

Care Gram

Quantitative Fecal Fat Collection

Preparation

You will need to pick up the containers for the collection from the Lab on the first floor of Licking Memorial Hospital. You will get:

- A collecting container to place in your toilet to collect the stool (bowel movement).
- A large container to store the stool in. The container must be labeled with your full name, date of birth, and date and time of collection.

Fill in the following information:

Patient's Name _____ Date of Birth _____

This collection is for: 24 48 72 hours (Lab personnel will circle one).

Collection Start Date _____ Time _____ a.m./p.m.

Collection End Date _____ Time _____ a.m./p.m.

General Instructions

- The collection starts with your first bowel movement of the day. It continues for the time frame circled above (24, 48, or 72 hours).
- Do not let urine or toilet bowl water mix with the stool during collection.
- Do not put toilet tissue into the labeled containers. Only fill the labeled containers $\frac{3}{4}$ full.

Collecting the Specimen

1. Place the collecting container under the seat and over the bowl of your toilet. When you have your first bowel movement of the day, use the scoop to place the stool in one of the labeled containers and refrigerate it. Write the date and time of that bowel movement.
2. Continue to add each sample of stool to the first labeled container until the container is $\frac{3}{4}$ full.
3. When a labeled container is $\frac{3}{4}$ full, start a new container.
4. You may get more containers and scoops from the Laboratory if needed.
5. At the end of the collection period (24, 48, or 72 hours), stop collecting stool and write the date and time above. Return all used labeled containers to the lab. Bring them as soon as possible after the collection is over. Please bring this paper with the start/end dates and times with you.
6. You may throw away any empty containers and scoops that you have left.



**Licking Memorial
Health Systems**

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Finding Out the Results

You will need to check with the doctor who ordered the test for the results.

If you have any questions about your test, please call your doctor or call the Clinical Laboratory at (740) 348-4155.