

Care Gram

Bronchoscopy

Date of Test: _____ **Test Time:** _____

How the Test Works

A bronchoscopy is a test that allows your doctor to look inside the airways leading into your lungs. During this test, a thin flexible tube (bronchoscope) is passed through your nose or mouth and into your airways. Your doctor can then inspect your airways, take samples, or pictures.

Bronchoscopy is used to diagnose or treat airway or lung disease. Reasons for this test may include:

- Coughing up blood
- Persistent cough
- Abnormal chest X-ray
- Tumor growths
- Inhaled foreign object (like a peanut or denture parts)
- To obtain a biopsy

Allowing Time

The test itself usually takes 15 to 60 minutes. You should plan on 3 to 4 hours total for preparation and recovery time.

Preparation

- Do not eat or drink after midnight on the night before your test. You may resume eating and drinking a couple of hours after your test has been completed.
- Do not take any medications or herbal supplements the morning of your bronchoscopy unless instructed to do so by your doctor. If your doctor has instructed you to take any medicine, please do so using only a sip of water.
- Do not take any aspirin containing products for 1 week prior to bronchoscopy.
- Avoid non-steroidal, anti-inflammatory agents such as ibuprofen and naprosyn for 48 hours before your bronchoscopy.

Registration

Please report to the Outpatient Surgery Area located in the John & Mary Alford Pavilion 1 hour before your appointment time. Enter the Pavilion and take the elevators to the second floor.



**Licking Memorial
Health Systems**

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During a Bronchoscopy

If you have an allergy to Novocain-like drugs (examples: Lidocaine and Cetacaine), please tell the doctor before the test starts so that a different numbing medicine can be used.

- You will be asked to remove your shirt or blouse and put on a hospital gown.
- First, the nurse will start an IV, and you will receive sedation medication through it. You should not feel any discomfort during the test.
- Then, you will receive a breathing treatment with medicine to open your airway and a throat spray to numb your throat.

After the Test

- You will be monitored until you are fully awake and alert.
- You may experience some hoarseness and a sore throat. You will be sent home with an antiseptic throat spray that will help.
- You must have someone else drive you home.
- You may eat your normal diet after you leave the Hospital.
- You may drive and return to work the next day.

Finding Out the Results

The doctor will talk to you and your family about the findings immediately after the test. You will follow up with the doctor a few days later to review the results of any biopsies.

Appointment Reminder

Thank you for allowing the Cardiopulmonary staff at Licking Memorial Hospital to serve you. Remember, you have an important role in making your test a success. If you have any questions about your test, please call (740) 348-1805.