

# Care Gram

## Hysterosalpingogram

Your doctor has ordered a hysterosalpingogram. A hysterosalpingogram is a type of X-ray which allows your doctor to see inside your uterus and fallopian tubes. This test checks to see if your fallopian tubes are blocked. Blockage can be caused by infection, a tumor, internal scarring or kinking of the tube.

This test is done in the Radiology Department by a radiologist. A radiologist is a medical doctor specializing in diagnosis by X-ray. A radiographer will assist the doctor.

### **Allowing Time**

The test can take up to one hour. Please report to the Radiology Department front desk for registration 20 minutes before the test is scheduled.

### **Before the Test**

Tell your doctor if you have an allergy to X-ray dye. Schedule this test 7 to 10 days from the onset of your menstrual period. Your period must be completed with no spotting. There are no dietary restrictions before this test.

### **During the Test**

- You will be asked to change into a hospital gown.
- You will be asked to go to the bathroom to empty your bladder.
- The doctor will explain the test to you and have you sign a consent form.
- You will need to lie on a hard X-ray table in a position similar to that of a pelvic exam.
- The vaginal area will be cleansed with betadine.
- A vaginal speculum (the same as what is used for a pap test) will be inserted into the vagina.
- The radiologist will use X-ray to locate the cervix. A small catheter is then placed into the cervix and X-ray dye is injected.
- X-ray pictures will be taken throughout this test.
- You may experience mild to moderate discomfort or cramps similar to menstrual cramps during the test.

### **After the Test**

- You may resume normal activities after this test.
- A vaginal discharge (may include blood) may be present 1 to 2 days after the test – use a pad, no tampons.
- Many times cramping similar to menstrual cramps may occur after the test.
- Dizziness may occur.
- Call your doctor for increased pain, vaginal discharge for more than 3 days or if you develop a fever.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



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