, House Sponsorship
 Heath Athletic Boosters, Heath High School Bowling Team Sponsorship
 Heath Sertoma Basketball, League Sponsorship
 Licking County Chamber of Commerce, Young Professionals in Licking County Sponsorship
 Look Up Center, O’ Holy Night 5K Sponsorship
 National Child Safety Council, Annual Safety Education Program Sponsorship

December Events

Gift of Life Event
 Main Street Christmas Pataskala Cookie Walk and Parade
 Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program
 Walk with a Doc Program

Community Support

Hope Valley, Donation
 Licking County Chamber of Commerce, Groundhog Breakfast Sponsorship
 Licking Land Trust, Membership
 Mental Health America of Licking County, General Contribution
 Rotary Club of Granville, Indoor Soccer Clinic Sponsorship
 Southwest Licking School District, Super Anchor Scoreboard Partnership
 Together We Grow Gardens, Together for the Holidays Fundraising Gala Sponsorship
 United Way of Licking County, Women of Achievement Sponsorship
 The Works – Ohio Center for History, Art & Technology, Cocktails by the Fire Sponsorship

Speakers Bureau, Health Fairs, and Screenings

In 2022, LMHS provided speakers and health screenings to the community through the following organizations and events:

- 89.3 The River
- American Heart Association
- Anomatic
- Ben Franklin Elementary
- Canal Market District
- Central Ohio Technical College
- Church of Christ at Alexandria
- C-TEC – Career and Technology Education Centers of Licking County
- Downtown Newark Association
- Granville Emergency Medical Services
- Heath Fire Department
- Heath Middle School
- Heath Sertoma Youth Athletic Association
- Hillview Elementary School
- Jackson Intermediate School
- John Clem Elementary School
- Johnstown High School
- Licking County Adult Court Services
- Licking County Aging Program
- Licking County Board of Developmental Disabilities
- Licking County Chamber of Commerce
- Licking County Community Center
- Licking County Educational Services Center
- Licking County Family YMCA
- Licking County Health Department
- Licking County Library
- Licking Valley High School
- Licking Valley Little League
- Momentive
- Mound City Little League
- Newark Area Soccer Association
- Newark High School
- Newton Elementary Walk-a-thon
- Oak Hill Manor
- Pataskala Area Chamber of Commerce
- Pataskala Parks Soccer
- Reddington Pines
- RevLocal Health Fair
- RR Donnelley
- Southwest Licking Little League
- Stomp Out the Stigma
- TOPS

Employment

Licking Memorial Health Systems (LMHS) has provided employment opportunities for Licking County residents for more than 124 years. LMHS is the primary healthcare provider in Licking County and has an established reputation as the community's leading healthcare provider. This distinction is largely due to the dedication of LMHS' 2,300-plus employees who serve diligently to improve the health of the community.

LMHS has high standards for its employees and believes in recognizing and rewarding their accomplishments through various celebrations, including monthly Dining with the Stars recognition, employee birthday events, annual recognition events, as well as daily on-the-spot and peer recognition programs. LMHS also offers a comprehensive benefits package that includes a retirement savings plan, tuition assistance, free uniforms, and free access to an employee wellness center, in addition to excellent health, dental, and vision insurance.

124 Years of Caring at LMHS

In January 2022, employees celebrated 124 years of providing quality healthcare to the community with a donation-themed celebration. Divided into interdepartmental teams, a friendly competition occurred to determine which groups could donate the largest quantity of cold weather items in pounds, and the most monetary donations. After all items were weighed, contributions equaled 136.2 pounds of cold weather items (outerwear, blankets, etc.), while monetary donations reached \$10,870. The collected goods were donated to The Center for New Beginnings and The Salvation Army of Licking County to help needy individuals and families in Licking County stay warm during the cold winter months.

National Doctors' Day

National Doctors' Day provides the opportunity to honor physicians throughout the U.S. each year who guide and treat patients to positively impact their health. During the month of March, LMHS celebrates the Licking Memorial Hospital (LMH) Active Medical Staff and their dedicated service. Patients from the community also are invited to recognize physicians by giving a donation to LMHS in their physician's honor. The LMH Active Medical Staff includes approximately 164 physicians and 53 consulting physicians who provide their expertise and care to the community.

Hospital and Healthcare Week

During the annual observance of National Hospital & Healthcare Week in May, LMHS paid tribute to all employees who contribute to the organization's award-winning care. The five-day celebration in May

included a variety of activities such as bingo, breakfast treat and lunch food trucks, massages, an employee recognition event, prize drawings, and the newly featured employee carnival with numerous fun games, prizes, and carnival-themed foods. To conclude the week's celebration, the Clarissa Ann Howard Nursing Award for Clinical Excellence and MVP awards were presented.

Employee Recognition Event

On May 10, LMHS employees who observed an anniversary in a five-year increment in 2022 were invited to the John Gilbert Reese Center at The Ohio State University – Newark/Central Ohio Technical College campus for the annual LMHS Employee Recognition Event, which featured a game show theme and offered honorees an opportunity to win prizes. The 289 honored employees represented 3,485 combined years of service. Employees celebrating 35-, 40-, and 45-year anniversaries received a framed proclamation for their dedicated service at LMHS. The event also featured the Manager of the Year awards.

Medical Staff Recognition

In October, LMH held the annual Medical Staff Recognition Dinner at Moundbuilders Country Club to show appreciation for LMHS physicians and their dedication to improving the health of the community. LMH Chief of Staff Andrew Seipel, M.D., introduced new physician appointees and recognized those celebrating five-year anniversaries. To conclude the event, LMHS President & CEO Rob Montagnese also presented the 2022 Physician of the Year award to Lori Elwood, M.D., of Licking Memorial Pathology. The

award recognizes a physician who has consistently demonstrated care and concern for patients, clinical knowledge, and a good relationship with peers and other Hospital staff members.

Birthdays with Rob Celebrations

LMHS President & CEO Rob Montagnese hosted six birthday celebrations for employees in 2022. Employees had the opportunity to win prizes, enjoy refreshments and ice cream, receive a gift for attending, and join in open discussions regarding any LMHS matter or issue.

Dining with the Stars

The Dining with the Stars program is designed to thank individuals and departments when positive feedback about their customer service is submitted to LMHS. Each honoree received a letter of appreciation and invited to a luncheon with LMHS President & CEO Rob Montagnese. LMHS also resumed in-person luncheons.

LMHS Named One of the Nation's Best Places to Work in Healthcare

LMHS was named one of the nation's Best Places to Work in Health Care and Biopharma by Modern Healthcare, a listing of the nation's top healthcare-related employers. The recognition from Modern Healthcare honors organizations that empower employees to provide patients and customers with the

best possible care, products, and services. Modern Healthcare surveys healthcare employers and employees for qualitative and quantitative information to determine which organizations excel according to key measures. The benchmarks are based on the following eight core areas: leadership and planning, corporate culture and communications, role satisfaction, work environment, relationship with supervisor, training, development and resources, pay and benefits, overall engagement. This marks the 8th time that LMHS has received this distinction.



National Doctors' Day Luncheon



Hospital and Healthcare Week – Bingo



Birthdays with Rob Celebrations



124 Years of Caring at LMHS



Hospital and Healthcare Week – Carnival



Employee Recognition Event

Fundraising

Charitable donations help Licking Memorial Health Systems (LMHS) proactively respond to the growing healthcare needs of the community through the incorporation of the latest technological advances. To generate funds for equipment purchases, capital expenses, and facility improvements, the Licking Memorial Hospital (LMH) Development Department works diligently to raise contributions to Licking Memorial Health Foundation (LMHF). The contributions provide capital for projects and programs that may otherwise go unfunded and are not used for salaries or general operating expenses.

In 2022, LMHF supported the installation of new Hospital inpatient beds equipped with advanced safety features. The Hill-Rom Centrella Contact-free Monitoring system continuously tracks vital signs, including heart rate and respiratory rate to determine a patient's clinical status, alerting staff for immediate intervention if necessary. The motion detection component reduces the risk of falls. In addition, the Hercules patient repositioning system improves comfort and safety for the patient, while eliminating risk of injury to the caregiver.

Community Cornerstone Club

The Community Cornerstone Club is comprised of individuals and businesses who contribute \$100 or more to LMHF. In 2022, 206 members raised \$53,175 toward the installation of the new Hospital beds.

The Caduceus Society

Physicians have a special opportunity to lend financial support through The Caduceus Society, a prestigious giving level for physicians who pledge \$10,000 or more over a period of 10 years. The Caduceus Society has a total of 92 members. Crystal and Christopher Meyer, M.D., joined in 2022.

The William Schaffner Society

The William Schaffner Society, which was created in memory of William Schaffner – the first chair of the Licking County Hospital Commission, now has 135 members who have pledged a minimum of \$10,000 over 10 years. New donors in 2022 were Mark Mayle, Ken Quick, and Beck Snyder.

Golden Corporate Honor Roll

The Golden Corporate Honor Roll distinguishes companies that have made a total commitment of \$10,000 or more to LMH. Participation in this program signifies the company's alliance with the Hospital to ensure the continuation of excellent healthcare services. The Golden Corporate Honor Roll has a total of 12 members.

The John Alford Fellowship

The John Alford Fellowship was created to memorialize the extraordinary commitment of LMH's long-time supporter, John W. Alford. Members pledge a minimum of \$25,000 over 10 years. The John Alford Fellowship has a total of 43 members.

Platinum Circle

The Platinum Circle is reserved for LMHF's business and corporate donors who have contributed a minimum of \$25,000. These gifts enable LMH to purchase new equipment and provide additional services to meet the healthcare needs of the residents of Licking County. The Platinum Circle has a total of 13 members.

Benefactor Level

Benefactors are special friends of LMH, both individuals and businesses, who support the LMHS mission to improve the health of the community by donating \$50,000 or more. LMHF has 15 Benefactors, including 10 individuals and 5 corporations, following a generous commitment from Craig Cairns, M.D., M.P.H., in 2022.

Founder Level

Founders are altruistic individuals who have made outstanding contributions to LMHF by providing gifts of \$100,000 or more. LMHF is fortunate to have 26 Founder memberships.

LMH Golf Gala

The annual LMH Golf Gala took place at the Denison Golf Club on September 19, with Nate, Courtney, Grace, Natalie, and Reese Adams serving as Honorary Chairs. The LMH Emergency Department physicians team, which included Bradley Allen, M.D., Jeff Bare, D.O., and Ryan Longstreth, M.D., took first

place. This year's **Club Sponsor** (\$7,500 and above) was Denison University. The **Condor Sponsor** (\$7,500 and above) was Park National Bank. **Ace Sponsors** (\$5,000) included The Hinderer Motor Company; Matesich Distributing Co.; MedBen; Monte Christopher Holdings, LLC; Southgate Corporation; Stedman Floor Co., Inc.; and Waste Away Systems, LLC. **Eagle Sponsors** (\$2,500) included AssuredPartners; Bricker & Eckler, LLP; Claypool Electric, Inc.; Coconis Furniture; Courtesy Ambulance, Inc.; Delta Dental; The Energy Cooperative; First Federal Savings; The Granville Investment Group; Gutridge Plumbing, Inc.; Henderson-Van Atta-Stickle Funeral & Cremation Service; Kessler Sign Company; Licking Memorial Vascular Surgery; Limbach Company, LLC; Mattingly Family Foundation; The Jerry McClain Companies; Mid-Ohio Development Corporation; Midstates Recreation; Mill Tech, LLC; Modern Office Methods; Mortellaro McDonald's; Northpoint Ohio Architecture; Owens Corning; Scott Peterson of General Graphics; PNC Bank; Robertson Construction Services, Inc.; Sand Hollow Winery; Shai-Hess Commercial Real Estate; Summit Home Care and Hospice; TrueCore Federal Credit Union; and United Collection Bureau, Inc. The **Driver Sponsor** (\$1,500) was Brett Lowe Mechanical, Inc.; the **Fairway Sponsor** (\$1,500) was The Laurels of Heath; the **Games Sponsor** (\$1,500) was OhioHealth; the **Links Sponsor** (\$1,500) was Ultimate Kronos Group; the **Pro Sponsor** (\$1,500) was Griffin's Floral Design & Wine Shop; and the **Hole-in-One Sponsor** was The Hinderer Motor Company. The **Birdie Sponsors** (\$1,000) were 89.3 The River; Anomatic Corporation; The Burt Family; Craig Cairns, M.D., M.P.H.; Central Ohio Technical College and The Ohio State University at Newark; Corna Kokosing Construction; Flint Ridge Nursing & Rehabilitation; The Guanciale Group; Heckman's Lawn Service; Hospice of Central Ohio, Inc.; In Memory of Rodney Tyler Garner; Licking Memorial Vascular Surgery; LMH Acute Care Services Clinical Management Team; The Miller Family; State Representative Kevin and Dr. Megan Miller; Mitchell Systems, Inc.; Moyer Group; NBC4; Newark

Veterinary Hospital; Reese Pyle Meyer PLL; Rotary Club of Newark; Sanfillipo Produce; Sunny 95; and Wing, Mack, Smith & Bang, D.D.S. A total of 143 golfers played in the 2022 Golf Gala, which raised more than \$212,000.

PRIDE

Employees have a special opportunity to support LMHS with charitable contributions through payroll deductions to PRIDE (Providing Resources in Dedicated Employees). As of December 2022, PRIDE had 812 members. Since 1987, PRIDE contributions total more than \$3.5 million.

Paving Our Future Commemorative Bricks

The LMH Development Council offers a distinctive way to recognize family members, friends, or organizations with commemorative bricks. Personalized bricks are available in two sizes and are placed in one of LMH's exterior walkways. A total of 4 commemorative bricks were purchased and placed on the grounds in 2022.

Honorary and Memorial Giving Program

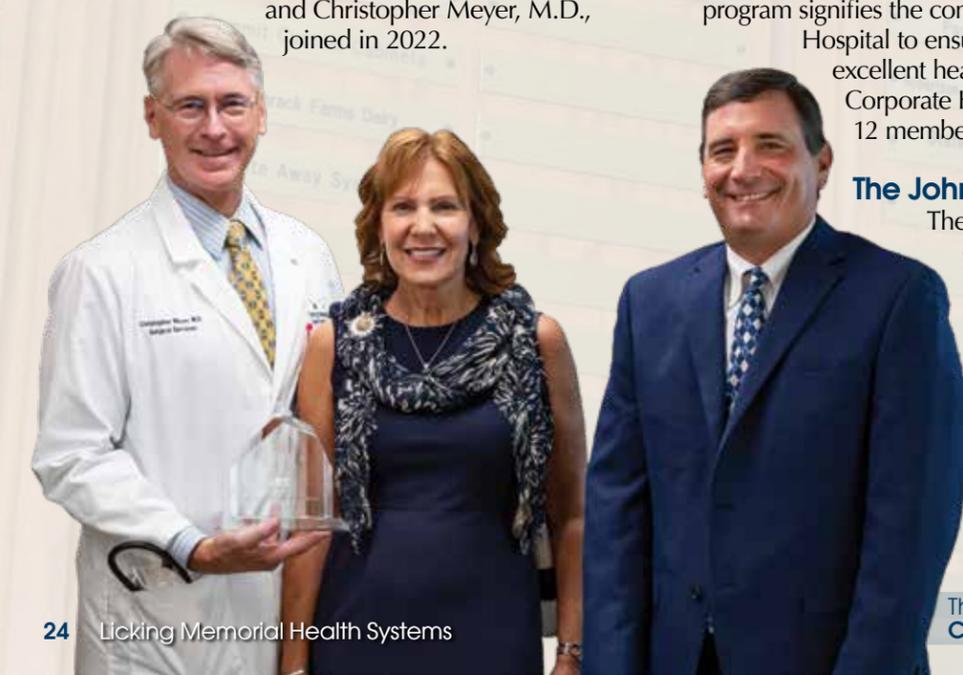
Many community members appreciate the opportunity to pay tribute to a loved one, commemorate a special event, or celebrate a recovery through monetary contributions that benefit LMH. In 2022, LMHF received 4 honorary and 80 memorial donations.

Doctors' Day Donations

In recognition of Doctors' Day on March 30, community members are invited to express appreciation for a favorite physician by making a donation to LMHF in his or her name. A total of 58 physicians were honored through donations in 2022.

Cradle Roll

The births of 78 babies were commemorated through gifts to the Cradle Roll program in 2022. Community members offering gifts of \$150 to \$249 receive a handcrafted step-up stool, while those with gifts of \$250 or more receive a handcrafted child-size rocker. The name of the baby and donor are placed in the Cradle Roll Log in the LMH Main Lobby for any gift of \$25 or more.



The Caduceus Society
Crystal & Christopher Meyer, M.D.



Founder Level
Bev & Doug Donaldson

Development Council

The Licking Memorial Hospital (LMH) Development Council was established in 1987 to increase charitable giving to LMH and to enhance and promote meaningful community relations for the Hospital. Approximately 80 community members with diverse backgrounds and expertise serve on the Development Council committees. They are committed to furthering the LMHS mission of improving the health of the community.

The LMH Development Council operates under the guidance of Licking Memorial Health Foundation (LMHF), a not-for-profit corporation that conducts fundraising activities to benefit and support the Hospital. LMH is financially sound, but remains subject to financial difficulties, including government cutbacks in Medicare and Medicaid reimbursements, revenue shortfalls, and the continuing cost of charity care. Donations to LMHF provide for capital needs, services, and programs at LMH that may otherwise go unfunded.

Executive Committee

Robert McCaughy, Chair	Thomas Hall, M.D.	Chris Meyer	Robert Montagnese,
P. David Shull, Vice Chair	Sally Heckman	James Mitchell	LMHS President & CEO, Ex Officio
Thomas Cumiskey	Cheri Hottinger	Stuart Parsons	
John Gard	Patrick Jeffries	Jacqueline H. Parrill, Ed.D., Ex Officio	

Annual Support Committee

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Seth Conley	Donald Hill	Angie Ryan	Cindy Young
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Julie Barrett	Todd Hartshorn	Richard Reed	
Gene Branstool	Judge Michael Higgins (Retired)	André Sarap	

TWIGS

Since 1950, local TWIGS (Togetherness, Willingness, Imagination, Giving and Sharing) committees have donated more than \$5.7 million toward equipment and capital purchases at LMH. They raise funds year-round through sales and special events. In 2022, TWIGS contributed more than \$90,000 to the Hospital.

There are four active TWIGS Committees that continue to support LMH. The current Chairs of the individual TWIGS Committees are: Cathy Beatty – TWIGS 6, Betty Siarnicki – TWIGS 8, Sharon Wills – TWIGS 13, and Janet Wells – TWIGS 24. The members of the TWIGS Executive Board are: Marilyn Weber, Chair; Sukey Newhouse, Vice Chair and Assistant Treasurer; Darlene Baker, Treasurer; and Janet Wells, Recording/Corresponding Secretary. For information about becoming a TWIGS member, please call (220) 564-4084.



Volunteers

In 2022, an average of 72 Licking Memorial Hospital (LMH) volunteers donated 16,619 hours to assist with many important tasks, such as assisting with Hospital mailings, transporting patients, and helping guide visitors to their appointments in the Hospital and off-campus buildings. LMH is appreciative of each volunteer and their selflessness to serve the Hospital in its mission to improve the health of the community.

In recognition of their service, the annual Volunteer Recognition Dinner was held in April. The event included the presentation of service awards in five-year increments and highlighted 20-year volunteer Ralph Ottensmeier. The celebration concluded with the announcement of the 2022 Donald Day Volunteer of the Year award to Pat Law, who has been a volunteer since 2020. The members of the Volunteer Executive Board are: Julie Wiegman – President, Mike Barker – Vice President, Sheri Bindley – Corresponding Secretary, and Pat Law – Recording Secretary.

Bernadette Amore	Mary Gutridge	Thelma McCurdy	Denny Stewart
Janet Anderson	Rene Halblaub	Weston Misel	Mary Stewart
Mike Barker	Karen Hamilton	Malissa Moran	Eiman Stiffler
Janice Bennett	Jon Harper	Gary Morton	Mary Stucko
Sheri Bindley	Karen Hedrick	Helen Norris	Robin Stukey
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Bob Brooker	Sue Hopper	Corey Peck	John Uible
Lori Brown	Diana Hufford	Bob Pisano	Kim Vohs
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Mary Craig	Dolly Landrum	Radhika Schelbert	Sue Weiland
Nancy Criswell	Pam Lash	Lindsay Schilling	Julie Wiegman
Karen Dellner	Pat Law	Sue Shaffer	Sue Wolfe
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Bob Gabe	Terry Lyons	Alan Smith	Marilyn Yost
Emma Gazdik	Luke Martinucci	Diana Smith	Henry Zheng
Francesca Gunn	Alexandra Mazik	Patricia St. John	



Facts at a Glance

2022 Statistics

Auxiliaries

Volunteers/TWIGS (hours):	16,619
TWIGS (dollars):	\$90,700
Development (dollars):	\$957,400

Charity and Uncompensated Care

In 2022, Licking Memorial Health Systems (LMHS) provided \$34.9* million in uncompensated care at standard charges, of which \$8.4* million was charity care.

LMHS has provided more than \$763* million in uncompensated care at standard charges since 1995, the year that Licking Memorial Health Professionals was formed.

The total cost of uncompensated care to LMHS in 2022 was \$14.0* million. The total cost of uncompensated care since 1995 has been \$331* million.

Licking Memorial Hospital Statistics

Total registered beds:	227
Coronary:	25
Intensive Care:	13
Medical/Surgical:	121
Obstetric:	18
Psychiatric:	9
Nursery:	28
Acute Inpatient Rehab:	8
Chemical Dependency:	5
Admissions:	8,287
Average daily census (includes observation):	110
Average stay (days):	4
Emergency Department visits:	50,748
Patient days:	32,632

Patient meals served:	112,475
Babies delivered:	793
Laboratory tests:	844,536
Pharmacy, medication administrations:	1,038,637
Pounds of laundry:	1,232,123
Urgent Care visits:	48,928
Radiology procedures:	118,042
Radiology, ultrasound:	13,269
Radiology, CT scans:	31,279
Radiology, MRI scans:	5,163
Rehabilitation, Occupational Therapy procedures:	12,969
Rehabilitation, Physical Therapy procedures:	52,670
Surgical procedures:	8,407
Inpatient:	2,361
Outpatient:	6,046
Medical Staff (Active):	166
Medical Staff (Consultants):	56
Full-time equivalent employees:	1,565
Salaries/benefits:	\$146,048,614*
Operating expenses:	\$256,434,982*

Licking Memorial Hospital provided \$31* million in uncompensated care at standard charges, including charity, during 2022.

Licking Memorial Health Professionals Statistics

Number of physician practices:	48
Number of physicians:	114
Physician practice patient encounters:	420,355
Average companies served per month by Occupational Health:	135
Full-time equivalent employees:	465
Salaries/benefits:	\$81,288,050*
Operating expenses:	\$99,991,643*

*Unaudited

2022 Donors

Every donation, regardless of amount, that benefits Licking Memorial Hospital helps our mission to improve the health of the community. Many gracious community members chose to honor friends, family members or physicians, or remember loved ones with a monetary gift to Licking Memorial Health Foundation in 2022. Donations may be restricted to a specific program or service or allocated to the general account, allowing Licking Memorial Health Systems to use the gift for the most urgent need. All gifts are tax-deductible to the extent allowed by law. For more information, please contact Vice President Development & Public Relations Veronica Patton at (220) 564-4101.

(D) denotes deceased

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(\$100,000-plus)

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Helen Marie Brooke (D)
Melissa Warner Bow
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The Lindorf Family Foundation
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The Gerald K. McClain Building
Jerry and Debbie McClain
In Memory of Sylvia “Dee” McClain
Bill and Jane (D) McConnell
Robert & Lauren Montagnese
The Family of Jack and Betsy O’Neill
Park National Bank
PRIDE LMHS Employees
Frederick R. Reese (D)
Mr. J. Gilbert (D) and Mrs. Reese
The Gib Reese Center for
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Dr. Albert K. Ridout (D) –
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TWIGS
Willard E. Smucker Foundation

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Shari Hively
Eli Hull (D)
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Scott Foundation – Mary Jane Scott, M.D.
Cindy and Thaddeus Webster
Deborah Young

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(*commitment of at least \$10,000)

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* Dr. George (D) and Sandy Andrews
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* Anonymous
* Anonymous
* Anonymous
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* Dr. Rachel DeMita and Family
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