

Care Gram

# Ultrasound at Licking Memorial Women's Health

15 Messimer Drive

**Date of Test:** \_\_\_\_\_ **Test Time:** \_\_\_\_\_

## Welcome

Welcome to Licking Memorial Women's Health. Your doctor has requested an ultrasound test. This test is performed by a sonographer who specializes in performing ultrasound studies.

## How the Test Works

Ultrasound imaging is performed using a transducer. This is a lightweight device that produces sound waves at such a high frequency that humans do not hear it. The sound waves reach soft tissues and organs inside the body, producing echoes. The echoes are sent back to the transducer and are changed to an image on a video screen. There are special transducers which can be put into the vagina, as needed.

## Preparation

- Pelvis, lower abdomen, bladder, pregnancy, placenta, or fetal age
  - 2 hours before the test, empty your bladder
  - Then drink 1 quart of fluid (no carbonated beverages or milk products) over the next 30 minutes – your bladder must be full for a good test
  - Do not go to the bathroom until your test is complete
  - You may eat as you normally would

## Allowing Time

The test may take 15 to 45 minutes. You should allow more time for your entire visit.

## Your Role

1. Be sure to follow the right preparation for your test.
2. Relax during the test – it is important to hold your breath when asked to do so.

## Registering

Please report directly to the Licking Memorial Women's Health office located at 15 Messimer Drive. Please arrive 15 minutes before your scheduled test time. Check in at the registration window.



**Licking Memorial  
Health Systems**

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1616-1098  
05/02/2022  
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**During an Ultrasound**

For the test, you will be asked to remove your clothing and wrap a sheet around your body. You will then lie on a test table. A warm gel will be put on your skin at the body part to be viewed. The sonographer will move the transducer gently across your skin.

**After the Test**

You may return to your regular diet unless you have other tests scheduled.

**Finding Out the Results**

The radiologist will study the test and give the findings to your doctor. Your doctor will talk to you about the results.

**Appointment Reminder**

- If you have questions about the test, please call your ordering doctor.