

Care Gram

Multi-Event Recorder

Date of Test: _____ **Test Time:** _____

How the Test Works

A multi-event recorder is ordered to detect any abnormal heart rhythms. Some symptoms such as dizziness, palpitations, or chest pain may be caused by an abnormal heart rhythm. This recorder is a hand-held monitor that can be worn around your neck. The small monitor has a button on it. You need to push the button when you feel any symptoms. You may continue doing your normal activities while you are wearing the monitor.

Allowing Time

You will usually use the monitor for 14 days.

Preparation

- It is a good idea to wear a loose fitting shirt or blouse, buttoning in the front
- Do not wear lotion before or during the testing time
- Continue taking all of your medications unless your doctor tells you otherwise

Registration

Please pick up the monitor at the Cardiology Department. It is located on the first floor of Licking Memorial Hospital. After the test, return the monitor to the same place.

During the Test

- There are 2 small, plastic tabs called electrodes that you will place on your chest
- The wires from the monitor are attached to the tabs
- The monitor records your heart rhythm when you push the button (when you have symptoms, push the button)
- You will be given directions for sending the recorded message over the phone
- You may need to return to the Cardiology Department if:
 - The electrodes keep falling off
 - You develop a rash from the electrodes
 - You have problems sending the message over the phone

Finding Out the Results

In a week to 10 days, the results of the test will be sent to the doctor who ordered the test.

If you have any questions about your test before you pick up the monitor, please call (740) 348-4292. If you have any questions during the time you have the monitor, please call the number that is given to you when you pick up the monitor.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



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