

Care Gram

Ultrasound

Date of Test: _____ Test Time: _____

Welcome

Welcome to the Licking Memorial Hospital (LMH) Radiology Department. Your doctor has requested an ultrasound test. A sonographer, a person who specializes in conducting ultrasound studies, will perform the test.

How the Test Works

The sonographer will use a transducer to perform the ultrasound. This lightweight device produces sound waves at such a high frequency that humans do not hear it. The sound waves reach soft tissues and organs inside the body, producing echoes. The echoes are sent back to the transducer and changed to an image that can be viewed on a video screen. There are special transducers that can be put into the vagina and rectum to image those areas of the body.

Preparation

- ☐ Abdomen, liver, aorta, gallbladder, or pancreas
 - Do not eat or drink anything for 8 hours prior to the test
 - On the morning of the test, medications may be taken with no more than 4 ounces of water
- ☐ Kidneys without bladder
 - No preparation is needed for this body site.
- ☐ Kidneys with bladder (also known as urinary complete) or urinary bladder
 - Drink 1 to 2 bottles of water 1 hour prior to the test.
 - Do not urinate before the exam. You will need to arrive with a very full bladder.
- ☐ Head, neck, breast, testicles, or knees
 - No preparation is needed for these body sites
- ☐ Pelvis, lower abdomen, bladder, placenta, for pregnancy or fetal age
 - Drink 1 to 2 bottles of water 1 hour prior to the test.
 - Do not urinate before the exam. You will need to arrive with a very full bladder.
- ☐ Prostate Transrectal
 - Drink two 8 ounce glasses of water
- ☐ Prostate Transabdominal
 - Full bladder preparation – your doctor will give you instructions



**Licking Memorial
Health Systems**

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1616-0502
10/18/2022
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Allowing Time

The test may take 15 to 45 minutes. You should allow more time for your entire visit.

Your Role

1. Be sure to follow the right preparation for your test.
2. Relax during the test – it is important to hold your breath when asked to do so.

Registering

Please report directly to the Registration area on the LMH First Floor. Come to this area 15 minutes before your scheduled test time.

During an Ultrasound

For the test, you will then lie on a test table. A warm gel will be put on your skin at the body part to be viewed. The sonographer will move the transducer gently across your skin.

After the Test

You may return to your regular diet unless you have other tests scheduled.

Finding Out the Results

The healthcare provider who ordered the test will receive the results in about 2 to 3 business days.

Appointment Reminder

- If you have questions about the test, please call (220) 564-4710.
- Go to the Registration area on the LMH First Floor 15 minutes before the test.

Licking Memorial Health Systems complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (220) 564-4006 (TTY: 1 (220) 564-4729).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1 (220) 564-4006 (TTY : 1 (220) 564-4729)。