

Care Gram

Hysterosalpingogram

Your doctor has ordered a hysterosalpingogram. A hysterosalpingogram is a type of X-ray, which allows your doctor to see inside your uterus and fallopian tubes. This test checks to see if your fallopian tubes are blocked. Blockage can be caused by infection, a tumor, internal scarring, or kinking of the tube.

A radiologist will perform the test in the Radiology Department. A radiologist is a medical doctor specializing in diagnosis by X-ray. A radiographer will assist the doctor.

Allowing Time

The test can take up to one hour. Please report to the Registration area 20 minutes before the test is scheduled.

Before the Test

Tell your doctor if you have an allergy to X-ray dye. Schedule this test 7 to 10 days from the onset of your menstrual period. Your period must be completed with no spotting. There are no dietary restrictions before this test.

During the Test

- You will be asked to change into a hospital gown.
- You will be asked to go to the bathroom to empty your bladder.
- The doctor will explain the test to you and have you sign a consent form.
- You will need to lie on an X-ray table in a position similar to that of a pelvic exam.
- The vaginal area will be cleansed with betadine.
- A vaginal speculum (the same as what is used for a pap test) will be inserted into the vagina.
- The radiologist will use X-ray to locate the cervix. A small catheter is then placed into the cervix and X-ray dye is injected.
- X-ray pictures will be taken throughout this test.
- You may experience mild to moderate discomfort or cramps similar to menstrual cramps during the test.

After the Test

- You may resume normal activities after this test.
- A vaginal discharge (may include blood) may be present 1 to 2 days after the test – use a pad, no tampons.
- Many times cramping similar to menstrual cramps may occur after the test.
- Dizziness may occur.
- Call your doctor if you have increased pain, vaginal discharge for more than 3 days, or if you develop a fever.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



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