

# Care Gram

## Transesophageal Echocardiogram (TEE)

**Date of Test:** \_\_\_\_\_ **Test Time:** \_\_\_\_\_

### How the Test Works

A transesophageal echocardiogram (TEE) is an ultrasound of the heart. It is done by passing a small tube through the esophagus. This tube has an imaging device on the end. The heart can be seen more clearly than with a regular echocardiogram.

### Allowing Time

The procedure usually takes about 2 hours. This includes preparation, the test, and recovery.

### Preparation

- Nothing to eat for 6 hours before the test.
- Nothing to drink for 4 hours before the test.
- Continue taking your medications with no more than 4 ounces of water.

### Registration

Please report directly to the Cardiology Department at your appointment time. It is located on the first floor of Licking Memorial Hospital (LMH).

### During a TEE

- You will have an IV started in your arm.
- You will be given medication to make you sleepy.
- A tube is passed down the throat and into the esophagus, and pictures are taken of the heart.

### After the Test

- You will need to have someone with you to drive you home after the test.
- You may return to your normal activities the next day.

### Finding Out the Results

You will find out the results from the doctor who ordered the test.

### Appointment Reminder

Thank you for allowing the Cardiology staff at LMH to serve you. Remember, you have an important role in making your test a success. If you have any questions about your test, please call (740) 348-4177.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



**Licking Memorial  
Health Systems**

1320 West Main Street • Newark, OH 43055  
(740) 348 - 4000 • [www.LMHealth.org](http://www.LMHealth.org)

1616-0535  
05/2010