

# CARDIOLOGY & CARDIOTHORACIC SURGERY CASE STUDIES

Steven Duff, MD

Hassan Rajjoub, MD

- ▶ Identify inclusion and exclusion criteria for TAVR Candidacy.
- ▶ Understand exclusion for CABG in patients with previous pneumonectomy.
- ▶ Evaluate clinical picture for urgency for CABG.
- ▶ Review diagnosis, preoperative work up, surgery and post operative care for AVR.

## OBJECTIVES

- ▶ 80 yr old male admitted Licking with DOE, increasing prior 3 weeks
  - ▶ ECG – NSR poss old septal infarct, nonspecific T-wave abnormality
  - ▶ Troponin I - 2616, 2418, 2776
  - ▶ Echo – Reduced EF of 25%
- ▶ PMH: Left pneumonectomy, prostate cancer with radiation, HTN, CVA with no residual – Daily Plavix

L. J.

11-19-1938

- LEFT HEART CATHETERIZATION  
TRIPLE VESSEL DISEASE – EF  
TRANSFER TO RMH

- ▶ Chest CT: left mediastinal shift with cardiac structures adherent to lateral chest wall
  - ▶ Making exposure and cannulation difficult
- ▶ Poor pulmonary function: FEV1: 1L
- ▶ STS risk: > 6

## WORK-UP

CT CHEST



- ▶ Referred for high risk PCI to LAD & OBM

## PROCEDURE

- ▶ 48 yr old male w/ no significant PMH, had not seen a doctor in several years, admitted to Licking after syncopal episode at work
  - ▶ ECG - SR w/ incomplete RBBB
  - ▶ Troponin I - 16, 36, 51
  - ▶ Echo - Bicuspid aortic valve with severe stenosis with mean gradient 42 mm/Hg EF – 62%
- ▶ Taken to cath lab to define his coronary anatomy

J. A.  
4-15-71



# LEFT HEART CATHETERIZATION

LM – NO DISEASE

LAD, CIRC, RCA – MINOR IRREGULARITIES

TRANSFER TO RMH

- ▶ Received Plavix load prior to catheterization; need for wash out
- ▶ Mandible x-rays with dental caries and referred to oral surgeon
- ▶ Required 4 extractions
- ▶ Discharged home to heal and plans to readmit for AVR

WORK UP

MANDIBULAR X-RAY



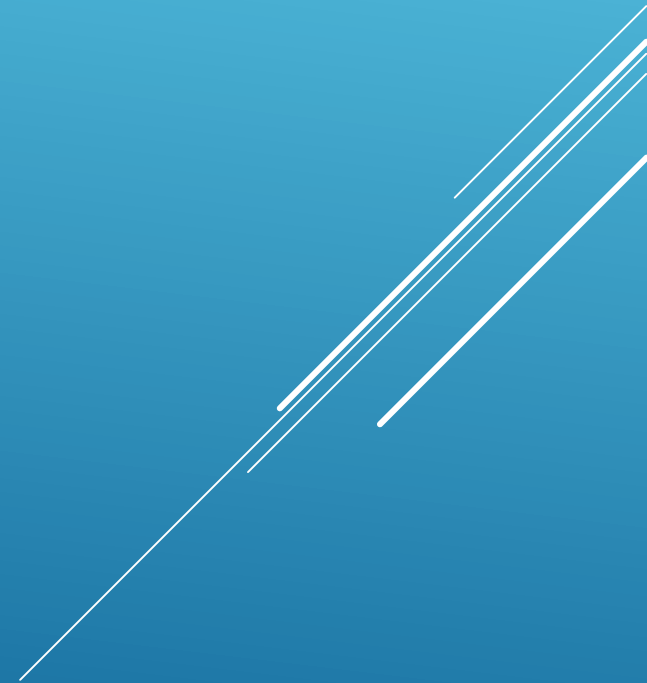
- ▶ Pericardial AVR
- ▶ Month Follow-Up
  - ▶ Doing well
  - ▶ Repeat TTE: mean gradient 5

## PROCEDURE

- ▶ 75 yr old female presents to ED with 4-5 day hx of intermittent chest pain, worse on day of admission
  - ▶ PMH: breast lumpectomy with axillary node dissection and radiation in 2014, HTN, Dyslipidemia, newly diagnosed AF RVR this admission
  - ▶ ECG – NSR w/ non-specific changes
  - ▶ Troponin I – 1300, 1375
  - ▶ Decision made to emergently take her to cath lab, Brilinta given

J. T.  
5-16-1943

LEFT HEART CATHETERIZATION  
TRIPLE VESSEL DISEASE  
TRANSFER TO RMH



- ▶ Received to RMH around midnight
- ▶ Ongoing chest pain and taken to catheterization lab for IABP

## WORK-UP

- ▶ Urgent CABG
- ▶ Month Follow up
  - ▶ Doing well

# PROCEDURE



- ▶ 56 yr old female admitted w/ c/o chest pain. PMH includes CAD w/ PCI to RCA in 2013, HTN, hyperlipidemia, former smoker, and GERD.
  - ▶ ECG – NSR, inferior infarct age undetermined, no ischemic changes
  - ▶ Troponin I – negative X3
  - ▶ Lexiscan 2 months prior showed no evidence of ischemia

B. G.  
1-1-63

NUCLEAR SCAN



LEFT HEART CATHETERIZATION  
EXTENSIVE CAD  
TRANSFER TO RMH



- ▶ 31 yr old male w/ 4 day history of nausea, HA, lightheadedness, subjective fever, diaphoresis, dry cough. Significant leukocytosis of 25.7K w/ left shift and history of polysubstance abuse of IV methamphetamines along with smoking.
  - ▶ Echo – Mod aortic valve regurgitation. Aortic valve vegetation, non-rheumatic tricuspid valve with mod regurgitation, RVSP 30mmHg. Tricuspid valve vegetation.

T. T.  
7-24-87

ECHO  
TRANSFERRED TO GRANT



TAVR



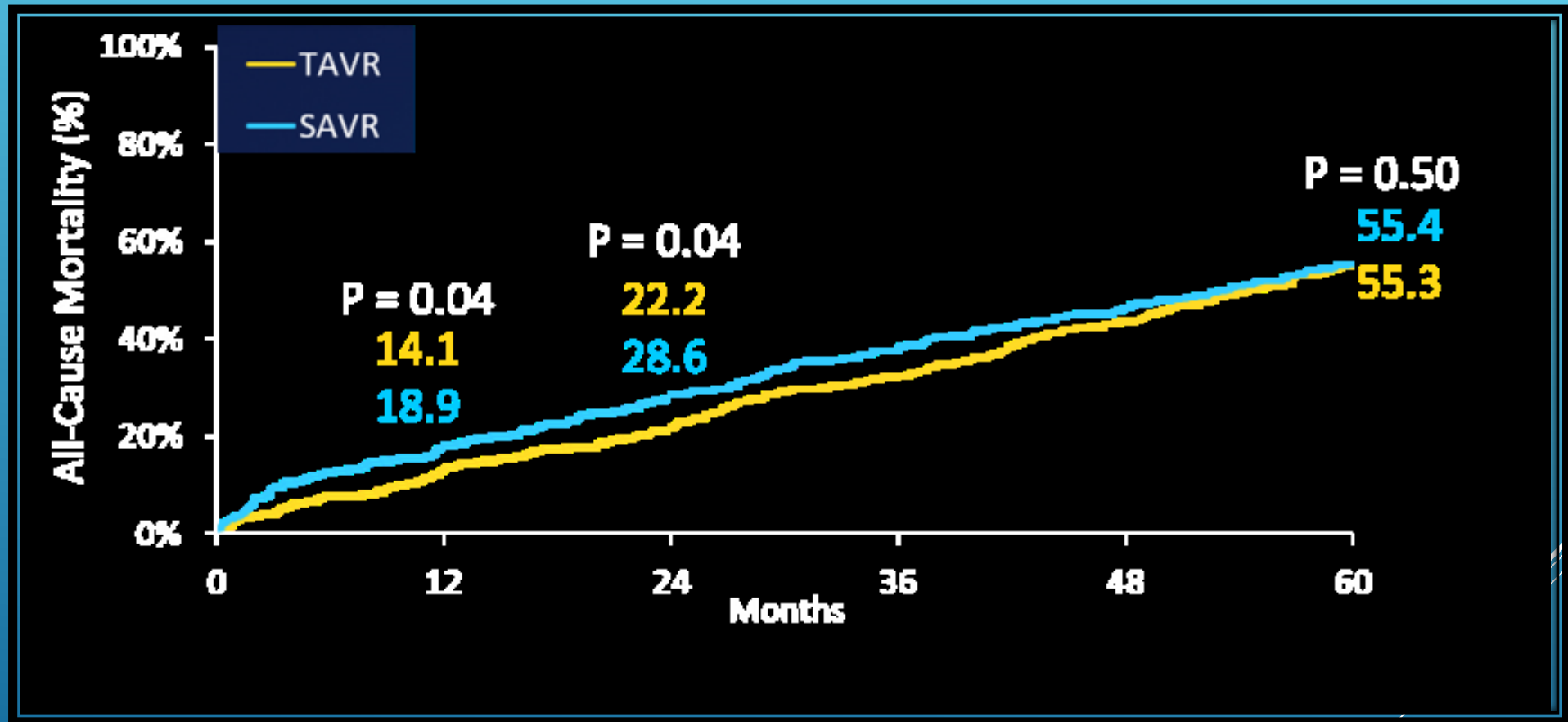
Michael J. Reardon, MD, FACC

Houston Methodist DeBakey Heart & Vascular Institute, Houston, TX

For the Evolut Low Risk Trial Investigators

# PRIMARY RESULTS FROM THE EVOLUT LOW RISK TRIAL

- We performed a series of randomized controlled trials in patients with severe aortic stenosis across a spectrum of surgical risk.
- In high-risk patients, TAVR was superior to SAVR for the primary endpoint to 2 years<sup>1</sup> and similar at

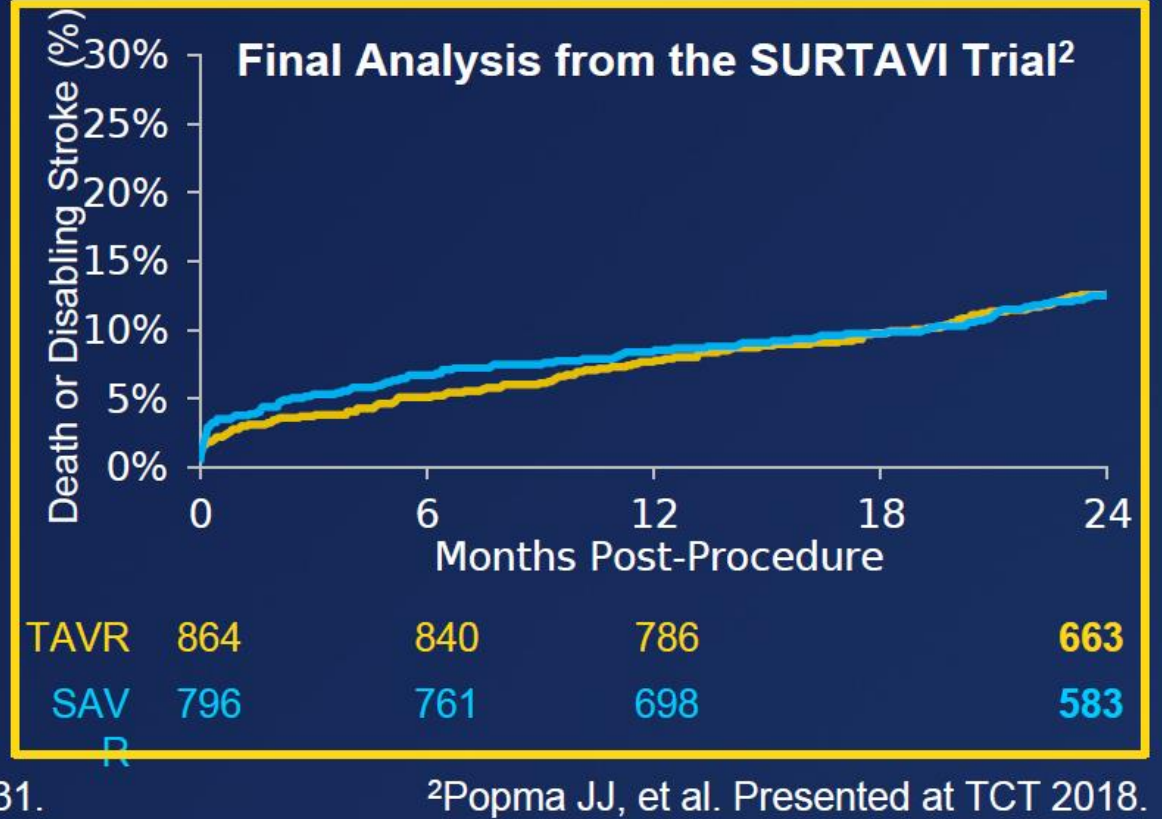
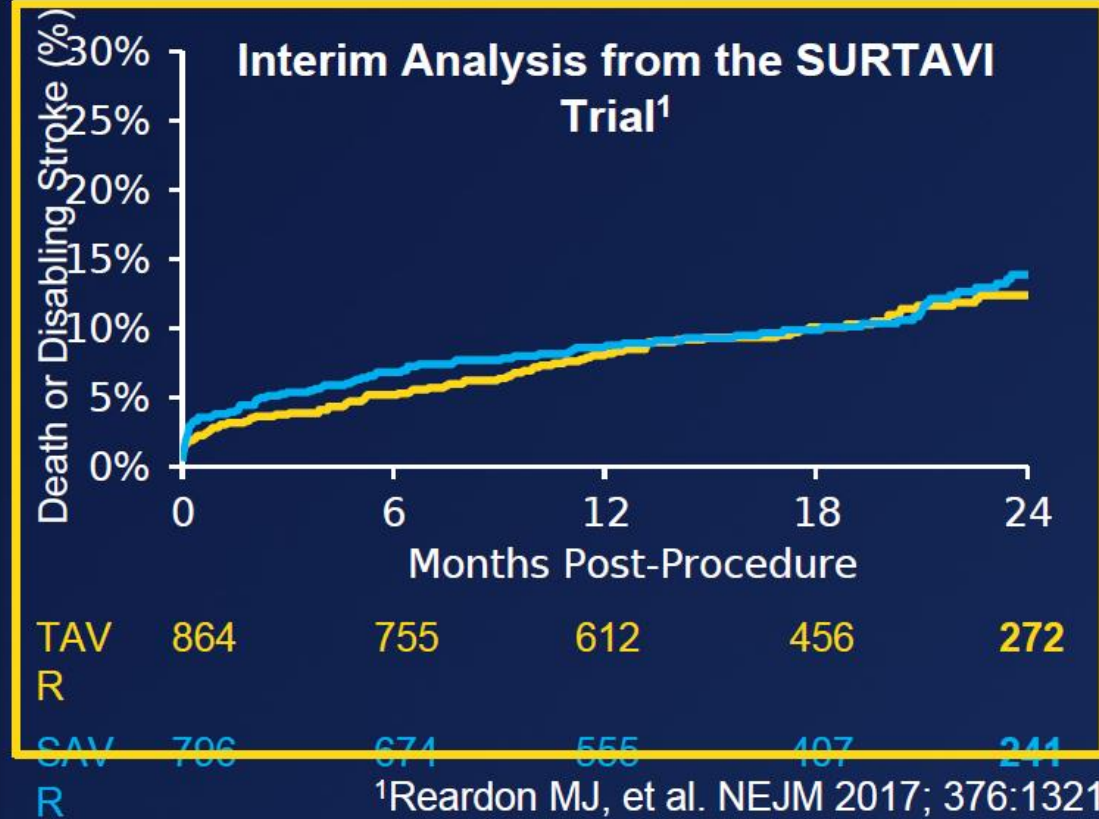


<sup>1</sup>Reardon et al. J Am Coll Cardiol 2015; 66: 113-21; <sup>2</sup>Gleason, et al. J Am Coll Cardiol 2018; 72:

## BACKGROUND



- The SURTAVI intermediate risk trial showed noninferiority at interim analysis.
- The final analysis of the SURTAVI Trial confirmed the early Bayesian results, showing TAVR noninferior to SAVR.



## BACKGROUND

*To assess the safety and efficacy of TAVR with the Evolut self-expanding supra-annular valve compared with surgical AVR in patients with a low predicted risk of 30-day surgical mortality.*

**OBJECTIVE**

Principal Investigators: Jeffrey Popma, Michael Reardon

Executive Committee: Jeffrey Popma, Michael Reardon, G. Michael Deeb, Steven Yakubov

Steering Committee: David Adams, Stan Chetcuti, G. Michael Deeb, John Forrest, Thomas Gleason, John Heiser, William Mehri, Mubashir Mumtaz, Daniel O'Hair, Nicolo Piazza, Joshua Rovin, Michael Reardon, Paul Sorajja, Didier Tchéché, Paul Teirstein, Antony Walton, Steven Yakubov, George Zorn III

Screening Committee: G. Michael Deeb (Chair), Thomas Gleason, Jeffrey Popma, Michael Reardon, Steven Yakubov

Echo Core Laboratory: Jae Oh, Mayo Clinic, Rochester, MN

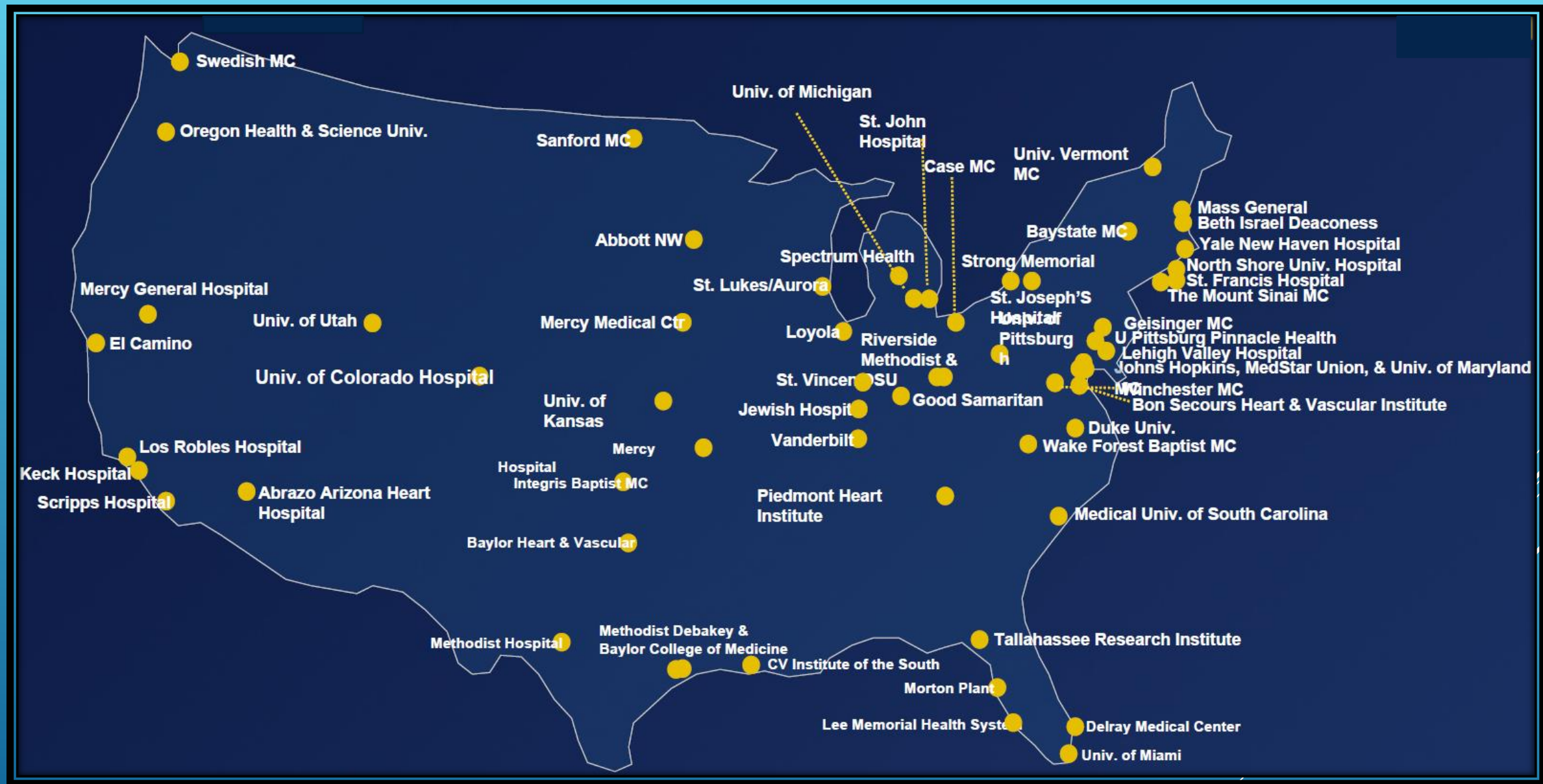
Data & Safety Monitoring Board: Baim Institute for Clinical Research; David Faxon (Chair), William Holman, John Lopez, Scott Kasner, John Orav

Clinical Events Committee: Baim Institute for Clinical Research; Claudia Hochberg (Chair), Cliff Berger, Torin Fitton, Sergio Waxman, Scott Bortman, Carey Kimmelsiel, David Grossman, Manish Chauhan, Jeffrey Veluz, Robert Rodriguez, Sanjay Samy, Gregory Smaroff, Jonathan Waks, Daniel Kramer

Statistical Design and Analyses: Andrew Mugglin, Paradigm Biostatistics, LLC

Sponsor: Medtronic

## STUDY ADMINISTRATION

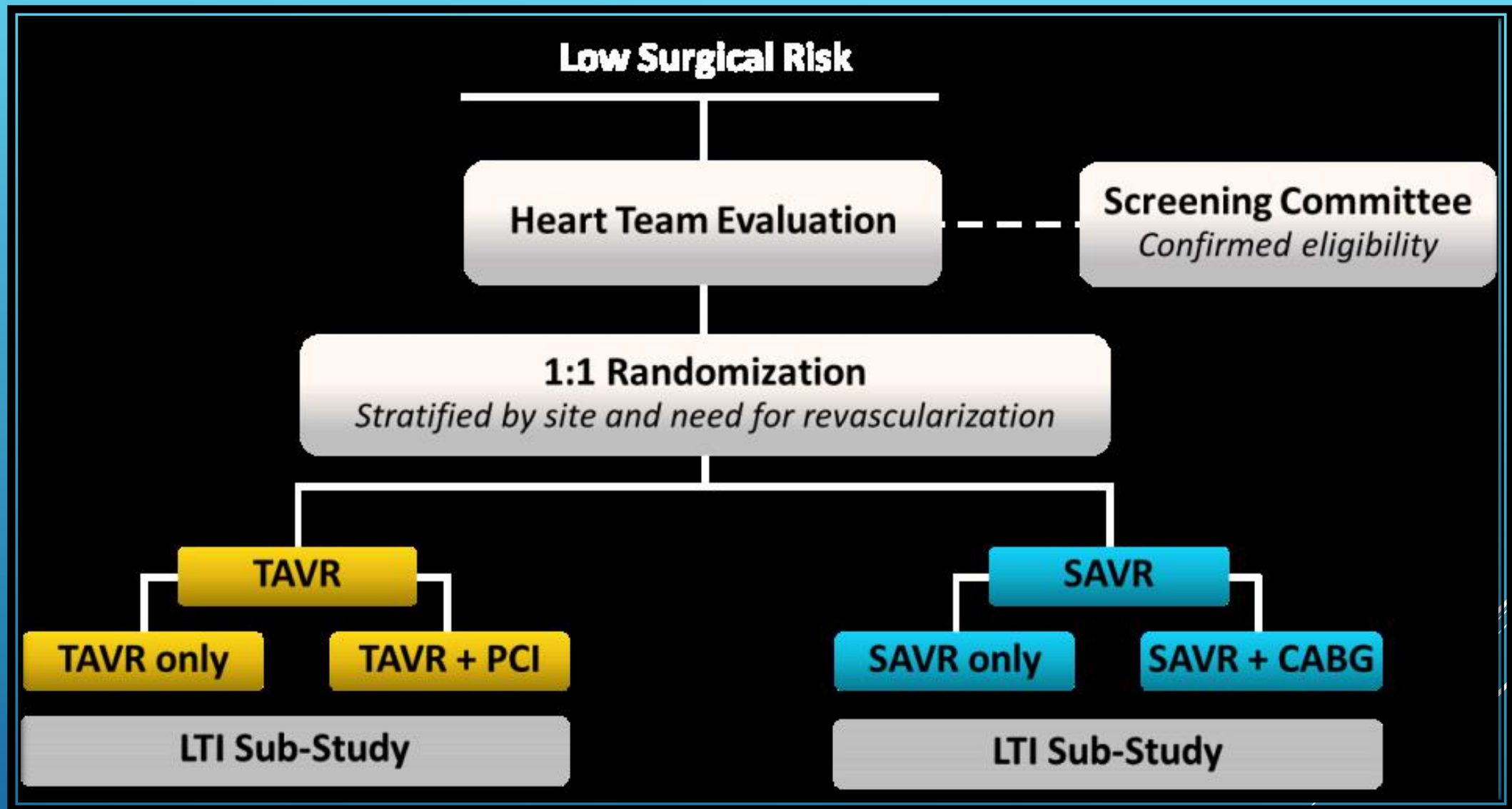


# PARTICIPATING SITES IN THE UNITED STATES





**AUSTRALIA, CANADA, EUROPE, JAPAN AND NEW ZEALAND**



## STUDY DESIGN

# Primary Safety and Effectiveness Endpoint

## All-cause mortality or disabling stroke at 2 years

### Hierarchical Powered Secondary Endpoints

#### Noninferiority

- Mean gradient at 1 year
- EOA at 1 year
- Change in NYHA class from baseline to 1 yr
- Change in KCCQ score from baseline to 1 yr.

#### Superiority

- Mean gradient at 1 yr.
- EOA at 1 yr.
- Change in KCCQ score from baseline to

### Other Secondary Endpoints

- 30-day safety composite of
  - All-cause mortality
  - Disabling stroke
  - Life threatening bleeding
  - Major vascular complications
  - Stage 2 or 3 acute kidney injury
- New pacemaker implantation at 30 days
- Heart failure rehospitalization at 1 yr.
- Aortic-valve reintervention at 1 yr.
- Moderate/severe AR at 1 yr.
- All stroke at 1 yr.

## STUDY ENDPOINTS

## Symptomatic severe AS1:

- Aortic valve area  $\leq 1.0 \text{ cm}^2$  (or aortic valve area index  $< 0.6 \text{ cm}^2/\text{m}^2$ ), **OR** mean gradient  $\geq 40 \text{ mmHg}$  **OR**  $V_{\text{max}} \geq 4 \text{ m/sec}$  at rest

## Asymptomatic very severe AS1:

- Aortic valve area  $\leq 1.0 \text{ cm}^2$  (or aortic valve area index  $< 0.6 \text{ cm}^2/\text{m}^2$ ), **AND**  $V_{\text{max}} \geq 5 \text{ m/sec}$  or mean gradient  $\geq 60 \text{ mmHg}$  at rest
- Aortic valve area of  $\leq 1.0 \text{ cm}^2$  (or aortic valve area index of  $\leq 0.6 \text{ cm}^2/\text{m}^2$ ), **AND** a mean gradient  $\geq 40 \text{ mmHg}$  or  $V_{\text{max}} \geq 4.0 \text{ m/sec}$  by transthoracic echocardiography at rest, **AND** an exercise tolerance test that demonstrates limited exercise capacity, abnormal BP response, or arrhythmia
- Aortic valve area of  $\leq 1.0 \text{ cm}^2$  (or aortic valve area index of  $\leq 0.6 \text{ cm}^2/\text{m}^2$ ), **AND** mean gradient  $\geq 40 \text{ mmHg}$ , **OR**  $V_{\text{max}} \geq 4.0 \text{ m/sec}$  by transthoracic echocardiography at rest, **AND** LVEF  $< 50\%$ .

***A predicted risk of 30-day mortality  $< 3\%$  per multidisciplinary local heart team assessment.***

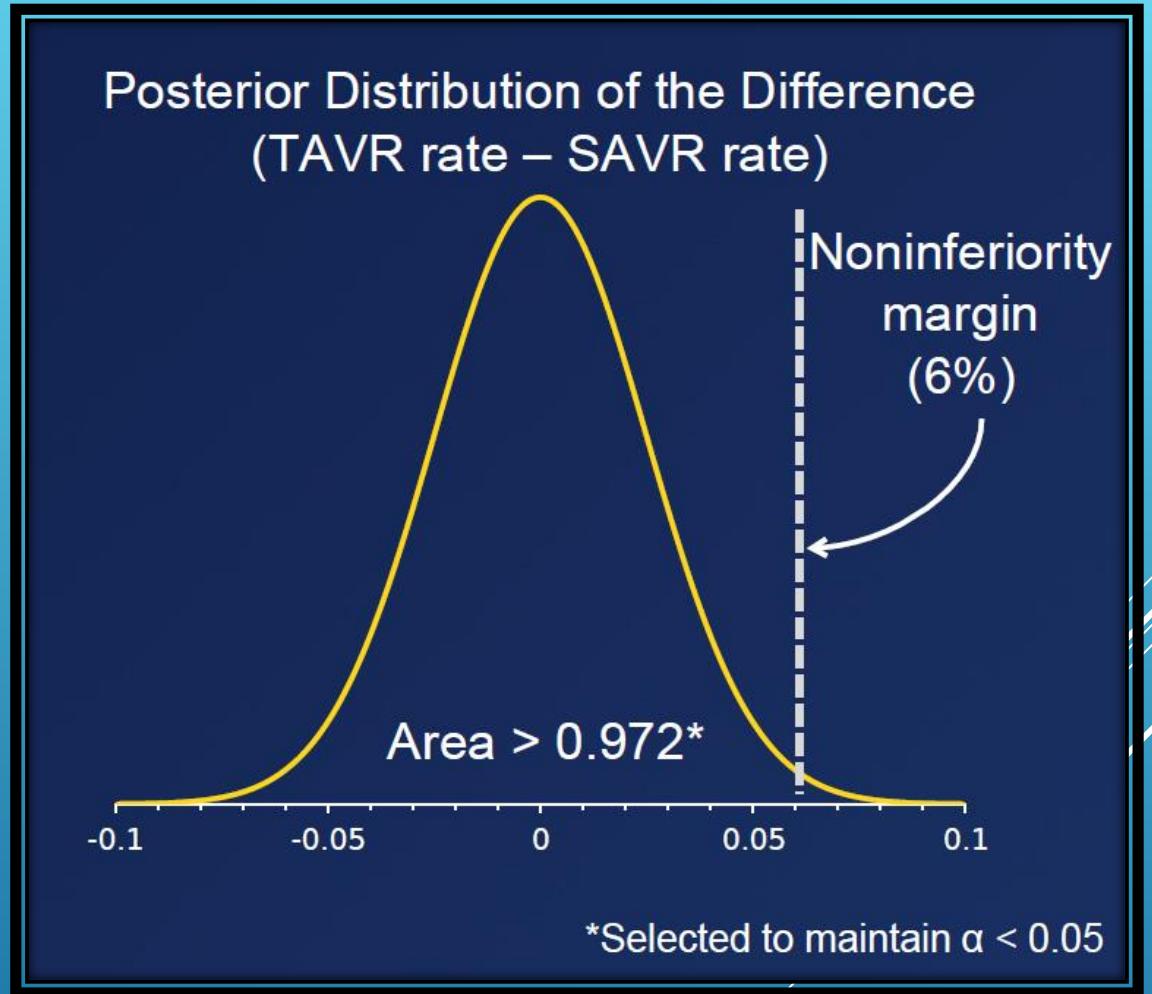
# KEY INCLUSION CRITERIA



- Contraindication for placement of a bioprosthetic valve
- Multivessel coronary artery disease with SYNTAX score >22
- Bicuspid aortic valve verified by imaging
- Hypersensitivity or contraindication to all anticoagulation/ antiplatelet regimens
- Any PCI or peripheral intervention within 30 days prior to randomization
- Symptomatic carotid or vertebral artery disease or successful treatment of carotid stenosis within 10 weeks of Heart Team assessment
- Recent (within 2 months) cerebrovascular accident or transient ischemic attack
- Acute MI within 30 days
- Severe liver, lung or renal disease
- Unsuitable anatomy including native aortic annulus <18 mm or >30 mm
- Severe mitral or tricuspid regurgitation

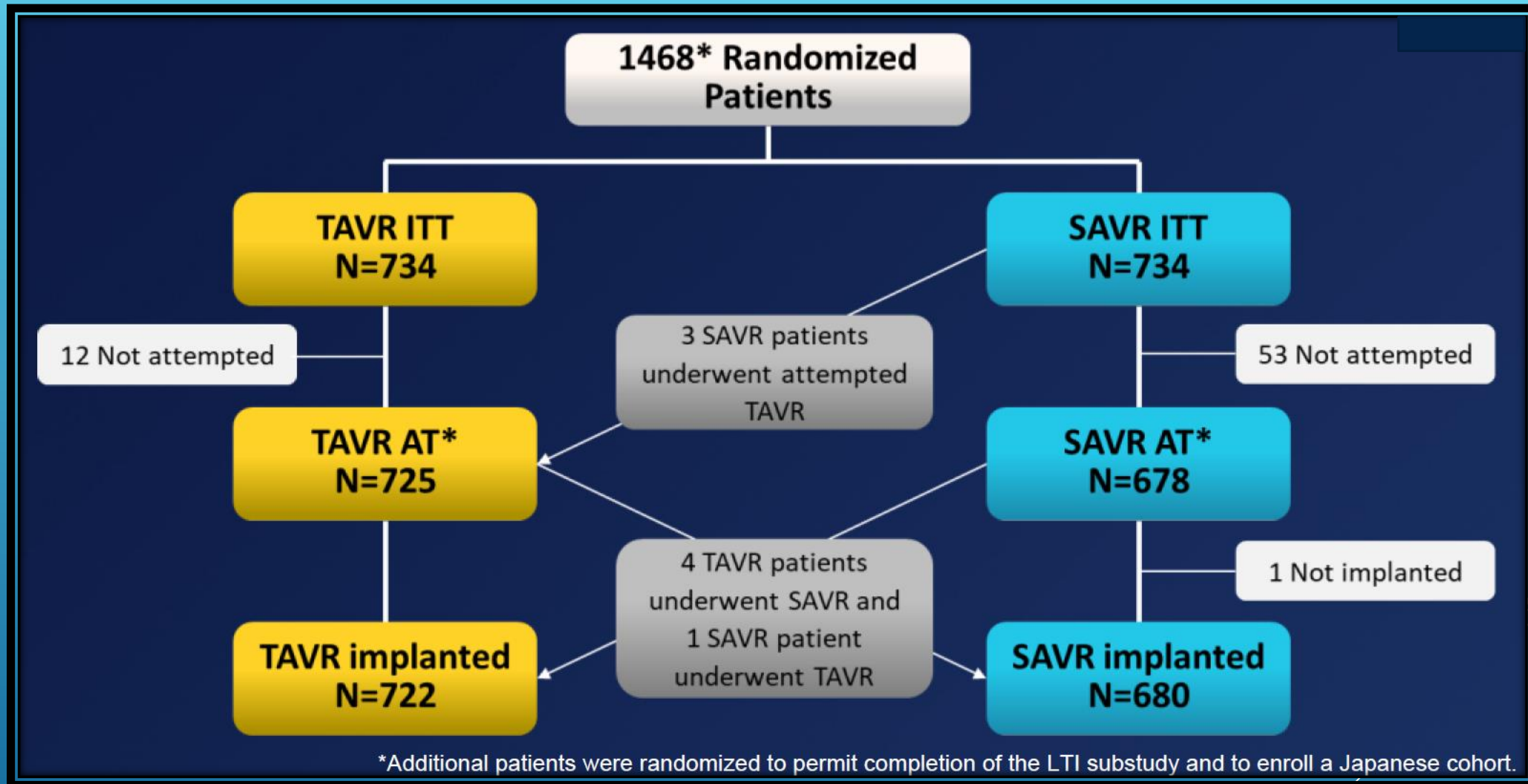
## KEY EXCLUSION CRITERIA

- This was a randomized, multinational, noninferiority trial.
- The Bayesian adaptive design prespecified an “early-win” interim analysis when 850 patients reached 1-year follow-up.
- The estimated sample size was 1200 patients.
- The 2-year primary analysis cohort comprised all patients with an attempted implant procedure (as-treated).
- The prespecified criteria for success was



## STATISTICAL METHODS

### NONINFERIORITY TESTING OF THE PRIMARY ENDPOINT



# PATIENT FLOW

| 2016 | 2017 | 2018 |
|------|------|------|
|------|------|------|

First Patient Randomized  
Mar. 28, 2016

\*Last Patient  
Randomized  
Nov. 27, 2018



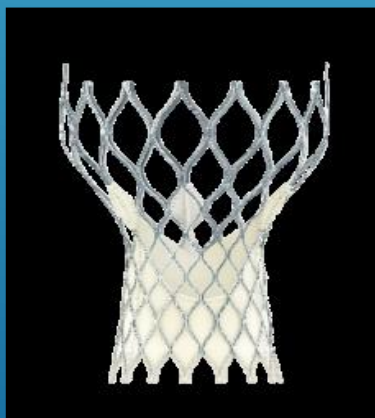
CoreValve 31 mm



Evolut R: 23, 26, 29 Added Evolut R 34 mm



Evolut PRO: 23, 26, 29 mm



**Primary Endpoint  
Assessment Dec. 27, 2018**

Vascular access  
§ 99% transfemoral  
§ 0.6% subclavian  
§ 0.4% direct aortic

CoreValve 31 = 3.6%

Evolut R = 74.1%

Evolut PRO = 22.3%

# STUDY TIMELINE AND VALVES STUDIED

# RESULTS



| Mean ± SD or %              | TAVR (N=725) | SAVR (N=678) |
|-----------------------------|--------------|--------------|
| Age, years                  | 74.1 ± 5.8   | 73.6 ± 5.9   |
| Female sex                  | 36.0         | 33.8         |
| Body surface area, m2       | 2.0 ± 0.2    | 2.0 ± 0.2    |
| STS PROM, %                 | 1.9 ± 0.7    | 1.9 ± 0.7    |
| NYHA Class III or IV        | 25.1         | 28.5         |
| Hypertension                | 84.8         | 82.6         |
| Chronic lung disease (COPD) | 15.0         | 18.0         |
| Cerebrovascular disease     | 10.2         | 11.8         |
| Peripheral arterial disease | 7.5          | 8.3          |

There are no significant differences between groups.

## BASELINE CHARACTERISTICS

| Mean $\pm$ SD or %                    | TAVR (N=725)    | SAVR (N=678)    |
|---------------------------------------|-----------------|-----------------|
| SYNTAX Score                          | 1.9 $\pm$ 3.7   | 2.1 $\pm$ 3.9   |
| Permanent pacemaker, CRT or ICD       | 3.2             | 3.8             |
| Prior CABG                            | 2.5             | 2.1             |
| Previous PCI                          | 14.2            | 12.8            |
| Previous myocardial infarction        | 6.6             | 4.9             |
| Atrial fibrillation/flutter           | 15.4            | 14.5            |
| Aortic valve gradient, mm Hg          | 47.0 $\pm$ 12.1 | 46.6 $\pm$ 12.2 |
| Aortic Valve area, cm <sup>2</sup>    | 0.8 $\pm$ 0.2   | 0.8 $\pm$ 0.2   |
| Left ventricular ejection fraction, % | 61.7 $\pm$ 7.9  | 61.9 $\pm$ 7.7  |

There are no significant differences between groups.

## BASELINE CARDIAC RISK FACTORS



| %  | TAVR (N=724) |
|--|--------------|
| General Anesthesia   | 56.9         |
| Iliofemoral access   | 99.0         |
| Emboic protection device used                                    | 1.2          |
| Pre-TAVR balloon dilation  | 34.9         |
| Post-TAVR balloon dilation                                       | 31.3         |
| More than 1 valve used   | 1.2          |
| Partial or complete repositioning of the valve (Evolut/PRO only) | 37.3         |
| Staged or concomitant PCI performed                              | 6.9          |

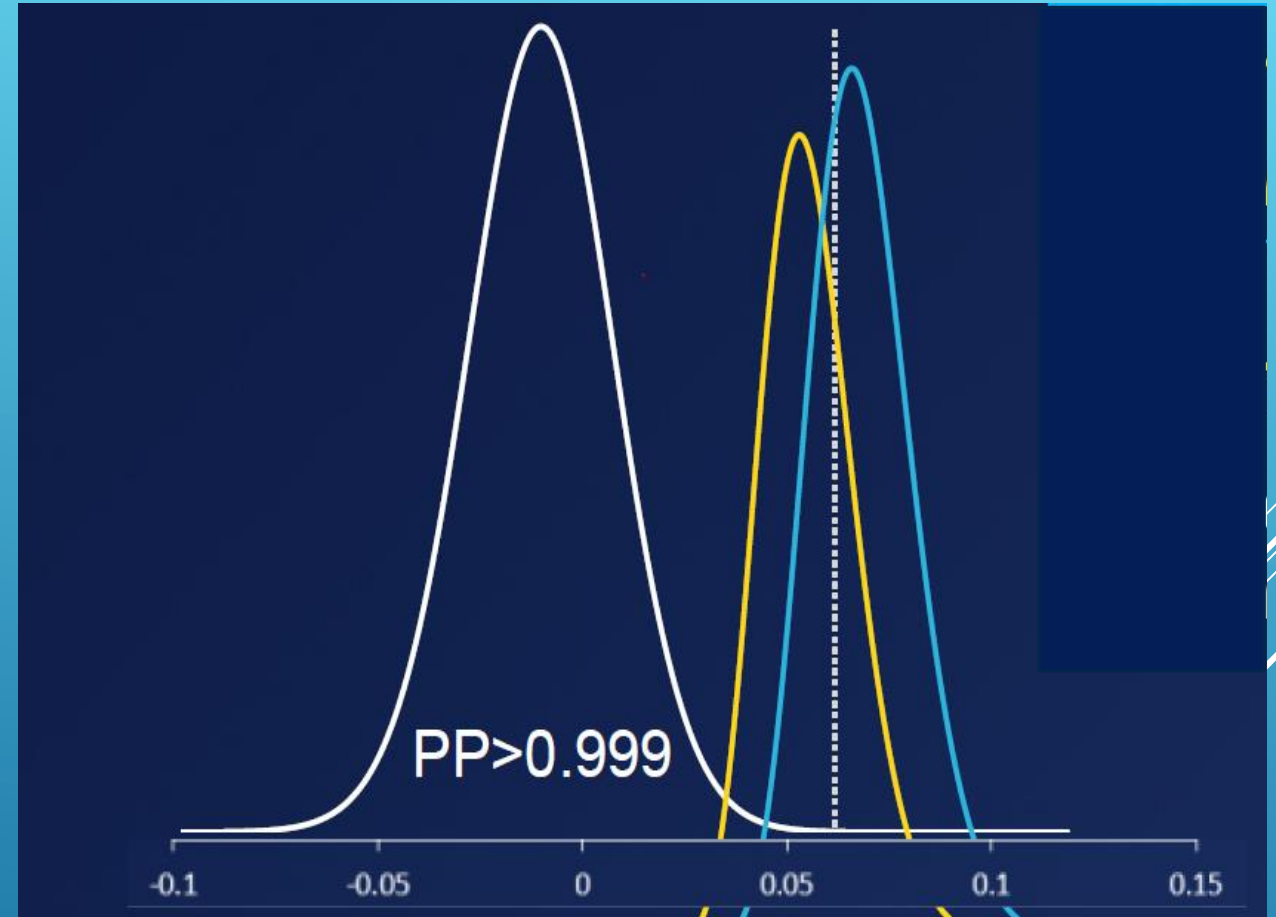
## TAVR PROCEDURAL DATA



## All-Cause Mortality or Disabling Stroke at 2 Years

**Primary Endpoint Met**  
**TAVR is noninferior to SAVR**

**TAVR 5.3%** **SAVR 6.7%**  
Posterior probability of  
Noninferiority  $>0.999$



TAVR –SAVR difference = -1.4% (95% BCI; -4.9, 2.1)

# PRIMARY ENDPOINT

## All Noninferiority and Superiority Endpoints Met

|   | TAVR        | SAVR        | Difference<br>TAVR-SAVR | Posterior<br>Probability |
|---|-------------|-------------|-------------------------|--------------------------|
| <b>Noninferiority (margin)</b>                          |             |             | <b>(90% BCI)</b>        |                          |
| Mean gradient at 12 mo. (5mmHg)                         | 8.6 ± 3.7   | 11.2 ± 4.9  | -2.6 (-3.1, -2.1)       | >0.999                   |
| Mean EOA at 12 months (0.1 cm2)                         | 2.3 ± 0.7   | 2.0 ± 0.6   | 0.3 (0.2, 0.4)          | >0.999                   |
| Mean NYHA class change<br>(12 months –Baseline) (0.375) | 0.9 ± 0.7   | 1.0 ± 0.7   | -0.1 (-0.2, 0.0)        | >0.999                   |
| Mean KCCQ change<br>(12 months –Baseline) (5)           | 22.2 ± 20.3 | 20.9 ± 21.0 | 1.3 (-1.2, 3.8)         | >0.999                   |
| <b>Superiority</b>                                      |             |             | <b>(95% BCI)</b>        |                          |
| Mean gradient at 12 months, mmHg                        | 8.6 ± 3.7   | 11.2 ± 4.9  | -2.6 (-3.2, -2.0)       | >0.999                   |
| Mean EOA at 12 months, cm2                              | 2.3 ± 0.7   | 2.0 ± 0.6   | 0.3 (0.2, 0.4)          | >0.999                   |
| Mean KCCQ change (30 Days–                              | 20.0 ± 21.1 | 9.1 ± 22.3  | 10.9 (8.6,              | >0.999                   |

# HIERARCHICAL SECONDARY ENDPOINTS

| Bayesian rates as %                             | TAVR<br>(N=725) | SAVR<br>(N=678) | (95% BCI for<br>Difference) |
|---|-----------------|-----------------|-----------------------------|
| <b>30-Day composite safety endpoint*</b>        | <b>5.3</b>      | <b>10.7</b>     | <b>(-8.3, -2.6)</b>         |
| All-cause mortality                             | 0.5             | 1.3             | (-1.9, 0.2)                 |
| Disabling stroke*                               | 0.5             | 1.7             | (-2.4, -0.2)                |
| Life-threatening or disabling bleeding*         | 2.4             | 7.5             | (-7.5, -2.9)                |
| Acute kidney injury, stage 2-3*                 | 0.9             | 2.8             | (-3.4, -0.5)                |
| Major vascular complication                     | 3.8             | 3.2             | (-1.4, 2.5)                 |
| <b>Atrial fibrillation*</b>                     | <b>7.7</b>      | <b>35.4</b>     | <b>(-31.8, -23.6)</b>       |
| Permanent pacemaker implant*                    | 17.4            | 6.1             | (8.0, 14.7)                 |
| <b>All-cause mortality or disabling stroke*</b> | <b>0.8</b>      | <b>2.6</b>      | <b>(-3.2, -0.5)</b>         |
| All stroke                                      | 3.4             | 3.4             | (-1.9, 1.9)                 |
| Aortic valve reintervention                     | 0.4             | 0.4             | (-0.8, 0.7)                 |

\* Significantly favors TAVR; \* Significantly favors SAVR

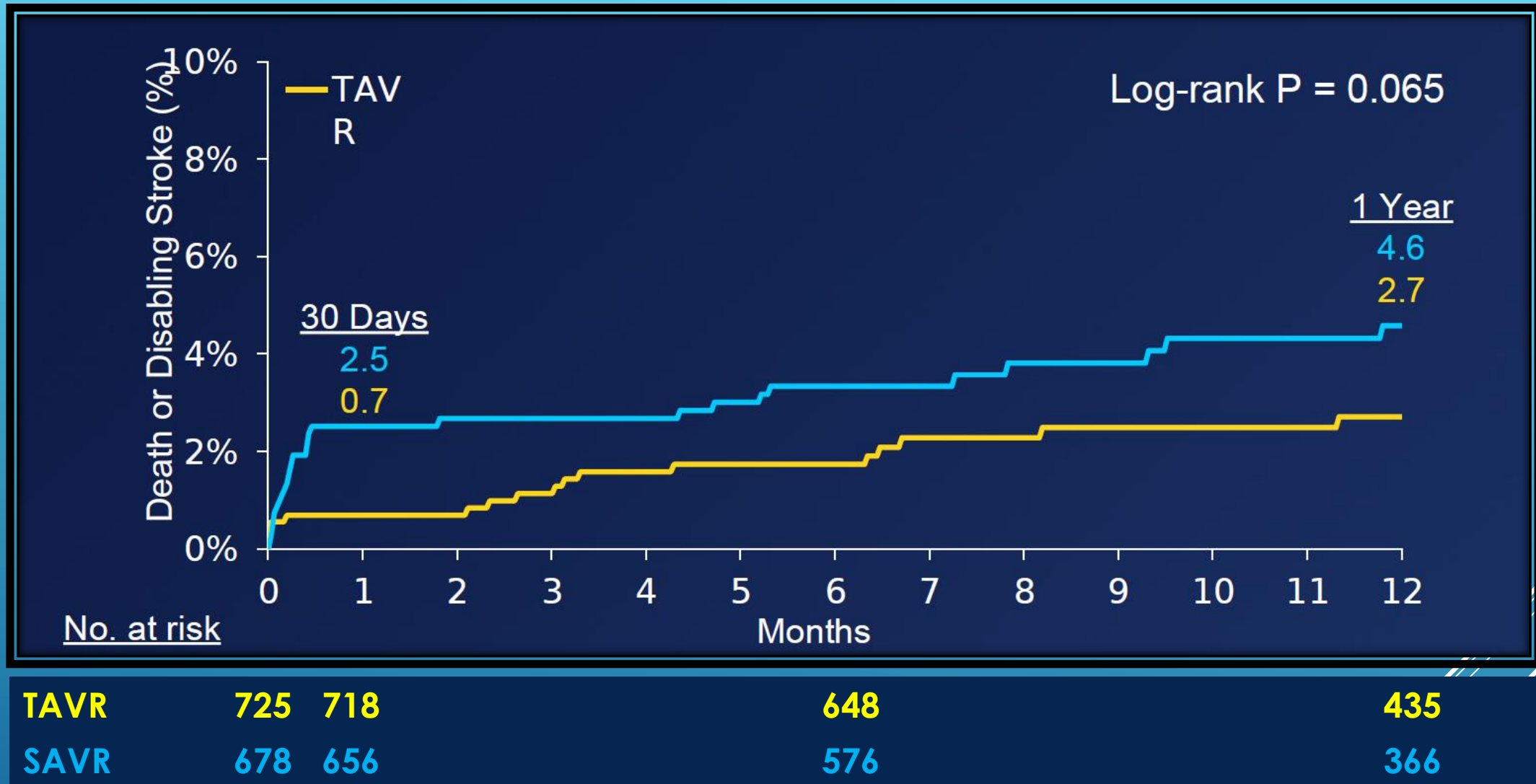
BCI = Bayesian credible interval

# CLINICAL OUTCOMES AT 30 DAYS

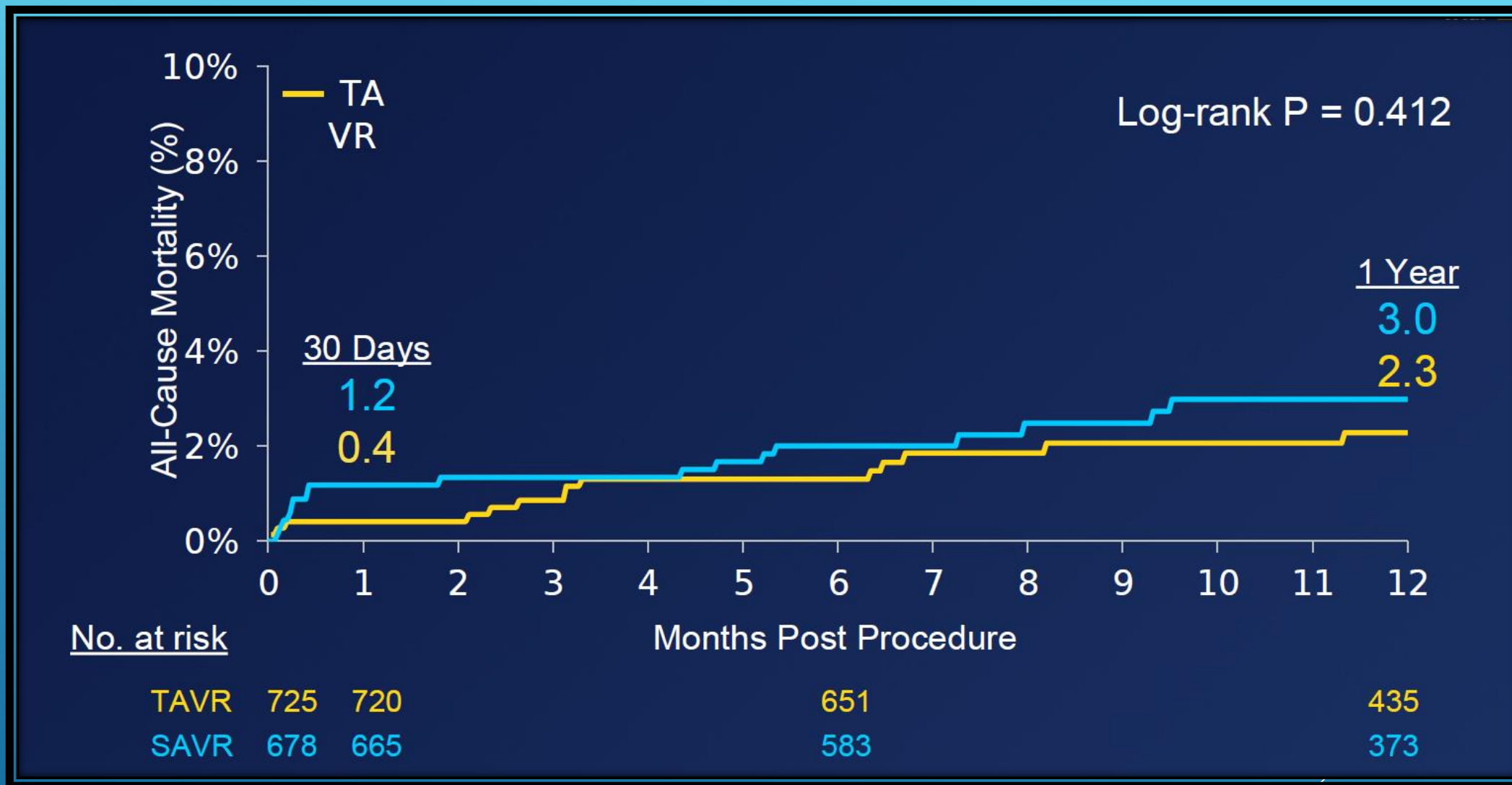
| Bayesian rates as %                     | TAVR<br>(N=725) | SAVR<br>(N=678) | (95% BCI for<br>Difference) |
|---|-----------------|-----------------|-----------------------------|
| All-cause mortality or disabling stroke | 2.9             | 4.6             | (-4.0, 0.4)                 |
| All-cause mortality                     | 2.4             | 3.0             | (-2.6, 1.3)                 |
| Cardiovascular mortality                | 1.7             | 2.6             | (-2.7, 0.7)                 |
| All stroke                              | 4.1             | 4.3             | (-2.4, 1.9)                 |
| <b>Disabling stroke*</b>                | <b>0.8</b>      | <b>2.4</b>      | <b>(-3.1, -0.3)</b>         |
| Transient ischemia attack               | 1.7             | 1.8             | (-1.6, 1.3)                 |
| Myocardial infarction                   | 1.7             | 1.6             | (-1.3, 1.5)                 |
| Endocarditis                            | 0.2             | 0.4             | (-0.9, 0.5)                 |
| Valve thrombosis                        | 0.2             | 0.3             | (-0.9, 0.5)                 |
| Aortic valve reintervention             | 0.7             | 0.6             | (-1.0, 0.9)                 |
| <b>Heart failure hospitalization*</b>   | <b>3.2</b>      | <b>6.5</b>      | <b>(-5.9, -1.0)</b>         |

**\* Significantly favors TAVR**

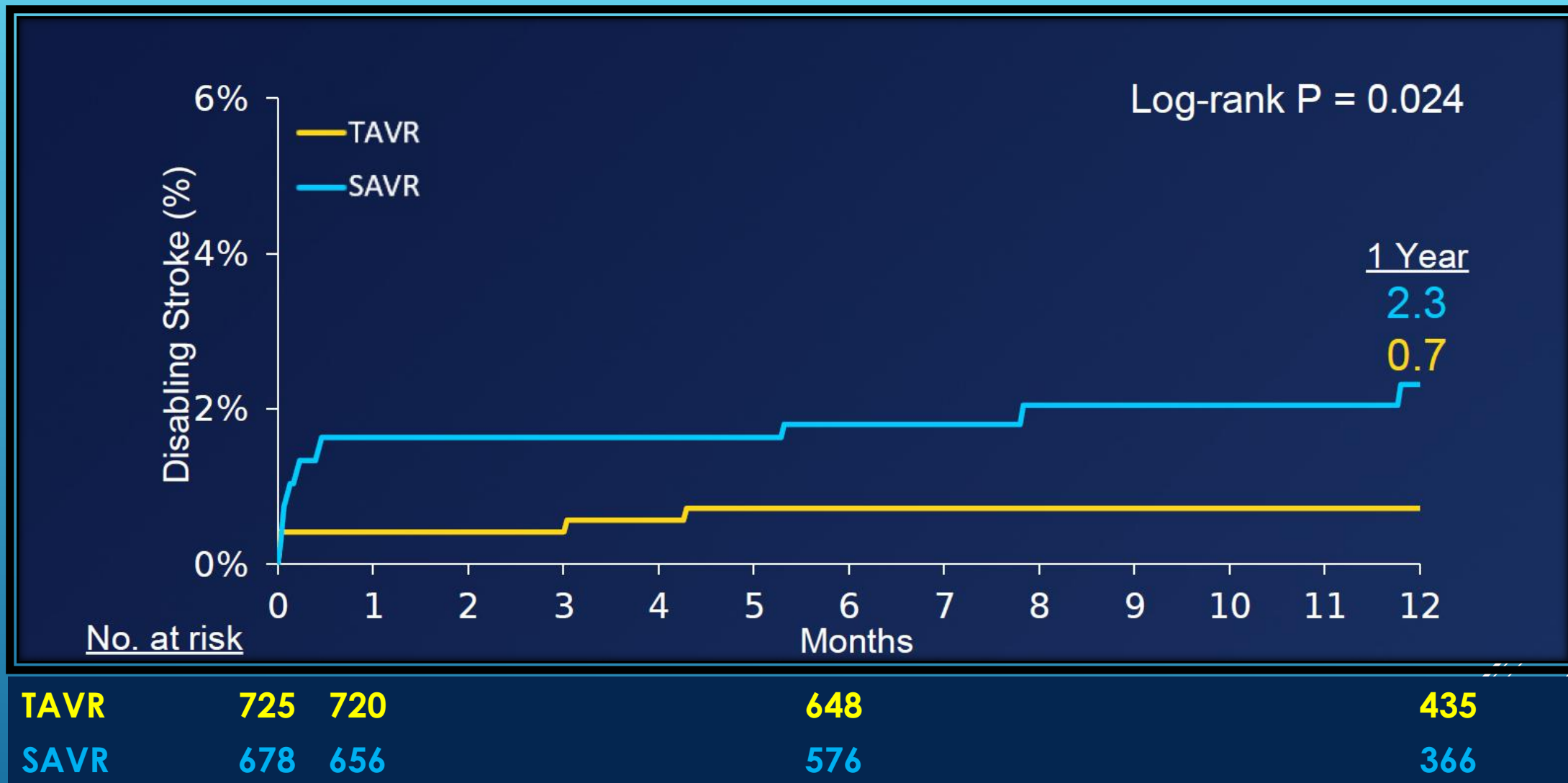
# CLINICAL OUTCOMES AT 1 YEAR



K-M ALL-CAUSE MORTALITY OR DISABLING STROKE AT 1 YR.

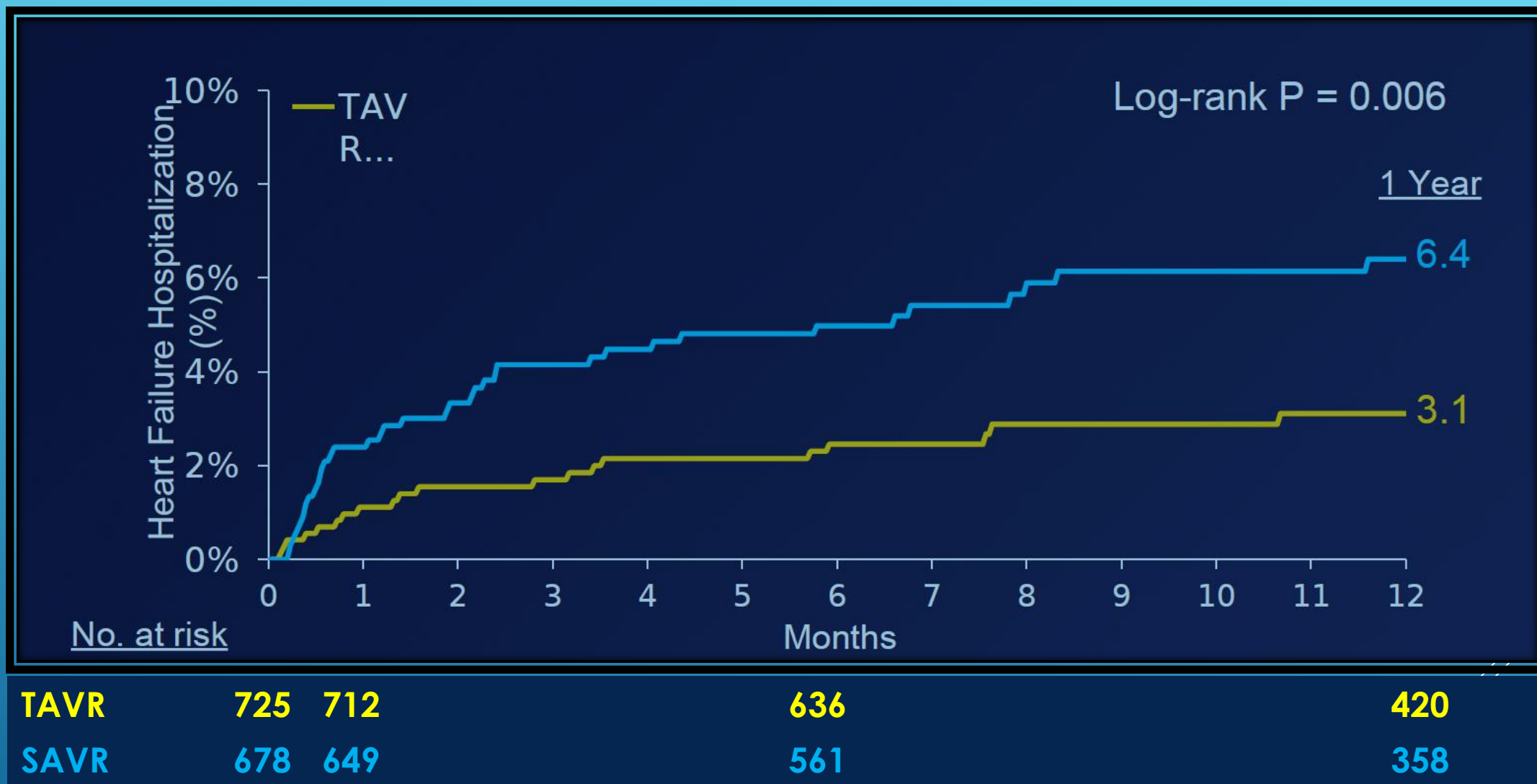


K-M RATES OF ALL-CAUSE MORTALITY AT 1 YEAR



**K-M DISABLING STROKE AT 1 YEAR**

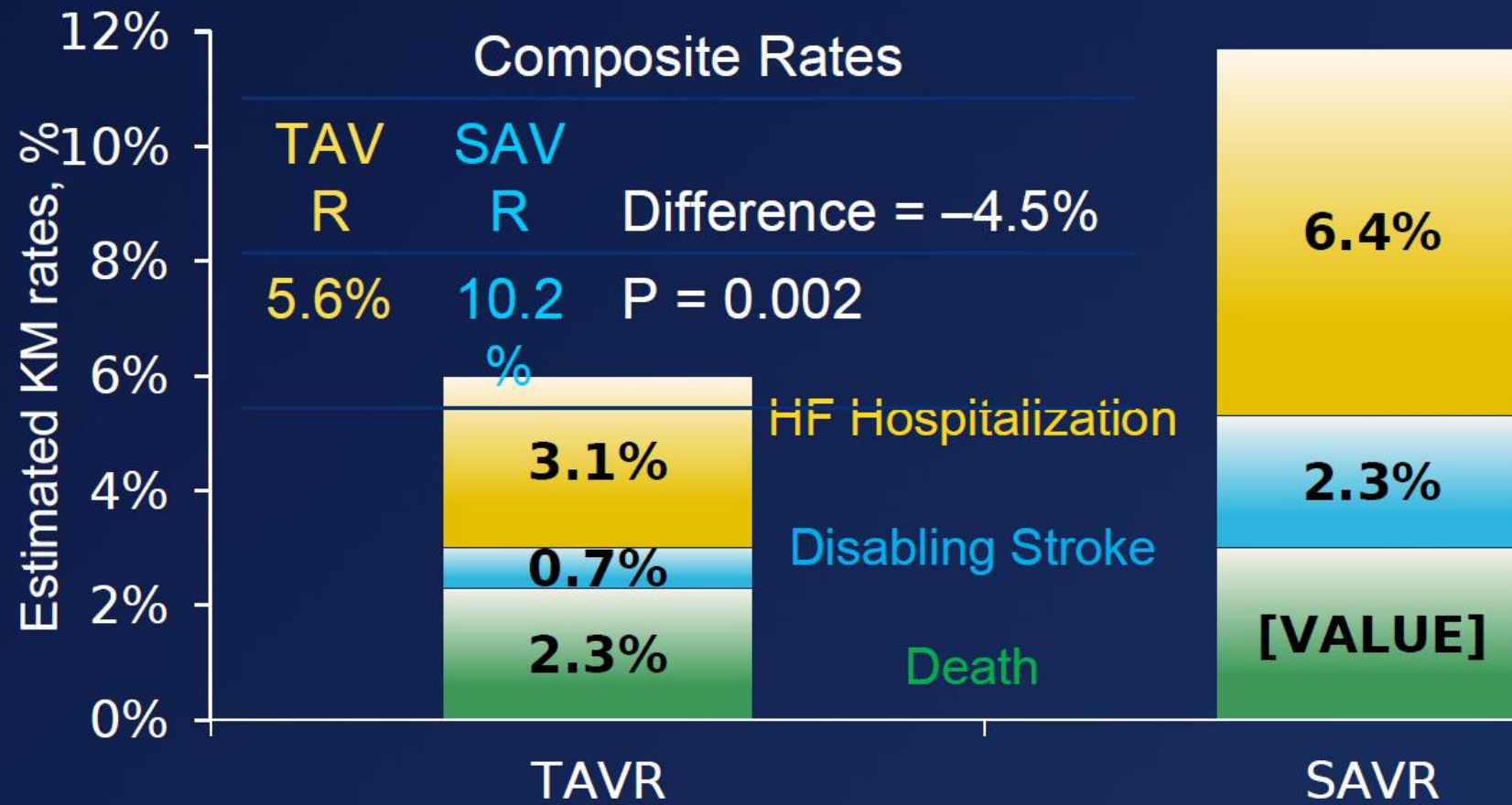




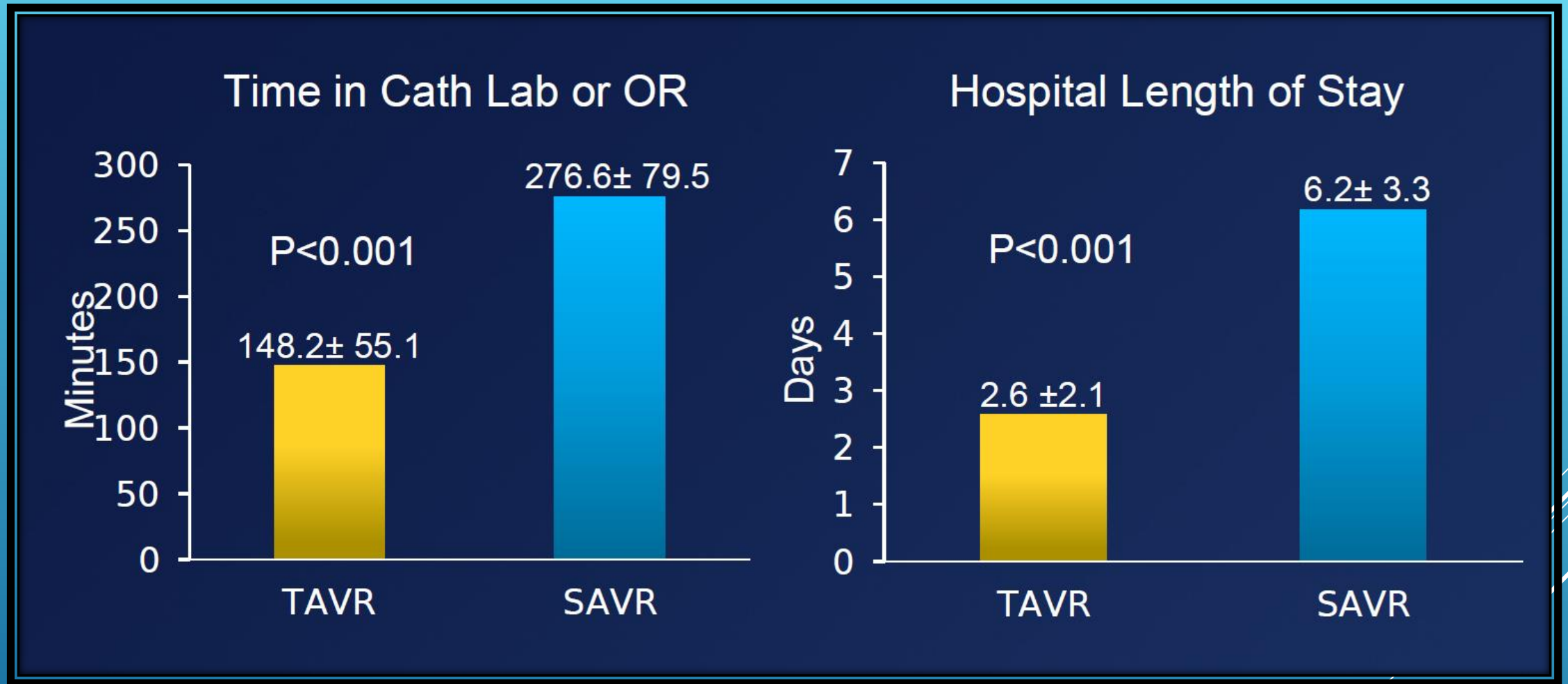
**K-M HEART FAILURE HOSPITALIZATION AT 1 YEAR**



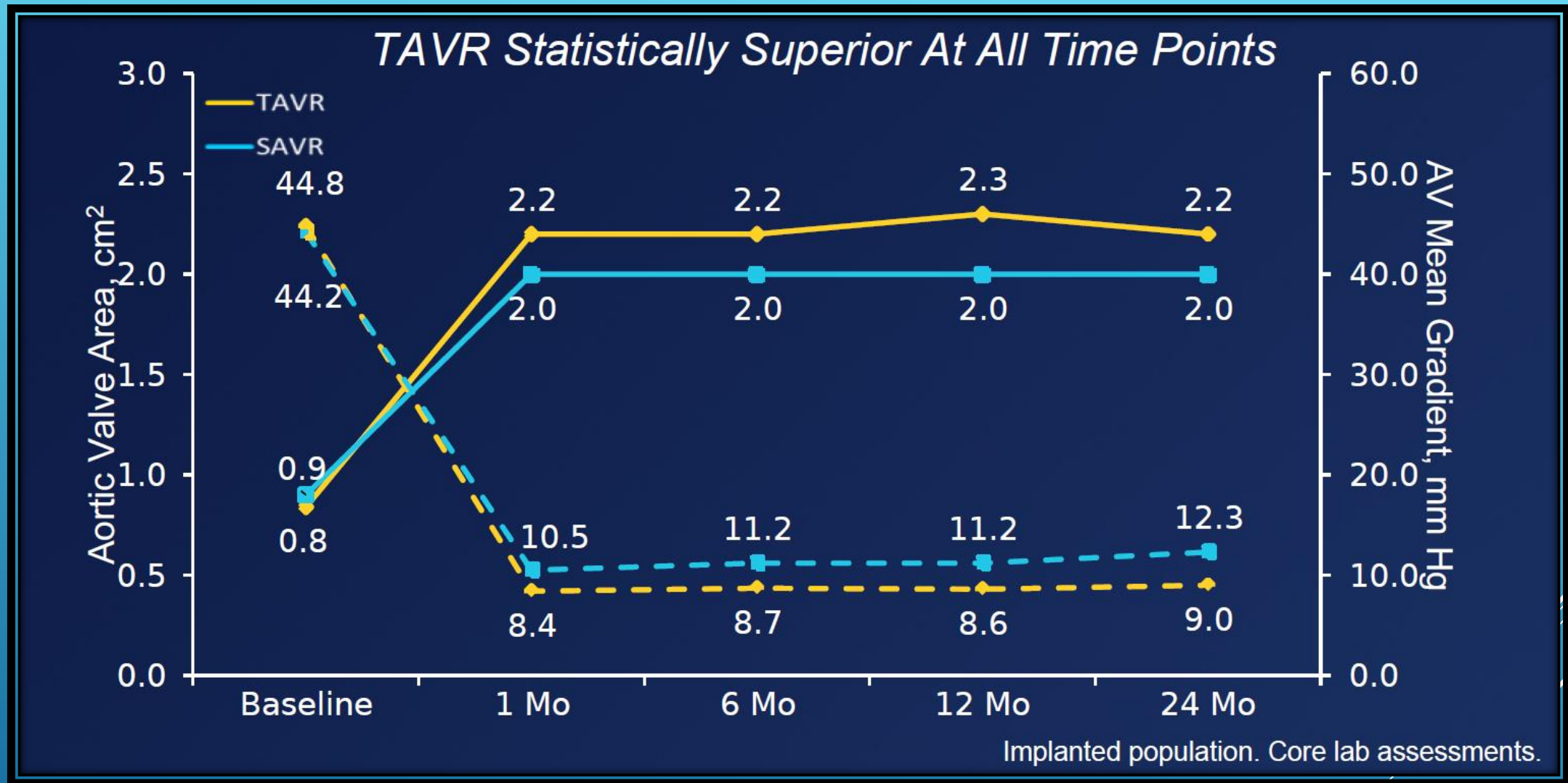
## Death, Disabling Stroke and Heart Failure Hospitalizations to 1 Year



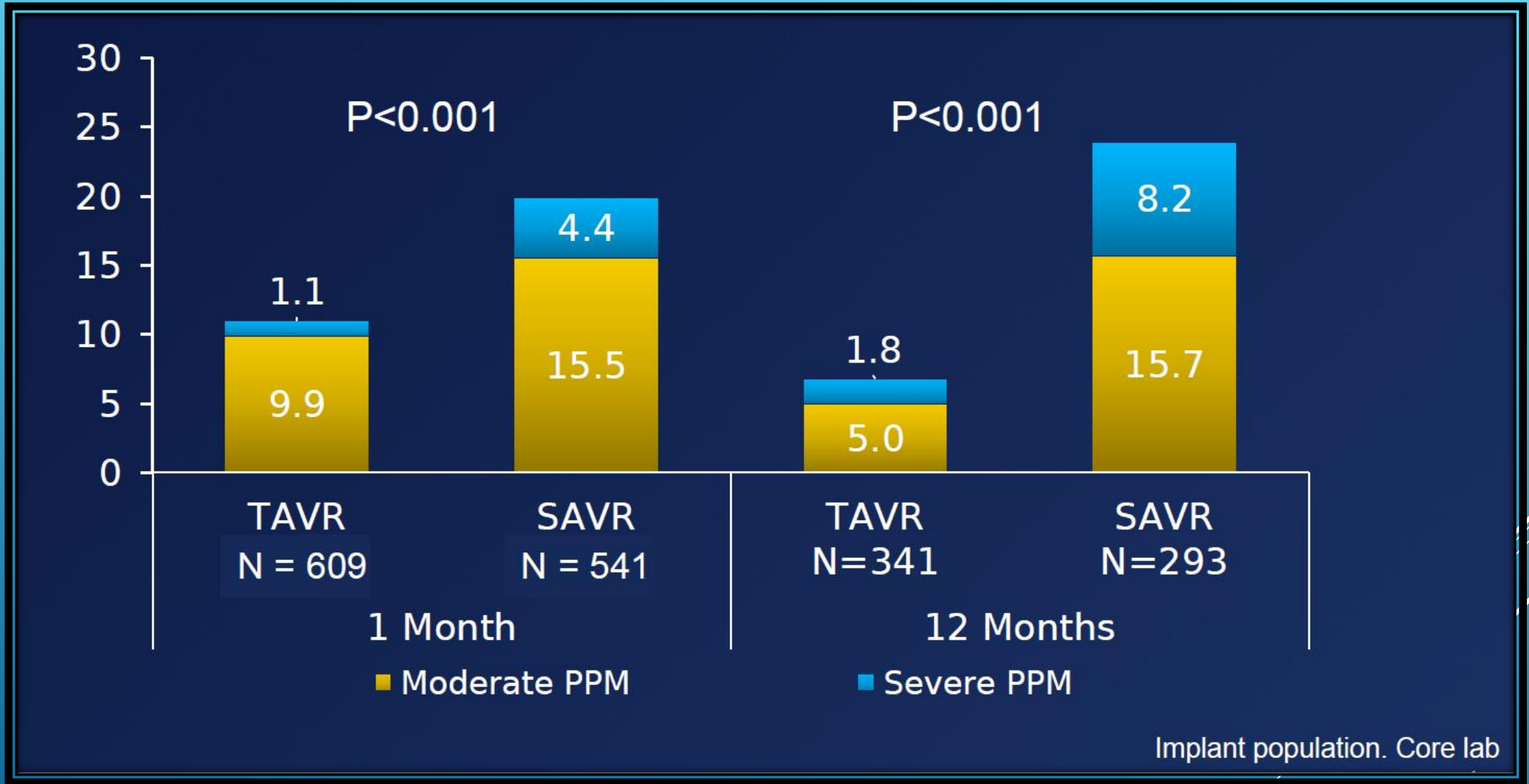
# CLINICAL IMPLICATIONS



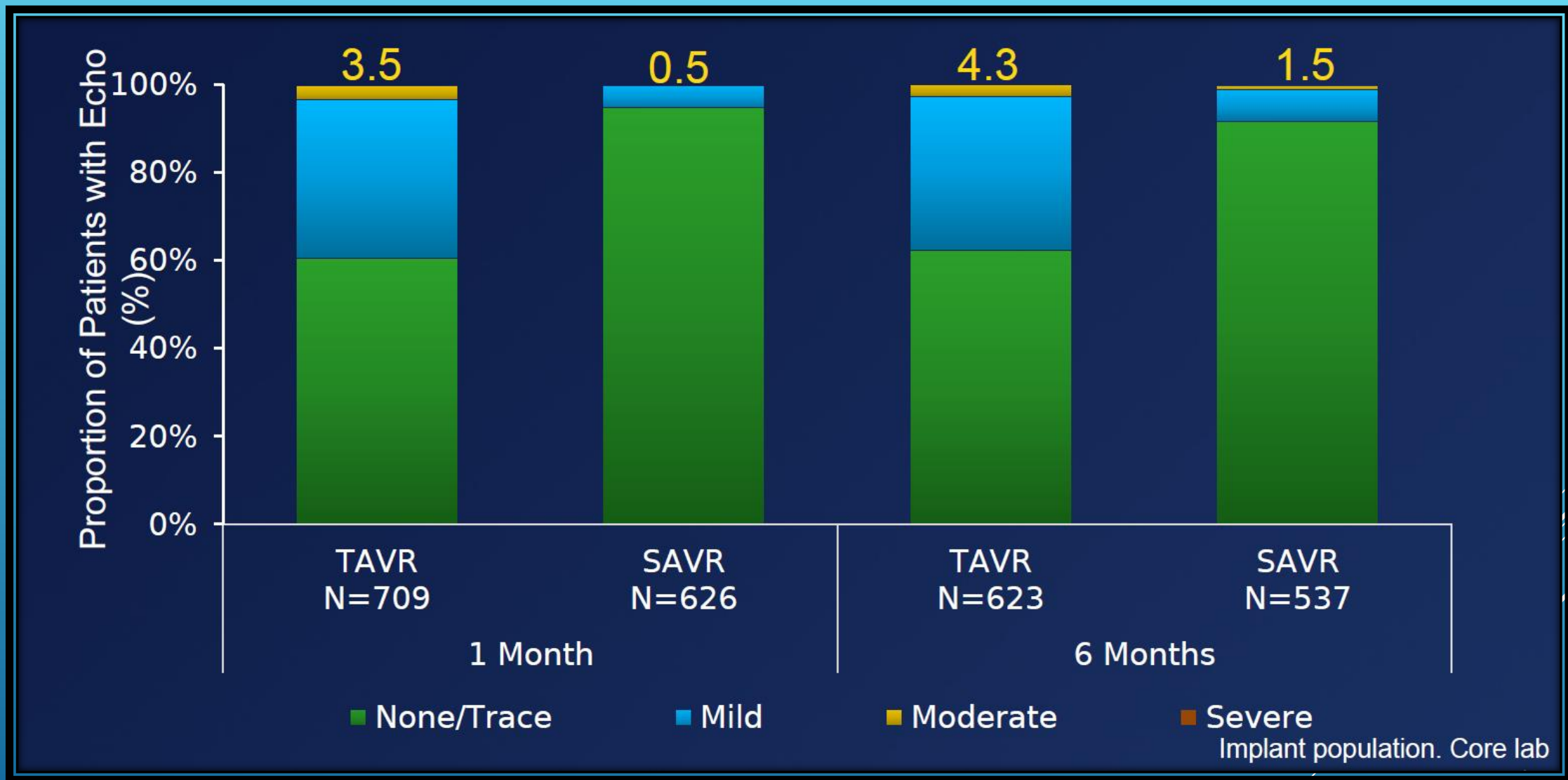
## PROCEDURAL TIME AND LENGTH OF STAY



## VALVE HEMODYNAMICS

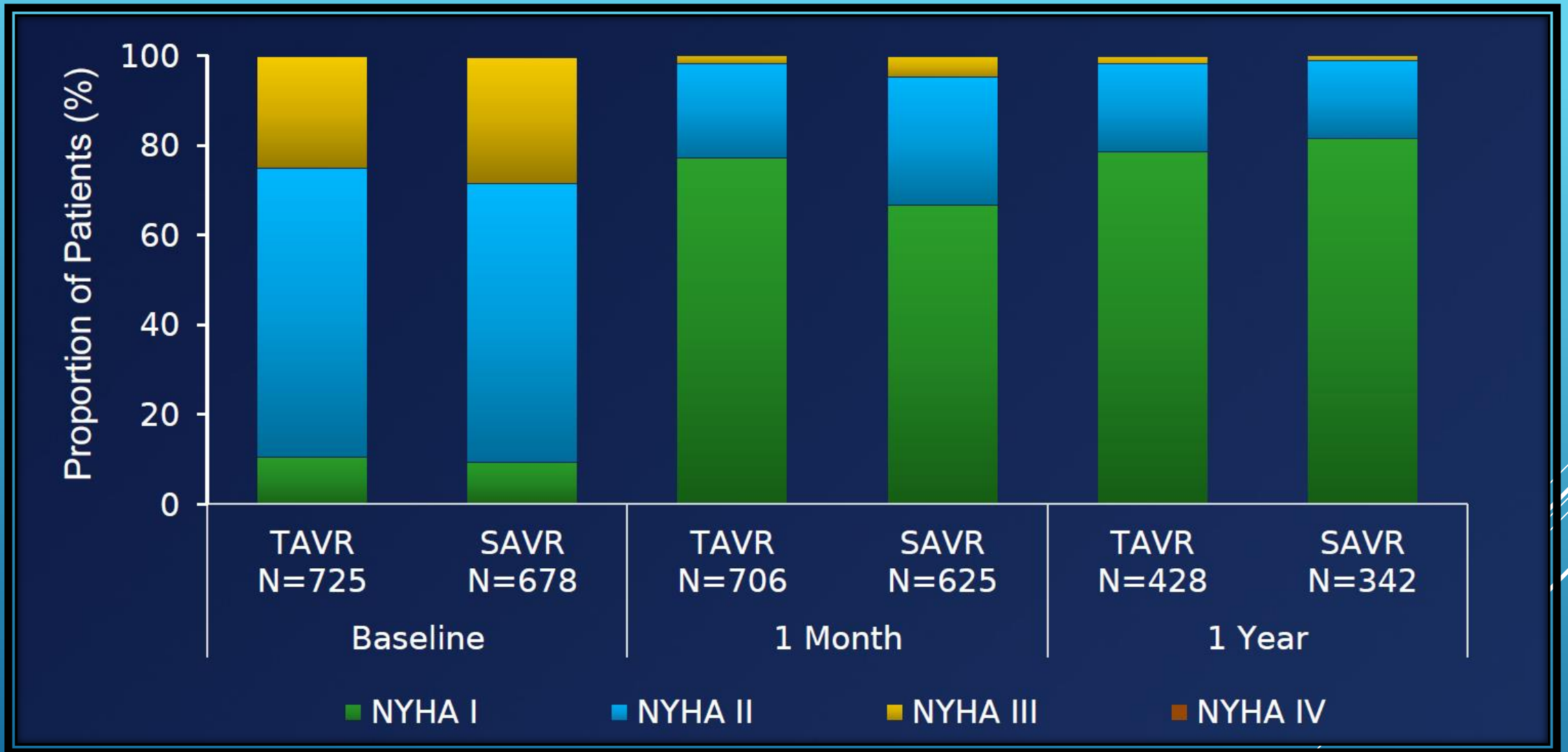


# PROSTHESIS-PATIENT MISMATCH

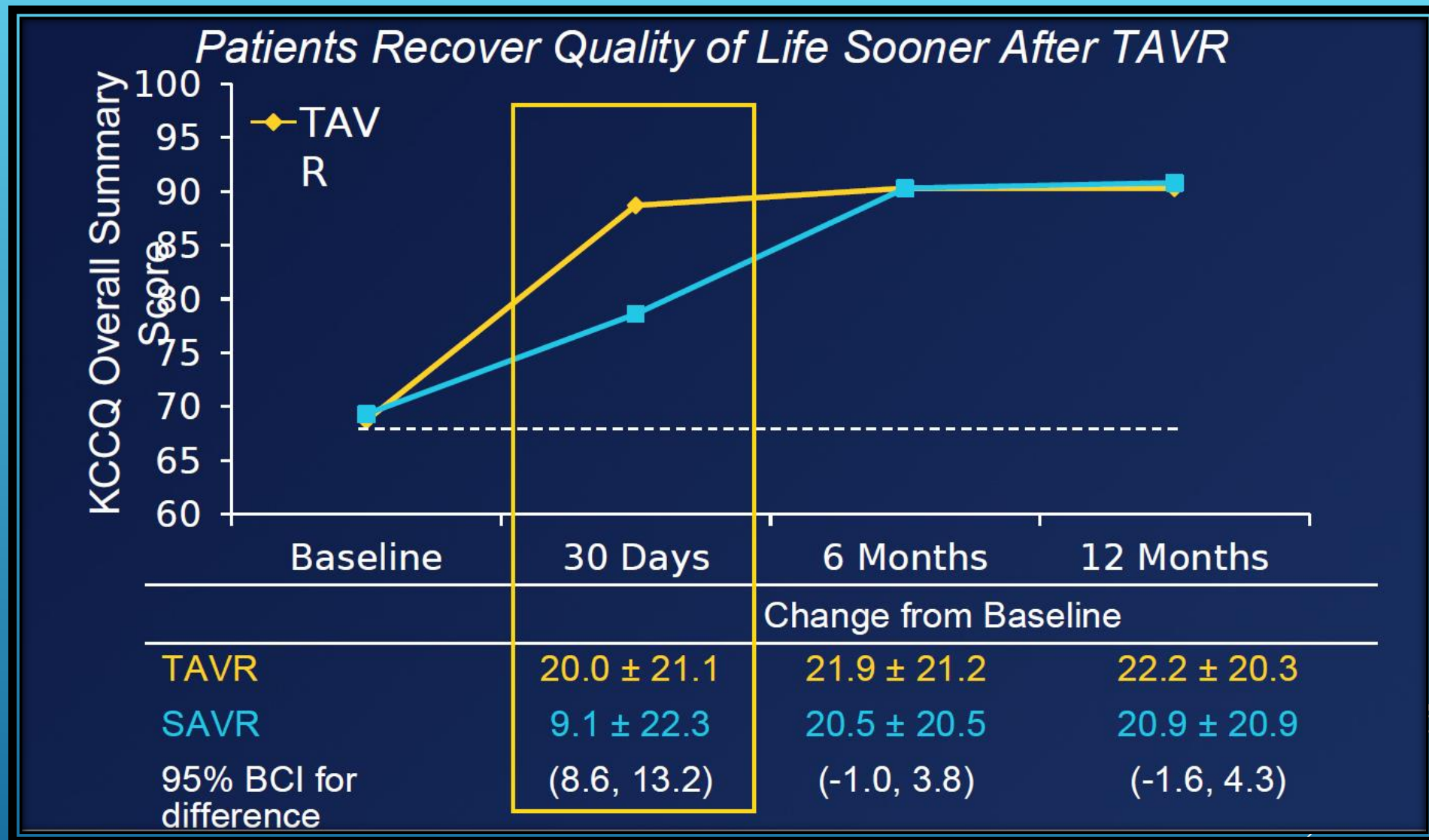


# TOTAL AORTIC VALVE REGURGITATION

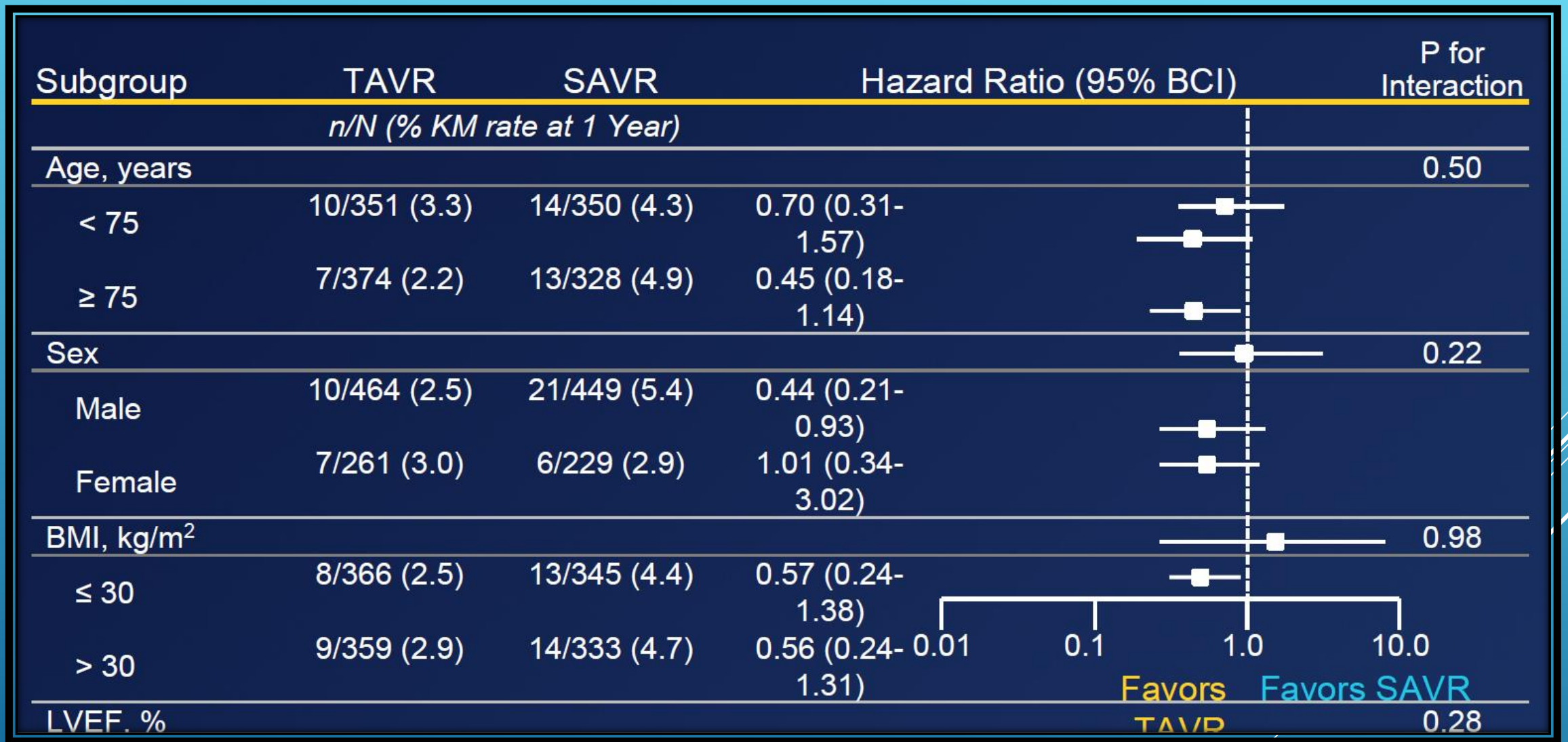




## NYHA FUNCTIONAL CLASS

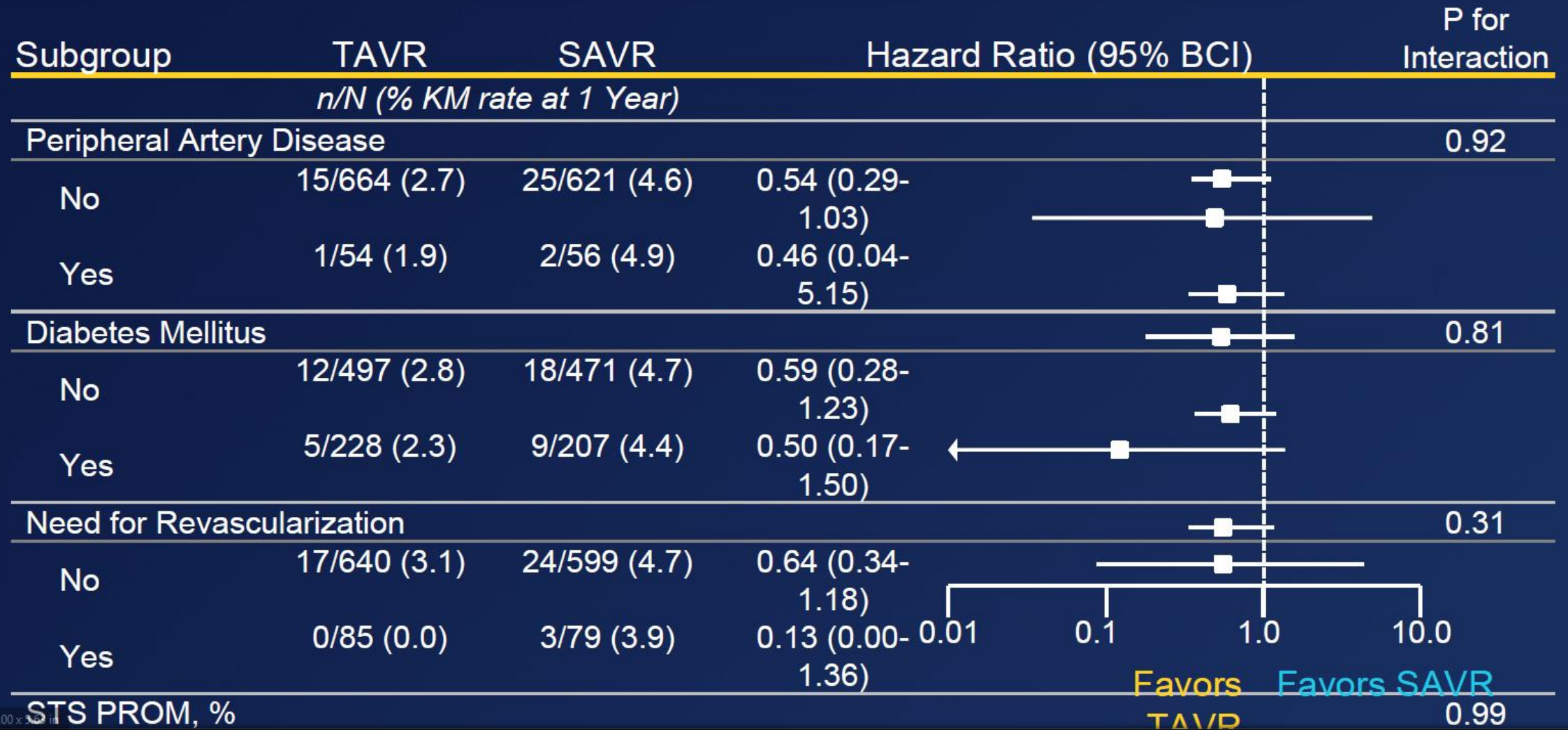


**KCCQ SUMMARY SCORE**



## SUBGROUP ANALYSIS FOR DEATH OR DISABLING STROKE AT 1 YEAR





## SUBGROUP ANALYSIS FOR DEATH OR DISABLING STROKE AT 1 YEAR

- TAVR with self-expanding supra-annular valves was noninferior to surgery for the primary endpoint of death or disabling stroke at 2 years in patients with severe aortic stenosis at low surgical risk.
- At 30 days, TAVR showed a better safety and recovery profile than surgery, with less death or disabling stroke, less disabling stroke, shorter length of stay and better QOL while SAVR had fewer pacemakers implanted and less residual AR.
- At 1 year, both groups had excellent survival. TAVR showed fewer disabling strokes and heart failure rehospitalization with superior hemodynamics manifest by lower gradients, larger EOAs and less PPM.

## SUMMARY

**TAVR may be a preferred strategy to surgery  
in patients with severe aortic stenosis at low  
risk of surgical mortality.**

**CONCLUSION**



The NEW ENGLAND  
JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Transcatheter Aortic-Valve Replacement with a Self-Expanding Valve in Low-Risk Patients

Jeffrey J. Popma, M.D., G. Michael Deeb, M.D., Steven J. Yakubov, M.D.,  
Mubashir Mumtaz, M.D., Hemal Gada, M.D., Daniel O'Hair, M.D.,  
Tanvir Bajwa, M.D., John C. Heiser, M.D., William Merhi, D.O.,  
Neal S. Kleiman, M.D., Judah Askew, M.D., Paul Sorajja, M.D.,  
Joshua Rovin, M.D., Stanley J. Chetcuti, M.D., David H. Adams, M.D.,  
Paul S. Teirstein, M.D., George L. Zorn, III, M.D., John K. Forrest, M.D.,  
Didier Tchétché, M.D., Jon Resar, M.D., Antony Walton, M.D.,  
Nicolo Piazza, M.D., Ph.D., Basel Ramlawi, M.D., Newell Robinson, M.D.,  
George Petrossian, M.D., Thomas G. Gleason, M.D., Jae K. Oh, M.D.,  
Michael J. Boulware, Ph.D., Hongyan Qiao, Ph.D., Andrew S. Mugglin, Ph.D., and  
Michael J. Reardon, M.D., for the Evolut Low Risk Trial Investigators\*