



Community Connection

Licking Memorial Health Systems

(740) 348-4000 (phone) • www.LMHealth.org



Volume 4, Issue 11

November 2007

Measurably Different ... for Your Health!

LMHS Doubles Impact Through Hartford Fair and Salvation Army Donation

Major Ronald DeMichael knows that the hot beef meals the Salvation Army of Licking County is dishing up will warm the stomachs of many needy Licking County residents. He also knows the story behind those meals will warm their hearts, as well. The local Salvation Army chapter recently received a donation of 1,182 pounds of ground beef from Licking Memorial Health Systems (LMHS) – a donation that originated with the Health Systems’ support of local youth 4-H livestock projects.



Drew Parkinson won the top grand champion prize with his steer at the Hartford Fair. Pictured with Drew are (left to right): Katie Walrath, Nick Huggins, Karen Keller, Natalie Unger, Licking Memorial Health Systems President and Chief Executive Officer Rob Montagnese, and Carol Barnes, Director of Volunteers, TWIGS and Events.

LMHS Doubles Impact Through Hartford Fair and Salvation Army Donation (continued on page 2)

LMHS Thanks Community Donors at Reception



Ashley Wade, Chairman of the LMH Development Council’s Annual Support Committee, unveiled the newest addition to the Main Street Collection, a likeness of the John & Mary Alford Pavilion.

It has been an exciting year at Licking Memorial Health Systems (LMHS), made all the more rewarding by the enthusiastic support of members of the community. LMHS paid homage to those who have made generous financial contributions during the Donor Appreciation Reception held on September 17 at Licking Memorial Hospital (LMH).

Bob McGaughy, Chairman of the LMH Development Council and a

LMH Board Member, pointed out that the Health Systems has made major strides in the past 12 months that include, “transitioning our leadership, the completion and dedication of the John & Mary Alford Pavilion, and the continuing success and growth of the Development Council.” The

LMHS Thanks Community Donors at Reception (continued on page 3)

See Pages 10 to 14 for the Community Report Card Featuring Pneumonia Care.

Joint Replacement Education Program

More than 220,000 Americans will have joint replacement surgery this year. It is one of the most common orthopedic surgical procedures in the country. While the need for joint replacement surgery may vary from patient to patient, doctors say the operation may be necessary for those suffering from arthritis or some type of injury. The surgery is commonly associated with hip replacement, but can also be performed on knees and shoulders.

Licking Memorial Health Systems (LMHS) encourages men and women to be proactive about their health with education on joint replacement. The free Joint Replacement Education program is scheduled for Thursday, November 8, at 6:00 p.m. in Conference Rooms A & B (first floor) of the Hospital.



Brad Bernacki, M.D.

Orthopedist Brad Bernacki, M.D., will speak. Registration is required. To register, or for more information, please call (740) 348-1434.

LMHS supported Licking County 4-H youth by purchasing three steers at the Hartford County Fair in August. LMHS' first purchase was the Grand Champion steer – a crossbreed shown by Drew Parkinson, a fourth grader at Newton Elementary School. Drew is a member of the Beef It Up 4-H Club. "I had two steers this year – Grizzly and Ranger," Drew explained. "Grizzly was the grand champion."

Nick Cherubini's steer was LMHS' second purchase at the Hartford Fair. He is a fifth grader at Utica Elementary School, and also belongs to the Beef It Up 4-H Club. Nick said he will be back at the fair next year, "I plan to raise another steer and a heifer," he said.



Nick Cherubini posed with his parents and LMHS President and Chief Executive Officer Rob Montagnese for a photo of his steer at the Hartford Fair.

The third steer purchased by LMHS was shown by Cara Dillon. Cara is a seventh grader at Licking Valley Middle School. She is a member of Barnyard Buddies 4-H Club. She said she enjoyed raising her steer, named Twister, over the summer. "I got to wash him, feed him every day, brush him and pet him. It was fun," she said.



Cara Dillon walked her steer, Twister, around the Wright Arena show ring at the Hartford Fair.



LMHS President and Chief Executive Officer Rob Montagnese and Environmental Services employees Chuck Shepherd and Jim Redman helped Salvation Army Major Ronald DeMichael (center) unload the donated frozen beef from a delivery truck.

LMHS President and Chief Executive Officer Rob Montagnese met with Major DeMichael a few weeks later to deliver the frozen processed meat. "This is one of our favorite community projects," Rob said. "Of course, it's fun to help reward the 4-H kids for their hard work, but it's also very gratifying to be able to turn it around and help the Salvation Army meet families' very basic needs. It's a win-win situation for all the people involved."

"Your donation means so much to us," Major DeMichael responded. "We receive many donations throughout the year, but beef is rather hard to come by since it is so costly. Your donation allows us to make sure we have plenty of meat in our soup kitchen, and also to distribute in the food pantry packages. We've had an increased number of food orders this year – this donation means there are so many more people whom we can help."

Drew is already looking forward to next year's 4-H project. "This was my first year showing," he said. "We have a farm and cattle. I have always been around animals. I have picked out some steers for next year, and I hope I can get started with them soon." Even at 10 years of age, he understands his role in the donation to Salvation Army. "I think it is great to donate to the needy, especially meat, because it is good for everybody in the family. I think it's cool to be a part of that!" he said.

The Salvation Army of Licking County served 79,471 meals in 2006. Donations may be dropped off at 250 East Main Street in Newark, or call (740) 345-8120 for more information.

LMH Development Council serves as ambassadors to help raise community awareness and raise funds for facility improvements and state-of-the-art technology.

LMHS recognizes continued community support by acknowledging milestone levels of giving with a corresponding wooden figurine from the Main Street Collection. A new piece is added to the collection each year. At the reception, Ashley Wade, Chairman of the Development Council's Annual Support Committee, unveiled the newest piece, a likeness of the new John & Mary Alford Pavilion, which recognizes an accumulative donation of \$4,500.

Ashley said the opening of the Pavilion this past summer served to reinforce her dedication to promote the Hospital and its programs. "Our roles as ambassadors for Licking Memorial Hospital have contributed to the overall success

of meeting our mission of community relations and fund-raising. This has been a successful year, and I am proud to be a part of the Development Council," she said.

Veronica Link, LMHS Vice President of Development and Public Relations, explained that private donations have made a major difference in the amenities incorporated into the new Pavilion. "Although a decision was made prior to the beginning of the construction project not to go to the community in the form of a major capital campaign, we have focused, and continue to work, on soliciting new donors to provide 'extras' that will help us to create a more comfortable, healing environment," Veronica said.

LMHS Thanks Community Donors at Reception (continued on page 18)

Licking Memorial Hospital TWIGS 14 Annual Holiday Tour of Homes

Licking Memorial Hospital (LMH) TWIGS 14 Holiday Tour of Homes will take place from 12:00 noon to 3:00 p.m. and from 6:00 to 9:00 p.m. on Wednesday, November 14, in several Licking County homes. Five homes are slated for the tour, showcasing historic architecture and creative holiday decorating. Two of the homes on the tour are at least 100 years old.

Advance tickets for the 44th annual event are \$10 and are available at all Park National Bank locations. Tickets also may be purchased for \$12 during the tour at the door of any of the participating homes.

A special Preview Tour on Tuesday, November 13, will also feature the four homes, as well as a Granville home, known locally as the Middleton House. The home was purchased from Denison University and remodeled by Virginia and Robert Abbott. The Preview Tour includes a catered champagne reception. Tickets for the Preview Tour cost \$30 per person and are available only by pre-sale; no preview tour tickets will be sold at the door.

The generosity of the participating homeowners will benefit Licking Memorial Hospital. Proceeds from all



The members of LMH TWIGS 14 are the sponsors of the 2007 Holiday Tour of Homes on Wednesday, November 14.

LMH TWIGS (Togetherness, Willingness, Imagination, Giving and Sharing) projects benefit the Hospital. Donations are also greatly appreciated.

Founded in 1950, the LMH TWIGS organization has contributed more than \$4.5 million to the Hospital for equipment needs and capital purchases. For more information about the TWIGS 14 Holiday Tour of Homes, please call (740) 348-4079.

Honorary Medical Staff Luncheon

Licking Memorial Hospital (LMH) recognized retired physicians at the first annual Honorary Medical Staff Luncheon held September 13 and hosted by President and Chief Executive Officer Rob Montagnese. The luncheon provided retired physicians from the LMH Medical Staff a time to discuss their careers and retired lives, while honoring them for their years of service. “It is important to take the time to recognize the doctors who have made this Hospital what it is today,” Rob said. “After their decades of dedication given to LMH, we are honored to have them here with us so that we may show them exactly how much they mean to the organization.”



Retired physicians gathered for the First Annual Honorary Medical Staff Luncheon. Pictured here are (from left to right): Dr. Harold Kelch, Dr. Charles Sinsabaugh, Dr. R. Guy Plummer, Dr. Robert Raker, Dr. Richard Walters and Dr. Donald Adams.

Chief of Staff Joe Fondriest, M.D., presented Service Awards to the retired physicians for their years of service, ranging from 25 to 65 years with LMH. “These are the faces that people have seen in the Hospital and our community for many years,” Dr. Fondriest said. “Physicians like these have kept innumerable patients healthy over the years, and their dedication to health care is unsurpassed. It is a great privilege to acknowledge their many years of service.” Many honorees were presented with an award marking the number of years they spent at LMH, as well as a special paperweight to commemorate the event.

LMHS Night at Babe Ruth World Series

Wednesday, August 15, was Licking Memorial Health Systems (LMHS) Night at the Babe Ruth World Series (16 to 18 year olds bracket) at Don Edwards Park in Newark. Two games were played that night, games 21 and 22, out of a 25-game series. The lineup included Columbia Basin, Washington, vs. Heartland East, Iowa; and Oviedo, Florida, vs. Denham Springs, Louisiana.

The ceremonial first pitch for game 21 was thrown by Robby and Ashley Montagnese, son and daughter of LMHS President and Chief Executive Officer Rob Montagnese and his wife, Lauren. In that game, Columbia Basin beat Heartland East, 7 – 1, and advanced to play San Gabriel Valley, California, in game 23 the following night.

The ceremonial first pitch for game 22 was thrown by Scrubs, the LMHS mascot. In that game, Oviedo beat Denham Springs, 3 – 2. They advanced to play Louisville, Kentucky in game 24 the following night, and then on to the championship game with San Gabriel Valley, California on Friday night. San Gabriel Valley won the championship for the 10th time.



Robby and Ashley Montagnese threw out the first pitch for game 21 of the Babe Ruth World Series at Don Edwards Park, as LMH Board Chairman Pat Jeffries supervised.

During a special presentation between the evening’s two games, Babe Ruth League President and Chief Executive Officer Steven M. Tellefsen thanked LMHS and the Licking County community for their support. “We couldn’t have a World Series without our sponsors and the family hosts. Once again, you’ve made us feel very welcome, and helped us to organize this very exciting tournament.” Steven then presented Rob with

LMHS Night at Babe Ruth World Series (continued on page 18)

PRIDE Campaign

Licking Memorial Health Systems (LMHS) employees take pride in their jobs and it shows – with PRIDE, which stands for Providing Resources in Dedicated Employees. By joining PRIDE, employees donate from each paycheck and receive incentives after becoming members. There are five levels of giving for employees, with a minimum \$4.00, tax-deductible

donation, per pay period. Funds raised through PRIDE are not used for the day-to-day operations of the Hospital. Instead, the money raised has funded projects like the Maternal Child Department renovation (1993-1996), helped create the first phase of the LMHS Information Highway (1996-1999) and, most recently, furnished the new Emergency Department Lobby in the John & Mary Alford Pavilion (2003-2006). Over \$1 million have been donated by PRIDE members since 1987.

During the latest campaign that began this year and will continue until 2010, PRIDE members and LMHS employees showed their enthusiasm for PRIDE Idol: Season Two by lending their talents and performing for employees. Throughout the week of August 27, there were 19 PRIDE Idol sessions available for employees to attend, including a performance at 1:00 a.m. for employees working the night shift. A variety of acts joined in this campaign, including “The Dreamgirls,” “Nancy Sinatra” and the Newark Brass Ensemble, as well as some returning favorites like “Sonny and Cher,” and “The Weather Girls” performing “It’s Raining Men.” Performances ranged from serious to not-so-serious, all introduced by emcee, LMHS President and Chief Executive Officer Rob Montagnese. Many hours of hard work go into each PRIDE campaign, and PRIDE Idol: Season Two was no exception.

There have been many campaigns created to boost employee morale and have a little fun at LMHS, with PRIDE Idol being the most recent to wrap up. To get LMHS employees in the spirit for the PRIDE Idol celebration, co-chairs took time to create invitations for the PRIDE Steering Committee members based on real-



The 2007 PRIDE Committee at Licking Memorial Health Systems recently kicked off a new three-year campaign.

ity television shows, like PRIDE Factor and PRIDE Survivor. Organizers say the campaigns have succeeded in building morale among employees, bringing people together and simply adding a nice break to the work day.

There are currently 571 members of PRIDE, some more involved by participating in the PRIDE Steering

Committee, which represents many different departments. Each PRIDE Campaign runs for three years and focuses on a specific project. The 2007-2010 Campaign will focus on the café and fireplace area in the John & Mary Alford Pavilion. PRIDE is an important part of our organization, and the success of this campaign has already generated interest in the next campaign.

PRIDE members were recently honored at a PRIDE Reception held at Licking Memorial Hospital on September 18, where they were not only thanked for their participation, but reminded of the impact they have on LMHS and the community. It was announced that PRIDE Idol week brought in 77 new and increased memberships, reaching approximately \$60,000 in new annual commitments. Rob thanked PRIDE members for their support and acknowledged how strong employee participation is key to the PRIDE program. “It was really great to see the employee support during our recent PRIDE Idol week,” Rob said. “We had a lot of fun with it, and the money that it generated and will continue to generate, is going for a good cause. Your support will truly make a difference.”

Development Council Spotlight: Glenn Abel



Glenn Abel

Glenn Abel serves as the current Chairman of the Board of Directors for Licking Memorial Health Systems (LMHS) and on the Licking Memorial Hospital (LMH) Development Council. He participates in the decisions made by the Executive Committee within the LMH Development Council, which

include selecting the Lifetime Achievement Award winner. Glenn says the decisions are a bit easier to make when surrounded by a familiar group of peers. "I've known most of them for quite awhile," he said.

Glenn says he enjoys spending time on the Board of Directors, as well as the LMH Development Council. Being a part of the community is important to Glenn, who has spent over four decades serving on different boards throughout Licking County. "It's amazing to see what a difference many of these projects we've worked on can make in the community," Glenn said.

In addition to his time spent on the LMH Development Council and the LMHS Board of Directors, Glenn is also President of the Service Corps of Retired Executives (SCORE) and is a member, past president and project coordinator of the Newark Rotary Club, who was recognized last year for the Club's efforts to build a 14,500 square foot playground off Sharon Valley Road.

The Wisconsin native graduated with a Bachelor's degree in Architecture from the first five-year architectural

program at the University of Illinois. Glenn also worked on additional studies at Marquette University, University of Wisconsin and The Ohio State University.

Glenn has been married to Alice Ann, who is a retired school teacher, for the past 52 years. The couple has one daughter, Lori Ann, who now lives in Orlando, Florida. The Licking County residents keep busy by traveling all over the world – their most recent trip to China.

Donors

COMMUNITY CORNERSTONE

Robert and Corinne Dixon
William and Virginia Lavelle
Mrs. Geraldine D. Marston
Mr. and Mrs. John Uible
Mrs. Leota Warrick
Mr. Omar and Dr. Pattye Whisman
Marlene and David Wolfe
Mr. and Mrs. Joe Yee

FOUNDATIONS

State Farm Insurance Foundations

FOUNDERS

Mr. Howard E. LeFevre

GENERAL

Licking County Foundation
Twentieth Century Club
(designated to Kids' Place)

MEMORIAL GIFTS

C. Ann Howard
In memory of Donald Jones

PRIDE CORNERSTONE BRONZE

Tina Roberts
Beverly Wallace

PRIDE CORNERSTONE SILVER

Keith Harris

PRIDE CORNERSTONE GOLD

Cathy Boykin
Debra Davis

WILLIAM SCHAFFNER SOCIETY

John and Amy Bowyer
Lois Folk
Mary B. Reid
Stacy and Trent Snow

Neurologist Joins Licking Memorial



Jason L. Barfield, M.D.

Licking Memorial Health Professionals is pleased to announce the addition of Jason L. Barfield, M.D., to Licking Memorial Neurology. His office is located at 120 McMillen Drive in Newark.

Dr. Barfield received his Medical Degree at Indiana University School of

Medicine in Indianapolis, Indiana. He completed a medical internship at the University of Pittsburgh Medical Center, and then completed a Neurology residency and a fellowship in Neurophysiology at the University of

California at Los Angeles. He earned his Bachelor of Science degree in Psychology with distinction from Indiana University.

Dr. Barfield is a member of the American Academy of Neurology. He is accepting new patients; appointments may be made by calling his office at (740) 348-7950.

Dr. Chennuru Joins LMH Active Medical Staff



Sudhathi Chennuru, M.D.

Licking Memorial Hospital is pleased to announce that Sudhathi Chennuru, M.D., has joined the active medical staff. Dr. Chennuru, who specializes in Medical Oncology/Hematology, has a practice at Hematology Oncology Consultants, Inc., located at 1032 Buckeye Avenue in Newark.

Dr. Chennuru received her Medical Degree at the University of Mysore in Mysore, India. She completed an internship and a residency in Internal Medicine at Wright State University in Dayton, Ohio. She also completed a Hematology/Oncology fellowship at Wright State University. She earned Bachelor degrees in Medicine and Surgery at Mysore University. She is board certified in Internal Medicine.

Plastic Surgeon Joins Licking Memorial



James M. Jeffries III, M.D., F.A.C.S.

Licking Memorial Health Professionals is pleased to announce the addition of Plastic Surgeon James M. Jeffries III, M.D., F.A.C.S. His practice provides a full array of reconstructive and cosmetic surgical services.

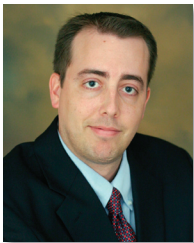
American Society of Plastic Surgeons, the Northeastern Society of Plastic Surgeons and the New Jersey Society of Plastic Surgeons. He has been listed in the Castle and Connolly LTD as one of the Top Doctors in Plastic Surgery in the New York Metro area (2004 – 2006).

Dr. Jeffries received his Medical Degree at the University of Medicine and Dentistry of New Jersey (UMDNJ) in Newark, New Jersey. He completed an internship in General Surgery and residencies in General Surgery and Plastic and Reconstructive Surgery at UMDNJ. He received his board certification from the American Board of Plastic Surgery, and he is a fellow of the American College of Surgeons. Dr. Jeffries maintains memberships in the

Dr. Jeffries volunteered with Healing the Children, a non-profit group that provides services to children at Kinasha National Hospital in Nairobi, Kenya. He has also volunteered with the Philippine American Group of Educators and Surgeons.

Dr. Jeffries' practice, Licking Memorial Reconstructive & Cosmetic Services, is located on the upper level at 1272 West Main St., Building 2, in Newark. Appointments can be made by calling the office at (740) 348-7955.

New Psychiatrist Joins Licking Memorial



Eric M. Layne, M.D.

Licking Memorial Health Professionals is pleased to announce that Psychiatrist Eric M. Layne, M.D., has joined Licking Memorial Outpatient Psychiatric Services – Newark. His practice is located at 200 Messimer Drive in Newark.

Dr. Layne received his Medical Degree at the Wright State University School of Medicine in Dayton, Ohio. He completed a psychiatric residency at The Ohio State University Medical Center in Columbus. He earned a Bachelor of Science degree in Biology at Shawnee State University in Shawnee, Ohio. Dr. Layne is a member of the American Psychiatric Association and the Ohio Psychiatric Association.

New Anesthesiologist at Licking Memorial Hospital



Bradley R. Lewis, M.D.

Licking Memorial Health Professionals is pleased to announce the addition of Bradley R. Lewis, M.D., to Licking Memorial Anesthesiology. Dr. Lewis received his Medical Degree at the Medical University of Ohio in Toledo, Ohio. He completed a transitional internship and a residency in Anesthesiology at Case

Cleveland in Cleveland. He received a Bachelor of Arts degree in Zoology at Miami University in Oxford, Ohio.

Dr. Lewis maintains many professional memberships, including: American Society of Anesthesiologists, Ohio Society of Anesthesiologists, American Medical Association, Society of Ambulatory Anesthesia, Society of Cardiovascular Anesthesiologists, Society for Pediatric Anesthesia, Society for Obstetric Anesthesia and Perinatology, and International Anesthesia Research Society.

Western Reserve University, University Hospitals of

Dr. Mapa Joins LMHP



Maria Heloise C.
Mapa, D.O.

Licking Memorial Health Professionals is pleased to announce that Maria Heloise C. Mapa, D.O., has joined the Licking Memorial Hospital active medical staff, specializing in Palliative Medicine and Internal Medicine.

Dr. Mapa received her Doctor of Osteopathic Medicine Degree at Kansas City University of Medicine and Bioscience, College of Osteopathic Medicine in Kansas City, Missouri. She completed a dual American Osteopathic Association transitional/categorical Internal Medicine internship at

St. Francis Medical Center in Pittsburgh, Pennsylvania. She completed an Internal Medicine residency at University of Pittsburgh Medical Center – Shadyside in Pittsburgh, and a Palliative Medicine fellowship at West Los Angeles Veterans Administration in Los Angeles, California. She received a Bachelor of Arts degree in Biology and Chemistry at New College in Sarasota, Florida. Dr. Mapa is a member of American College of Physicians and the American Academy of Hospice and Palliative Medicine. She is board certified by the American Board of Internal Medicine and by the American Board of Hospice and Palliative Medicine.

New Emergency Medicine Physician at LMH



Nhung S. Pham,
M.D.

Licking Memorial Health Professionals is pleased to announce that Emergency Medicine Physician Nhung S. Pham, M.D., has joined the medical staff at Licking Memorial Hospital. Dr. Pham received her Medical Degree at Wright State University School of Medicine in Dayton, Ohio. She completed a residency in Internal Medicine and Pediatrics at

Metro Health Medical Center in Cleveland. She earned a Bachelor of Science degree in Biology at the University of Notre Dame in South Bend, Indiana.

Dr. Pham is fluent in English and Vietnamese. She is a member of the American College of Physicians, and is board certified in Internal Medicine and Pediatrics.

Dr. Rasheed Joins LMH Active Medical Staff



Husain A.
Rasheed, M.D.

Licking Memorial Hospital is pleased to announce that Husain A. Rasheed, M.D., has joined the active medical staff. Dr. Rasheed, who specializes in Medical Oncology/Hematology, has a practice at Hematology Oncology Consultants, Inc., located at 1032 Buckeye Avenue in Newark.

Dr. Rasheed received his Medical Degree at Jawaharlal Nehru Medical College in Aligarh, India. He completed a residency in Internal Medicine and a fellowship in Medical Oncology/Hematology at the University of Nebraska Medical Center in Omaha, Nebraska. Dr. Rasheed is board certified in Internal Medicine and in Medical Oncology.

Dr. Winterhalter Joins LMH Medical Staff



Jason M.
Winterhalter, M.D.

Licking Memorial Hospital is pleased to announce that Family Medicine Physician Jason M. Winterhalter, M.D., has joined the active medical staff. Dr. Winterhalter's office is located at Cherry Westgate Family Practice, 14 Westgate Drive, N.E., in Newark.

Dr. Winterhalter received his Medical Degree at the University of Toledo College of Medicine in Toledo, Ohio. He completed a Family Medicine internship and residency at Riverside Methodist Hospital in Columbus. He earned a Bachelor of Science degree in Natural Sciences, cum laude, at Xavier University in Cincinnati.

Physician Spotlight: Eric Pacht, M.D.



Eric R. Pacht,
M.D.

Eric Pacht, M.D., almost did not become a doctor. Spending many hours in school working hard at math and chemistry, he wanted to further himself in the hard work and studying to which he had become accustomed. “I wanted to continue my education; so, I followed a few close friends of mine to medical school,” Dr. Pacht said, remembering what an inspiration his best friend had become.

It was that very inspiration that led Dr. Pacht to his residency at The Ohio State University Medical Center and continuing on to join the medical staff and serve for close to 20 years. When it was time for him to consider new career opportunities, Dr. Pacht decided he would like to remain in the area. “I liked the concept of Licking Memorial Health Professionals which involves being part of a large group of physicians with multiple specialties,” Dr. Pacht stated about the opportunity to change locations. “I also like the people here.” He and his wife,

Karen, shared that sentiment, raising their children Ben, 23, and Lora, 21, here in central Ohio.

The people really make the difference to Dr. Pacht, which is why he chose Licking Memorial Health Professionals (LMHP), sharing the organization’s vision to improve the health of the community. Choosing to work for LMHP in 2001, Dr. Pacht found the facilities to be technologically advanced and filled with efficient and organized staff. “Licking Memorial does a great job of taking care of all the patients in the community,” Dr. Pacht said. With the high smoking rate and sedentary lifestyle in Licking County, Dr. Pacht believes this is a good place to be to make a difference in the lives of central Ohioans.

Dr. Pacht received his Medical Degree from the University of Wisconsin after receiving his Bachelor of Arts degree in Chemistry from Lawrence University in Appleton, Wisconsin. Dr. Pacht’s certifications include Pulmonary Disease, Internal Medicine and Critical Care. His office is located at 1272 West Main Street, Building 2, in Newark.

Ask a Doc

Question: I have been coughing up blood and I’ve been experiencing shortness of breath. My doctor is running tests for a possible diagnosis of lung cancer. If I have lung cancer, what can I expect for treatment?

Answer (Eric Pacht, M.D.): If tests show that you have lung cancer, you should talk with your doctor and make treatment decisions as soon as possible. Treatment for lung cancer may be based upon how far the cancer has progressed or spread throughout the body. Treatment will also depend upon the cell type – whether it is small cell or non-small cell cancer. Small cell lung cancer is generally faster growing than non-small cell, but it usually responds to chemotherapy and radiation. Studies show that early treatment leads to better outcomes.

A team of specialists often treats people with cancer, and they will inform your primary physician about your progress. The team may include a medical oncologist who is a specialist in cancer treatment, a radiation oncologist who is a specialist in radiation therapy, and a thoracic surgeon who is a specialist in operating on the lungs. Some lung cancer patients take part in studies

called clinical trials that look at new treatments. These studies find out if a new treatment is as good and safe as the current standard treatments.

Possible lung cancer treatments:

- Surgery is an operation to remove the cancer. Depending on the location of the tumor, the surgeon may remove a small part of the lung, a lobe of the lung or the entire lung.
- Chemotherapy uses drugs to kill cancer cells throughout the body. Doctors use chemotherapy to control cancer growth and relieve symptoms. Anti-cancer drugs can be given by injection; through a catheter, a long thin tube temporarily placed in a large vein; or in pill form.
- Radiation therapy uses high-energy beams to kill cancer cells and shrink tumors. An external machine delivers radiation to a limited area, affecting cancer cells only in that area. Doctors may use radiation before surgery to shrink a tumor or after surgery to destroy any cancer cells remaining in the treated area.
- Photodynamic therapy, a newer technique, is laser therapy that is used in combination with a chemical to

Ask a Doc (continued on page 14)



Community Report Card

Licking Memorial Health Systems

(740) 348-4000 (phone) • www.LMHealth.org



A Community Report on Pneumonia Care

Health Tips

After you've been infected with a pneumonia-causing organism, it takes as little as one to three days or as long as seven to 10 days for symptoms to appear. How severe pneumonia is and how long it lasts depends upon the following:

- Your age and health. Older, sicker people usually have more severe cases, and their pneumonia is more likely to have complications, such as bacteria in the bloodstream (bacteremia) or throughout the body (septicemia).
- Whether bacteria or a virus caused the pneumonia. Viral pneumonia usually is less severe than bacterial pneumonia.
- How quickly you treat it. The sooner you treat pneumonia, the sooner symptoms go away.
- Your immune system. People who have impaired immune systems are more likely to have more severe cases of pneumonia than people who have healthy immune systems.

Patient story: Pneumonia

Lorei Lewis of Newark has raised her two children and also has cared for nearly 40 foster children, tending to scraped knees, upset stomachs, and broken hearts. However, last spring, Lorei found herself needing some special attention. On May 17, 2007, Lorei was admitted to Licking Memorial Hospital (LMH) with a pneumonia diagnosis.



Lorei Lewis plans to receive a flu shot every year to reduce her risk of ever developing pneumonia again.

“When Lorei presented in the Emergency Department (ED) at 6:05 p.m., she was complaining of a low grade temperature and mid-sternal chest burning,” explained Penny Tylka-McCort, Director of Emergency Services at LMH. “She also had difficulty breathing, an accelerated heart rate, nausea, vomiting and diarrhea. First, we completed an EKG on her to rule out the possibility of a heart injury. Then we performed a chest X-ray, which showed a patch of pneumonia in her right lung. After the diagnosis of acute pneumonia was made, we started an intravenous antibiotic infusion at

9:30 p.m., less than four hours from her arrival to the ED.”

“I had been sick for three days. I thought it was a little stomach flu, and I kept waiting for it to go away, but it didn't, Lorei remembered. “Finally, my husband, Anthony, said, ‘Let's go to the hospital.’ I was really dehydrated, but after the Emergency Department staff started to run the IV fluids and gave me medicine for

the nausea, I started feeling better.” From the ED, Lorei was admitted as an inpatient for further care. “They took really good care of me,” she said. “If you have to be a patient, that was one of the best stays I've had in the hospital. The nurses and doctors talked to me, and just did little things that made me realize they really cared about me.”

This was Lorei's second battle with pneumonia – the first was in 2004. “I have allergies, and I have fibromyalgia.

Patient story: Pneumonia (continued on page 13)

Pneumonia Care – How Do We Compare?

At Licking Memorial Hospital (LMH), we take pride in the care we provide. To monitor the quality of that care, we track specific quality measures and compare them to benchmark measures. Then, we publish them so you can draw your own conclusions regarding your health care choices.

- 1** National pneumonia treatment guidelines recommend that one dose of an antibiotic be given to pneumonia patients within six hours of arrival at the hospital. This “door-to-antibiotic time” also includes diagnostic testing.

% of patients receiving antibiotic dose within 6 hours	LMH 2004 92%	LMH 2005 96%	LMH 2006 97%	National⁽¹⁾ 93%
Median door-to-antibiotic time	LMH 2004 150 minutes	LMH 2005 171 minutes	LMH 2006 170 minutes	National⁽¹⁾ 179 minutes

- 2** Best practice in pneumonia care says that a blood culture should be collected before any antibiotics are given to a pneumonia patient to more accurately determine which microorganism is causing the pneumonia.

% of patients receiving blood cultures prior to antibiotics	LMH 2004 84%	LMH 2005 86%	LMH 2006⁽²⁾ 97%	National⁽¹⁾ 90%
---	------------------------	------------------------	--------------------------------------	--------------------------------------

- 3** Hospitalized patients with a condition that puts them at risk for developing complications from pneumonia and/or influenza (flu) should be screened for vaccines while in the hospital and receive a pneumonia and/or influenza vaccine if appropriate. Licking Memorial Health Professionals (LMHP) office patients who are at high risk for these illnesses also are screened and vaccinated as appropriate.

% of high-risk patients screened for the pneumonia vaccine	LMH 2004 70%	LMH 2005 81%	LMH 2006 93%	National⁽¹⁾ 82%
% of pneumonia patients screened for the influenza vaccine	81%	76%	86%	81%
% of physician office patients over 65 years receiving the pneumonia vaccine		LMHP 2005 83%	LMHP 2006 86%	National⁽³⁾ 66%
% of physician office patients over 65 years receiving the influenza vaccine		75%	80%	66%

- 4** Use of standard orders – in which physicians follow the best practice protocols for treating all patients with a particular diagnosis – indicates that patients are receiving consistent care.

% Patients with standard orders used	LMH 2004 76%	LMH 2005 85%	LMH 2006 88%	LMH Goal greater than 90%
--------------------------------------	------------------------	------------------------	------------------------	-------------------------------------

Data Footnotes:

(1) MIDAS comparative database from first quarter 2007 data comparing over 390 organizations.

(2) National data collection changed in January 2006 to focus only on patients arriving through the Emergency Department.

(3) Centers for Disease Control and Prevention Risk Factor Surveillance.

Your Flu Shot Can Help to Protect Those You Love

With winter weather approaching, Licking Memorial Health Systems (LMHS) wants to remind local residents that it is time to receive their immunization for influenza, commonly known as the flu. Even those individuals who received flu shots in 2006 should receive a new inoculation since the influenza virus changes from year to year. Not only could neglecting to update your flu shot endanger your health, but it could also jeopardize the health of those around you, as well.

Influenza is spread from person-to-person, often through coughing or sneezing. The disease can also be spread by touching a surface that has been contaminated by an infected person. The typical incubation period for influenza is from one to four days. Adults can be infectious from the day before symptoms begin until approximately five days after symptoms appear. Young children can remain infectious for 10 days after symptoms first appear.

Influenza illness can range from mild symptoms to severe, even fatal consequences. The Centers for Disease Control and Prevention (CDC) estimates that 36,000 Americans died each year between 1990 to 1999 from influenza complications, and an additional 226,000 hospitalizations were required from 1979 to 2001. The highest rates of serious illness and death occur in those individuals over the age of 65 years, children under the age of 2 years, and those with severely compromised immune systems.

Symptoms of influenza include fever, headache, coughing and sore throat. Children may also exhibit earaches and vomiting. Most healthy individuals will recover from the flu within three to seven days; however, complications such as viral pneumonia can develop, prolonging the recovery process.

The CDC advises that the influenza vaccination is the most effective method for preventing influenza virus infection and its potentially severe complications. "I think people often don't take the risk of infection seriously,"



Kathryn Tyo receives a flu shot from Mary Jane Ehlerman, R.N., during the 2006 LMH Flu Clinic at the Indian Mound Mall.

stated Licking Memorial Health Professionals Family Physician Katrina Verde, M.D. "They may have experienced the flu in the past, and recovered well, so they think the vaccine is not that important. What they need to keep in mind is that others around them may not be so lucky. Unvaccinated individuals could be spreading the virus to older folks or children, who may not fare as well. That's why it is

absolutely imperative for anyone who works closely with others, such as health care professionals or teachers, to get a flu shot early in the season."

In July, the CDC's Advisory Committee on Immunization Practices (ACIP) released new information on who should receive flu vaccinations. The updated recommendations now include anyone over the age of 50 years old – previous guidelines were for those over the age of 65. The new recommendations also re-emphasize the importance of vaccinating children between the ages of 6 months and 8 years.

Dr. Verde pointed out that patients often refuse a flu shot because of their fear of needles. "Their fear is genuine," Dr. Verde explained, "But almost always, the apprehension is much worse than the shot. The needle is so tiny that patients usually tell us that either they did not even feel the shot, or that it was a very minor pinch. In any case, it's certainly less uncomfortable than being in bed with a fever for a couple of days."

Dr. Verde also pointed out another reason that people neglect to get vaccinated. "The most common reason why I see people declining is that they fear getting the flu from the vaccine itself. Unfortunately, at the time of year the vaccine is given, many other respiratory illnesses are prevalent; therefore, people commonly mistake other illnesses as a consequence of the vaccine."

Patients may contact their physician for more information about receiving the flu vaccine. In addition, Licking Memorial Hospital (LMH) is offering a walk-in flu vaccine clinic at the Indian Mound Mall, across from

Your Flu Shot Can Help to Protect Those You Love (continued on page 13)

Kitchen Collection. The flu clinic is open from 8:00 a.m. to 4 p.m. on Tuesdays and Wednesdays, from October 16 to November 28.

The LMH 2007 Flu Clinic is open to the public, for adults age 18 years and older. Parents of children needing flu vaccines should contact their family practitioner or pediatrician. You may not be eligible for a flu vaccine if

you are allergic to eggs, are very ill with a high fever or have had a severe reaction to a flu vaccine in the past. The cost is \$20, or present a Licking Memorial Health Plan, Medicaid or Medicare insurance card. A vaccine shortage is not anticipated this year. Call (740) 348-7091 for a recorded message providing more information about the LMH Flu Clinic.

Patient story: Pneumonia (continued from page 10)

The doctors told me that any chronic condition makes you more susceptible to pneumonia or flu.” The medical staff made sure she received a pneumonia immunization before she left the Hospital.

Lorei is also very happy with the follow-up care she received from her family physician, Colleen Smith, M.D., of Licking Memorial Family Practice – Pataskala. “Dr. Smith is an excellent physician,” Lorei said. “After I was dismissed from the Hospital, she took x-rays until I was finally cleared at the beginning of July.”

There are a lot of people who are depending on Lorei to stay healthy. In addition to her son, Aundre, who lives in Long Beach, California; her daughter, Denise, who is moving to Newark; seven grandchildren; and her current two foster children; Lorei’s family is rounded out by her husband, Anthony. The couple are newlyweds, married on June 9, 2006. “When I lived in Compton, California, Anthony lived next door, so I’ve known him for 50-some years,” she explained. “He moved away, but we kept in

touch now and then. Several years ago, he suggested that I should come to Newark where he lived, and I did.”

In 2004, Lorei and Anthony opened up their home to the first of what would become dozens of teenage foster children. “It’s been rewarding,” she said. “We had this big house with just Anthony and me, and there are so many kids who need a home. We decided to try to help as many as we could. We’ve had up to five kids at a time. A lot of good kids have come out of here, and some went on to college. Once in a while, one of the kids will come by to say ‘thank you’ for how we helped them. That makes me feel like I made a difference in their lives.”

Lorei said she feels great now that she’s recovered from her bout with pneumonia. Even though she has always been careful about receiving an annual flu vaccine, she now plans to keep a pneumonia immunization up to date, every five years as recommended. There are too many people depending on her to let a preventable illness get in the way.

Antibiotics Need to Come After Blood Cultures for Pneumonia Diagnoses



Terrill Burnworth,
D.O.

When a patient arrives at Licking Memorial Hospital’s Emergency Room with symptoms that include fever, chest pain, fatigue, shortness of breath and coughing, the emergency medicine physicians may consider a form of pneumonia to be the cause. In the case of bacterial pneumonia, an aggressive protocol of antibiotics is the prescribed treatment. However, it is important for blood testing to be completed before any antibiotics are given to make sure the drugs do not interfere with the test results.

“We have two standards that we strive to achieve at Licking Memorial. The first is to have the pneumonia patient’s “door-to-antibiotic” phase of treatment completed within six hours,” explained Emergency Medicine Physician Terrill Burnworth, D.O. “And the second standard is to have the blood cultures drawn before an antibiotic is given. We’ve always been good about meeting those standards, and now we’re even better. With the setup of our new emergency facilities in the John & Mary Alford Pavilion, we have everything we need close at hand. When we first suspect a patient may have pneumonia, the nursing staff alerts Radiology to prepare for a chest X-Ray. The ED physician then orders any additional testing that may be required to make an

accurate diagnosis. The nurses' instinct, training and critical thinking are important components of making those standards possible."

"One complication we run into from time to time is that a patient has already tried to self-medicate before coming to the Emergency Room," Dr. Burnworth continued. "That is never advisable. First off, the antibiotics in their medicine cabinets at home may be outdated and ineffective, if not dangerous. Secondly, any antibiotic from a previous illness should have been used up entirely. And thirdly, the self-dosed antibiotics can skew our test results, causing

a severe delay in proper treatment and recovery. When people try to self-treat their pneumonia symptoms, they are sabotaging their own care."

There are basically two types of pneumonia, bacterial and viral. Although bacterial pneumonia usually responds well to antibiotic treatment, viral pneumonia can be treated only symptomatically. Increased risk factors for developing pneumonia include cigarette smoking, having a suppressed immune system, a previous pneumonia diagnosis, or exposure to another pneumonia patient.

LMHS Honors Retirees with Dinner

More than 80 Licking Memorial Health Systems (LMHS) retirees gathered at Licking Memorial Hospital (LMH) on July 18 to share dinner with former coworkers and to reminisce about their days of caring for the community. LMHS, with more than 1,500 full- and part-time employees, is one of the largest employers in Licking County. Employees find that in addition to working in a field they love, LMHS provides an attractive workplace through benefits and programs, and continues that culture into their retirement years.



Licking Memorial retirees gathered at a recent dinner to catch up and reminisce about old times.

"We have many retirees who eagerly look forward to our gatherings," explained Anne Peterson, Vice President of Human Resources and Support Services. "They formed close friendships while they worked at Licking Memorial. We're honored to provide them with an opportunity to stay involved in each other's lives. These dinners also give us the chance to thank them again for their years of dedication."

In addition to special lunches and dinners throughout the year, LMHS retirees are kept up-to-date on Health Systems issues through the employee newsletter, and are invited to participate in events and educational programs. To learn more about employment opportunities and benefits at LMHS, login to www.LMHealth.org and click on the Careers tab.

Ask a Doc (continued from page 9)

kill cancer cells. Doctors may use it to reduce symptoms of lung cancer, such as bleeding, or to treat very small tumors.

If you currently smoke, you should consider quitting smoking. Using tobacco products has been shown to cause cancer. In fact, smoking tobacco, using smokeless tobacco, and being exposed regularly to secondhand tobacco smoke are responsible for a large number of cancer deaths in the U.S. each year. Cigarette smoking is the number one cause of lung cancer. The risk of dying from lung cancer is 23 times higher for men who smoke and 13 times higher for women who smoke than for people who have never smoked. Lung cancer can

affect young and old alike.

Stopping smoking greatly reduces your risk for developing lung cancer. After you stop, your risk levels off. Ten years after the last cigarette, the risk of dying from lung cancer drops by 50 percent – which does not mean, however, that risk is eliminated. Smoking cigars and pipes also puts you at risk for lung cancer. The likelihood that a smoker will develop lung cancer is related to the age when smoking began; how long the person smoked; the number of cigarettes, pipes, or cigars smoked per day; and how deeply the smoker inhaled.

Ask a Doc (continued on page 15)

Dr. Walther Retires After More Than 20 Years of Service

Community members, patients, friends and family came from all over to thank a physician who has been in the community for decades. After 22 years of service, people came to honor Dr. John Walther Jr., for his patient care and dedication. Joined by his wife, Audrey, Dr. Walther spent time chatting with patients, fellow physicians and many other guests who arrived to show their appreciation.



Dr. John Walther Jr. received a large quilt created by members of his staff. Each square featured a different necktie pattern, assembled in honor of the interesting and colorful ties Dr. Walther has worn throughout the years.

Licking Memorial Health Systems President and Chief Executive Officer Rob Montagnese was on hand to thank Dr. Walther for the time he has spent with Licking Memorial Health Professionals. “Words cannot express how much we appreciate the time, dedication and care Dr. Walther has given to his patients for the past 22 years,” he said. “We wish him the best in his retirement and will miss his presence within the organization.”

“I just want to thank everyone for coming and celebrating this with me,” Dr. Walther said during an emotional speech. He spent a few moments sharing memories of working with the patients, staff and physicians, bringing laughter to the group while reflecting on his career. Dr. Walther’s staff pieced together their well-wishes in the form of a handmade quilt – each square featuring a different necktie. The physician began wearing cartoon neckties for his younger patients, and the trend for unique ties grew from there.

Dr. Walther estimates there are 300 to 400 ties in his collection.

Sharing in the celebration, many coworkers and former office mates of Dr. Walther joined in commemorating the 20th anniversary of the Licking Memorial Family Practice – East, which opened its doors to the public in 1987. Nurse Practitioner Joan Crumrine was just one of Dr. Walther’s coworkers on hand for the celebration. “He’s been such an asset to this community, to his patients and their family members,” Joan said. “Even though his patients and his staff will miss him, it is still easy to see the impact he’s had on Licking County, which makes this tough transition a little bit easier on many of us.”

Although Dr. Walther has retired, Licking Memorial continues its two-decade tradition of caring for the community at Licking Memorial Family Practice – East, located at 399 East Main Street in Newark. Katrina Timson, M.D., and Joan Crumrine, C.N.P., care for children, adolescents and adults in their family medicine practice. Also, Diane LeMay, M.D., and Leslie Dieterich, C.N.P, continue their pediatric practice for infants, children and adolescents at the same location.

Ask a Doc (continued from page 14)

It is hard to stop smoking, but if you are a tobacco user, you can quit! Every year, smokers across the nation take part in the American Cancer Society’s Great American Smokeout® by smoking less or quitting for the day on the third Thursday of November – November 15, 2007. The event challenges people to stop using tobacco and raises awareness of the many effective ways to quit for good.

Licking Memorial Health Systems (LMHS) offers free help to those looking to quit smoking. Smoking cessation counselors are available to format a personalized program to help you break the habit. Participants are encouraged to quit with counseling and provided nicotine replacements. Funded by the Ohio Tobacco Prevention Foundation, the smoking cessation program at LMHS is open to anyone who would like help. For more information or to make an appointment with a counselor, call (740) 348-4922.

Retiree Spotlight: Carole Corbin



Carole Corbin

Carole Corbin has spent 33 years working for Licking Memorial Hospital (LMH) with the past five as a casual employee who works as needed. After Carole's retirement, she chose to continue on with LMH because of her love of the job and the organization. "It's an excellent place to work," Carole said.

A member of the first graduating class at Central Ohio Technical College (COTC), Carole was offered a position with LMH right after graduation and has never left. Throughout the years, she has worked in many departments, and she says her best memories are the 10 years she spent in the Emergency Department. Currently, Carole spends one or two days each week in the Endoscopy Diagnostic Lab, Outpatient Surgery and the LMH Flu Clinic.

"Nursing is my love in life – along with my family," Carole said. Those two passions combined when Carole's daughter, Patty Friend, got a job with LMH more than 20 years ago. Patty currently works in Intensive Care. Carole and her husband, who passed away 18 years ago, had four children: Gary, who lives in Michigan with his family; Patty, who lives nearby in Hanover; Diana Maharg, who also lives in Hanover and Greg, who lives in Newark with his family. Her large family includes nine grandchildren and one great-grandchild.

"I think LMH is like a family," Carole said. "It gives you the opportunity to expand if you want. The organization is professional and caring." Carole believes her time working at LMH has been well worth it, which is why she continues to do so even after retiring. Carole uses her spare time to travel the world, visiting places like Hawaii, Australia, Europe and Alaska. Carole's favorite trips were to Fiji and New Zealand.

Volunteer Spotlight: Ethel "Becki" Becker

Volunteering is all about a love for people and a desire to help others, according to Becki Becker. She was employed for 21 years as an aide for Licking Memorial Hospital (LMH) and decided long ago that it is a place she just cannot do without. Although Becki is retired, she is still a fixture at LMH, working as a volunteer twice a week in both the Wound Clinic and the Outpatient Surgery Department.



LMH Volunteer Becki Becker (middle) shares a moment with surgery unit clerks Katrina Shepherd (left) and Cleyta Eggiman (right).

Becki missed the people and the atmosphere at LMH after she retired and decided to come back. "If I could, I'd work here again," Becki said. "Everyone is so nice!" The feeling is mutual with LMH team members and coworkers singing her praises, describing her as a jovial woman who is willing to do anything asked of her. "Becki's positive and refreshing attitude hasn't changed at all during the transition from employee to volunteer," said Carol Barnes, Director of Volunteers, TWIGS and Events. "Her past experience is a great asset to the Volunteer Program. She adds laughter and a sense of camaraderie to any department in which she spends time."

When Becki is not volunteering, she keeps busy by staying active with the Maple Avenue Christian Union Church in Newark. She also belongs to the Silver Club, a group that makes greeting cards, crochets and meets for fun activities. "I'm a people person," Becki said, mentioning that she likes to stay busy throughout the week. She also makes a point to meet with friends for a quick breakfast or a group lunch every once in a while.

Family is important to Becki as well. The Newark resident was widowed five years ago after spending 55 years of marriage with Joe Becker. They have two children, Mary Lou and Pete. With three grandchildren and four great-grandchildren to dote on, spending time with family keeps Becki busy. She also spends quite a bit of time with a family from her church that holds a very special place in her heart. Becki considers Debbie and Darryl her children as well. The couple shares that bond with their daughter, Kaitlin, who calls Becki "Grandma."

Volunteer Spotlight: Ethel "Becki" Becker (continued on page 17)

Licking Memorial Health Systems' commitment to quality care is well known in the community and across the state. This recognition would be more difficult to achieve without the unwavering support and dedication of the outstanding volunteers.

If you are interested in volunteering your time and talents at Licking Memorial, call Carol Barnes, Director of Volunteers, TWIGS and Events at (740) 348-4079.

Licking Memorial Welcomes New Education Manager, Debra Davis



Debra Davis, R.N.

Licking Memorial Health Systems is proud to announce the appointment of Debra Davis, R.N., as the new manager for the Education Department. She and her team are responsible for new employee training, ongoing education for current staff, as well as education programs for the community.

After graduating from West High School, Debra received her diploma in nursing at Mount Carmel School of Nursing and her Bachelor's degree at Capital University in Columbus. Debra has also completed graduate level

coursework with University of Maryland in long distance education. She is currently a member of the National Honor Society for Nursing, Sigma Theta Tau.

The Columbus native currently lives in Johnstown and has been a Licking County resident for the past 19 years. Debra and her husband, Mark, have three children; Nicole Steigerwald, 23, Alan, 19 and Benjamin, 17. When she is not busy spending time with her family, Debra spends her time as a member of the Central Ohio Diabetes Association youth committee and is active in her church.

Employee Spotlight: Kim Frick



Kim Frick, R.N.

Kim Frick, R.N., has been an employee at Licking Memorial Hospital (LMH) for 28 years. She is a project coordinator for Nursing Administration; however, that is not the only role Kim has taken on at LMH. She began as a volunteer long before she became an employee. Kim has worked only at LMH, and she plans

to keep it that way. "Everything I've ever wanted or needed in a job, I've found right here," she said.

Starting out as a unit clerk, Kim has worked her way up the ladder. She spent six years as a nurse in the Critical Care Unit and another 14 years in Surgery. After volunteering as a part-time health instructor for third graders, a few people took notice of Kim's education skills, and she moved on to the Education Department. However, it was Kim's enthusiasm and knowledge for nursing that brought her to the Nursing Administration Department.

The flexibility for employees at LMH has allowed Kim to try new things and work in different environments, all the while staying with an organization that cares about

the community. "I know I impact the quality of patient care through the job I do," Kim said. "We are all working toward the mission of Licking Memorial Health Systems (LMHS), which is to improve the health of the community."

Kim's work seems to speak for itself. She has taken on multiple projects to make patient documentation easier and continues to dive into even more tasks with enthusiasm. "Kim has been instrumental in the success of the barcode medication administration projects and she continues to work toward more efficiency with nursing documentation," said Debbie Young, Vice President of Patient Care Services.

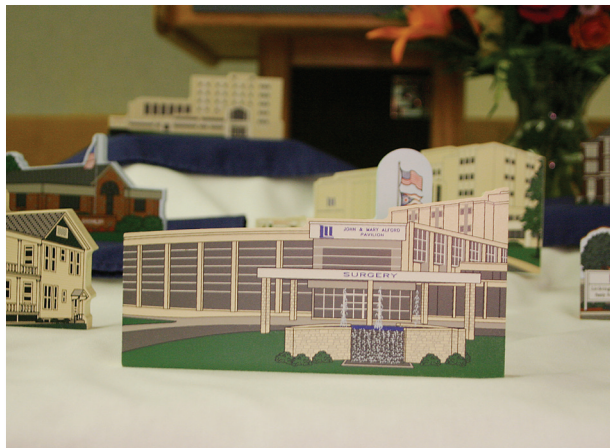
Kim's everyday positive attitude and hard work earned her a Licking Memorial MVP award in 2006 for her consistent demonstration of organization values such as communication, attitude, respect and excellence. She was thrilled to be selected for the MVP award because it made her happy to know LMHS values her as an employee. Kim's work ethic comes from her desire to take care of her own community. "I really like seeing the impact my job makes," she said.

The passion Kim has for her position at LMHS runs in the family. Her sons – Michael, Andy, and Jared – have all worked for LMHS at one time or another. In fact, Kim met her husband, John, when they were both working at

the Hospital. She and her family live in Newark. When Kim isn't busy at work, she is very active in her church, loves to read and spoil her dogs.

LMHS Thanks Community Donors at Reception (continued from page 3)

“The services we are able to provide because of the commitment by all of you bring us to the forefront in technology, quality, patient safety and customer service,” LMHS President and Chief Executive Officer Rob Montagnese commended. “Your dollars enable us to continue to provide high quality medical care to our community. All unrestricted donations and new commitments that we are currently receiving are being directed to the John & Mary Alford Pavilion. The amenities that we were able to include in



The LMHS Main Street Collection now includes a replica of the John & Mary Alford Pavilion in addition to the other nine pieces that are awarded to donors to mark \$500 milestones in their contributions.

the Pavilion's construction provide a caring environment for our patients, guests and employees. I am humbled and proud of our accomplishments.”

Donations to LMHS enable the Hospital to provide for capital needs, services and programs that may otherwise go unfunded. Donations are not used for general operating expenses. To learn more about making financial contributions to Licking Memorial, please call (740) 348-4109.

LMHS Night at Babe Ruth World Series (continued from page 4)

an official engraved replica of New York Yankee Babe Ruth's 1935 bat.

As a Babe Ruth World Series event sponsor, LMHS staffed the ticket booth, distributed goody bags, provided physician assistance through all games and staffed the concession stand. In addition, LMHS employees and volunteers sold 50/50 tickets. The proceeds were given to Big Brothers/Big Sisters of Licking County to support their programs.



Licking Memorial Health Systems President and Chief Executive Officer Rob Montagnese accepted an authentic Babe Ruth commemorative bat from Babe Ruth League President and Chief Executive Officer Steven M. Tellefsen.

FLU CLINIC

Have you received your flu shot this season?

The 2007 LMH Flu Clinic has an ample supply of vaccine.

Licking County residents 18 years of age and older are invited to attend the clinic.

Parents of children needing flu vaccines should contact their pediatrician.

When

8:00 a.m. to 4:00 p.m.

Tuesdays and Wednesdays —
beginning October 16 through
November 28.

Where

Located near Entrance B, by Goody's, at
the Indian Mound Mall in Heath.

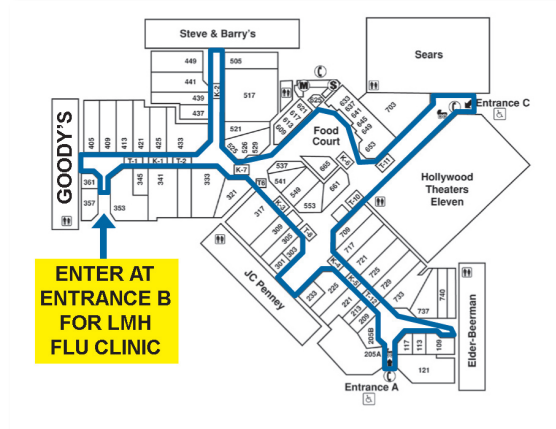


Cost

\$20, or present Medicare, Medicaid card
or Licking Memorial Health Plan card.

For More Information

Call (740) 348-7091 for a recorded
message about the Licking Memorial
Hospital Flu Clinic.



Licking Memorial Hospital



1998, 1999, 2000, 2001,
2002, 2003, 2005, 2006

1320 West Main Street • Newark, OH 43055

(740) 348-4000 • www.LMHealth.org

For more information about any LMHS event, please call (740) 348-1572, or visit www.LMHealth.org

Joint Replacement Education Program

Date: Thursday, November 8, 2007

Time: 6:00 p.m.

Location: LMH Conference Rooms A and B, First Floor

Speaker: Orthopedist Brad Bernacki, M.D.

Registration is required. Please call (740) 348-1434.

First Impressions – Maternal Child Classes

Childbirth Education Classes

Stork Tour

Infant and Child CPR

Parenting Class

Maternity Tour

Breast-feeding Class

Sibling Preparation Class

For more information or to register for First Impressions/Maternal Child classes, call (740) 348-4346 or e-mail firstimpressions@LMHealth.org.

Diabetes Self-Management Classes

Tuesday Class

9:00 to 11:00 a.m.

Licking Memorial Health Systems, 1865 Tamarack Road, Newark

Wednesday Classes

1:00 to 3:00 p.m. or 7:00 to 9:00 p.m.

Licking Memorial Health Systems, 1865 Tamarack Road, Newark

Diabetes Self-Management Training is a series of four classes providing information on all aspects of diabetes. Instructors include registered nurses, dietitians and a pharmacist who have received extensive training in diabetes management.

Registration and physician referral required. To register for the classes, call (740) 348-4722. For information regarding course fees, call (740) 348-4910. Fees vary depending on insurance coverage.



Licking Memorial
Health Systems

1320 West Main Street
Newark, OH 43055

Please take a few minutes to read
this month's **Community Connection**.

You'll once again see why
Licking Memorial Health Systems is
measurably different... for your health!
Visit us at www.LMHealth.org

A publication of the LMHS Public Relations
Department at (740) 348-1572. Please contact
the Public Relations Department to receive
future mailings.

The articles contained in this publication
should not be considered specific medical
advice, as each individual circumstance is
different. Should you need medical advice,
consult your physician. Entire publication
copyrighted 2007 Licking Memorial
Health Systems. All rights reserved.

Non-Profit Org.

U.S. Postage

PAID

Columbus, Ohio

Permit No. 8757