

# Care Gram

## Electrocardiogram EKG/ECG

**Date of Test:** \_\_\_\_\_ **Test Time:** \_\_\_\_\_

### **What Is an Electrocardiogram?**

An electrocardiogram is a graphic recording from the heart's electrical impulses. It is a painless procedure and does not require an IV. A cardiologist will read the test.

The test typically takes 5 to 10 minutes.

### **How Do I Prepare for This Test?**

- No preparation is required for this test.
- It is best not to use oil-based lotions on your skin during the day of the test.

### **How Do I Register for an Electrocardiogram?**

Please report directly to Cardiology, located on the second floor of Licking Memorial Hospital. No appointment is necessary. If arriving after 3:30 p.m., please report to registration on the first floor of the Hospital.

### **What Can I Expect During an Electrocardiogram?**

- Small plastic tabs called electrodes are placed on the chest, arms, and legs.
- The wires from the EKG machine are attached to the tabs.
- The EKG machine will print a review of your electrical impulses.

### **What Should I Do After the Test?**

You may drive yourself home and return to your normal activities on the day of the test.

### **How Do I Obtain My Results?**

You will find out the results from the doctor who ordered the test. Please allow 24 to 48 hours for your test results.

Thank you for allowing the Cardiology staff at LMH to serve you. Remember, you have an important role in making your test a success. If you have any questions about your test, please call (220) 564-4177.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



**Licking Memorial  
Health Systems**

1320 West Main Street • Newark, Ohio 43055  
(220) 564-4000 • [www.LMHealth.org](http://www.LMHealth.org)

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